

LEARNING THE Healer's art

BRIGHAM YOUNG UNIVERSITY COLLEGE OF NURSING | FALL 2015



Caring for
Veterans

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The PULSE of Service

PAGE 8

Appreciating the Living Legacy in Others

Many people define a legacy as something they leave at the end of their life or career rather than something they build during it. As dean of the BYU College of Nursing, I am in awe as I review compilations showing how people's influence is far-reaching and overlaps with others' efforts, adding synergy and value to their



It is overwhelming to gauge how many families, communities, and healthcare facilities have benefited from the actions and skills of our graduates.

contributions. I believe that our program and our alumni are defined by the caliber and strength of their leadership, their actions, and their service.

You may be aware that this year commemorates the 40th anniversary of our graduate nursing program. While the specialty tracks and teaching emphasis have changed over the years, the desire to help nurses earn an advanced degree and make a difference in the industry has never faltered. We tried to locate the 456 alumni from the program and learn about their careers and nursing influence. It is overwhelming to gauge how many families, communities, and healthcare facilities have benefited from the actions and skills of our graduates: some instruct in nursing programs and others are clinic owners or partners; most still practice nursing in some way, while a few are retired or are stay-at-home parents; all have represented the university and the college in a dignified way, thus extending the reach of our mission and purpose.

Last May the college had the opportunity to sponsor an Honor Flight group, sending 17 veterans to Washington, DC, to view their war memorials. I was able to participate in this experience along with several nursing students, faculty, and alumni. It was impressive to learn about the heroic efforts of these amazing men and women who fought in World War II, the Vietnam War, and the Korean War. It was reassuring to see that

patriotism and appreciation for military service still exist. Our hearts are warmed by the individuals who responded to our plea to donate to this cause. We plan to sponsor an Honor Flight annually for our students.

This fall issue of the magazine focuses on the idea of legacy in various populations by highlighting both the accomplishments of master's program alumni and also the ways in which war veterans teach our nursing students. The publication also showcases scholarly works of Deborah Himes, Sabrina Jarvis, and Craig Nuttall; a faculty spotlight on Karen de la Cruz; and an excerpt from a recent devotional address by Sondra Heaston about how we can keep our spiritual hearts healthy.

Staying connected to our alumni and learning from their legacies is important to us, so take a moment to review the planned alumni events listed on the back cover. These events, which are hosted on campus and in select communities, connect alumni to students and also alumni to alumni. Visit our websites (nursing.byu.edu and facebook.com/BYUNursing) for event details.

I hope you feel a part of a larger community—of a group of people that remembers its history and successes in order to build its future. As we each do our small part, our gestures multiplying in significance. Thank you for sharing the ways in which you bless others through nursing. 🇺🇸

Patricia Ravert

Patricia Ravert
Dean and Professor, BYU College of Nursing

LEARNING THE Healer's art FALL 2015

VETERAN: BRADLEY SLADE; HANDS: ZHENIKEYEV



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Katie Watts Madsen, a BYU nursing student, and George "Jerry" Betteridge, a Korean War veteran, compliment two members of the U.S. Navy Ceremonial Honor Guard Drill Team following a performance. Photograph by Bradley Slade.

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TO KNOW THEM IS TO CARE FOR THEM BETTER

Brief Highlights of a College-Sponsored Utah Honor Flight

BY JEFF L. PEERY

PHOTOGRAPHS BY BRADLEY SLADE



The College of Nursing sponsored 17 of 50 veterans on an Honor Flight that took individuals to Washington, DC, to see war memorials and be honored for their service.



BYU nursing student Amanda LeStarge Wilson listens to Richard E. Maxfield, a U.S. Marine Corps veteran, recount stories from the Korean War while standing at its war memorial in West Potomac Park.

This year the BYU College of Nursing celebrated a decade of offering the veteran section of the clinical practicum for Public and Global Health Nursing—a unique class dedicated to helping nursing students learn how to serve and care for veterans. The college marked this occasion by cosponsoring an Honor Flight in May that allowed 50 veterans to visit and reflect at their war memorials in Washington, DC. (The college sponsored 17 while the nonprofit Utah Honor Flight sponsored the remaining 33.) The national Honor Flight organization has 127 hubs in 41 states and has included more than 98,500 veterans in the program since 2005; the Utah group has sent 500 veterans since 2013.

“When the course began in 2005 BYU had the only nursing program in the country that dedicated a semester to caring for veterans,” says associate teaching professor Ron Ulberg. “Other nursing schools are now pushing for veteran-care

classes, but the BYU program certainly leads the way.”

Associate dean and teaching professor Dr. Kent Blad (MS ’99) believes that the veteran population needs to be understood the most. “As a nurse you may encounter patients in the hospital who are from Tonga, Ecuador, or Taiwan—other locations our global-health students learn from,” says Blad. “However, because of the Gulf Wars, you are more likely to care for a veteran with little difference in age, ability, and need; they may be no older than the caregiver. Learning who they are and what they have experienced will help a nurse to better care for them.”

Each spring term Blad and Ulberg—both veterans themselves—instruct the veteran section, in which nursing students are taught how to care for the veteran population and then spend a week in Washington, DC, learning firsthand from various veterans, veteran groups, historical sites, and clinical settings.

Last fall these professors participated in an Honor Flight, and at its conclusion, they desired that nursing students have the opportunity to serve as program guardians—providing constant companionship to each veteran as well as offering hygiene, restroom, medicinal, and other support.

“We thought, ‘How better to expose our students to the unique culture of our veterans than to have them spend three days learning from and serving these individuals?’” says Blad. Through the help of a grant from the university and donations from caring alumni and friends of the college, funds were obtained to cover the cost for both the sponsored veterans and the students and support staff.



On the morning of Thursday, May 28, a group of 50 veterans, some family members, and 50 guardians (dedicated staff



members each assigned to a veteran) gathered at the Utah State Fair Park for a send-off. A U.S. Army band greeted them, and Brigadier General Kenneth L. Gammon addressed the assembly before the group boarded buses and went to the Salt Lake airport escorted by the Patriot Guard Riders of Utah—a diverse group of motorcycle riders who have an unwavering respect for veterans.

Military escorts provided by the Utah Army National Guard, as well as a group of bagpipe players from the Utah Pipe Band, accompanied the group to the gate. While traveling through the airport the veterans—from World War II, the Korean War, and the Vietnam War—received standing ovations and cheers along with occasional salutes and handshakes from complete strangers. These strangers (who were all busy travelers themselves) took the opportunity to show respect to this group of four women and 46 men and to offer their unsolicited appreciation.

This public show of gratitude was repeated in the Baltimore airport and at every place the group visited during their tour. Many people value patriotism and the freedoms they experience each

day due to the efforts of these honored veterans.

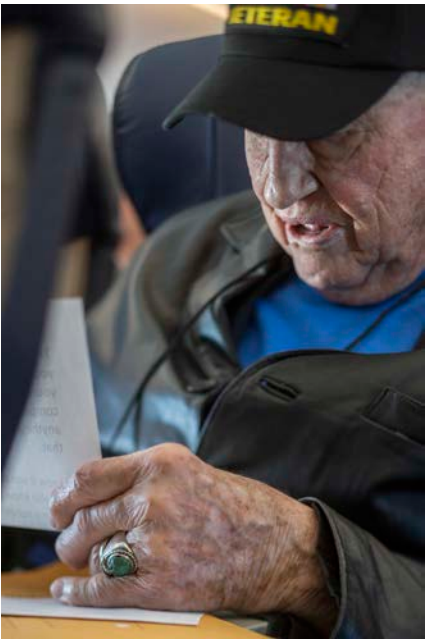


Two unique experiences occurred during the flight. The first event involved the tradition of an in-flight mail call—the Honor Flight version of the American military postal system where veterans receive letters from home. Prior to the trip each guardian worked with their veteran's family members to gather and obtain notes and letters from loved ones; they also received messages and cards from local elementary-school students whose principal wanted to show her school's support.

Imagine unexpectedly being handed a large envelope that contains a collection of personal messages from your spouse, children, grandchildren, siblings, and friends. For most of the veterans, the flood of emotions and recollections was great, and they were unable to hold back tears. Passengers on the flight who were not associated with the group also found themselves teary-eyed and touched by the kindness reflected in the letters and drawings.



During the flight the veterans experienced “mail call,” where cards of appreciation and letters of gratitude from family, friends, and grade-school children were distributed.



While these messages were unique to each individual, many contained similar sentiments, which could be heard as they were read aloud in the cabin:

“I send my respect, admiration, and honor.”

“You are my hero!”

“It is a privilege to be your son.”

“I am proud to be your daughter.”

“I value your leadership and strength.”

“You displayed fearlessness and fought despite fears.”

“Thanks for placing God and country before your needs.”

“Your devotion to others has taught love, unity, and compassion.”

“You are a leader not only to peers but to the community and our family.”

“Your influence to our nation cannot be measured nor truly understood.”

“I appreciate your being a role model for many generations.”

“You sacrificed to preserve values of this great nation.”

“Most people today have no sense of the hardship, the devotion, or what it took to keep freedom accessible in this country.”

“You have an immense dedication to the nation.”

“You preserved the rights of others.”

The second memorable incident was an in-flight medical concern. Every Honor Flight recruits two medics to serve as in-flight medical staff. The medics for this trip were Kathy Thatcher (AS '82, BS '89) and Dr. Blad.

About 20 minutes into the flight, one of the guardians turned to the person near her and reported that she did not feel well—then suddenly passed out. The individual sitting next to her happened to be BYU College of Nursing dean and professor Patricia Ravert (AS '74, BS '75, MS '94), who was also participating in the trip as a guardian.

Ravert summoned Blad, and with his help they were able to lay the woman down in the aisle of the commercial airplane. Blad quickly gathered a collection of medical devices to check the patient's oxygen, heart rate, and blood pressure—which all appeared normal. But each time the patient tried to sit up, she would pass out again.

The flight attendants used a radio headset to communicate directly to a physician on the ground. Information was relayed back and forth until the situation improved and the woman regained her strength. She spent the remainder of the flight reclined across two seats, with her feet elevated on Blad's lap.

“The roar of the airplane's engine made it quite difficult to hear an accurate heartbeat,” Blad says. “It was also a challenge that I could not speak directly to the doctor—only airline employees could relay information. I had the power to divert the flight to seek emergency care but not to share details of my assessment.”

Some would say this was the safest flight in history given the fact that there were four BYU College of Nursing faculty, two nursing alumni, and 13 nursing students onboard—trained and ready to assist if needed.



The next morning the group eagerly boarded buses to travel to the National World War II Memorial, located between the Washington Monument and the Lincoln Memorial. The size of a football field, the National World War II Memorial contains 56 granite columns that represent the District of Columbia and each state, territory, and commonwealth of the United States as of 1945. Additionally there is a wall of stars representing the more than 400,000 who died in the war, a reflecting pool and fountains, and various inscriptions with battle locations.

When they arrived, the Honor Flight veterans were greeted by family members (a few children, grandchildren, or great-grandchildren who live in the area), some nearby friends and alumni of BYU, and people from the offices of Utah members of Congress. After taking a group photo, they spent time studying various state columns, battle markers, and statements from national and world leaders. A quote from President Harry S. Truman stood out: “Our debt to the heroic men and valiant women in the service of our country can never



U.S. Coast Guard veteran Sidney M. Smith (right) reminisces with nursing student Julia R. Matiaco as they walk along a path at the Vietnam Veterans Memorial.

“Because of the Gulf Wars, YOU ARE MORE LIKELY TO CARE FOR A VETERAN. . . . Learning who they are and what they have experienced will help a nurse to better care for them.”

—Kent Blad

be repaid. They have earned our undying gratitude. America will never forget their sacrifices.”

In addition to the WWII memorial, the veterans' caravan visited the memorials for each of the military branches and the Vietnam and Korean Wars, the changing of the guard at Arlington National Cemetery, and the Women in Military Service for America Memorial, where the four female veterans in the group—Clarice Simpson Call (Marine Corps), Ora Mae Sorensen Hyatt (Army Nurse Corps), Olive Osterwise O'Mara (Navy), and Dorothy Veenendaal Smith (Navy)—had their military service records displayed on a large screen and were honored for their wartime efforts.



While much can be said about the merits of each veteran, only a few stories can be highlighted here.

1. Preston and Ora Mae Hyatt were the only married veteran couple on the flight. They met and tied the knot during their tenure of military service in World War II.

As a teenager Ora Mae decided to be a flight attendant but was told that she first had to be a registered nurse, so she started a nursing program—but it was interrupted by the bombing of Pearl Harbor. She put away thoughts of flying and turned to plans of serving the wounded. She joined the U.S. Army, where she later met Preston at church; he was the platoon's LDS coordinator who organized church services each week. After a brief courtship, they decided to marry before Preston was shipped out. He went to India with an engineering corps, and she went to Japan with other nurses.

The new bride worked 12-hour shifts in the 27th Field Hospital on Okinawa, tending to wounded soldiers and helping

with their immediate surgical needs until they were shipped inland to a more permanent hospital.

While making patient rounds at night on several occasions, Ora Mae had to be escorted through the military base by guards to protect her from enemy snipers. “I can’t say I was glad to be there, but we felt like we were helping,” she says. She remembers taking dictation and writing notes to mothers of injured soldiers. “Being a nurse was more than just caring for the physical wounds of the sick,” she says. “I wanted to ease their fears of not being able to communicate with family members during difficult times.”

Preston found himself in Calcutta assisting with the layout and construction of airfields and maintenance hangars for B-29 planes intended to be used to invade Japan. The war ended just a few months after he arrived in India, but it took him 10 more months to return home to Illinois and be reacquainted with his wife.

Preston’s time in Asia benefited him in his future business endeavors as a ceramic engineer; he also shared his knowledge with geology students as a BYU professor during the late 1950s.

This year the couple celebrates 70 years of marriage, from which they enjoy 10 children, 54 grandchildren, and 117 great-grandchildren—several of whom have gone into healthcare and medicine. (See a video featuring Preston and Ora Mae at nursing.byu.edu.)

2. Professor Ron Ulberg helps instruct the college’s veteran course—and his brother Cliff, a Vietnam War veteran, participated in the Utah Honor Flight.

Cliff joined the U.S. Navy in April 1969 in Redding, California. After boot camp he traveled to Sasebo, Japan, and was assigned to the deck force of the USS *Chicago CG-11*, a guided missile cruiser. Being a signalman was his true desire, so he worked for a year to be transferred to the signal bridge. He spent two tours in Vietnam and later transferred to the U.S. Naval Reserve. Cliff was released from the reserves after five years of service, with decoration medals that include a National Defense Service Medal, a



“One of the reasons I went into nursing was to learn how to
BETTER SUPPORT VETERANS *like my uncle.”*

—Marthea Hale

Vietnam Service Medal, and a Republic of Vietnam Campaign Medal.

Cliff’s guardian for the Honor Flight was his niece (Ron’s daughter) Marthea Hale (BS ’13), a registered nurse at the U.S. Department of Veterans Affairs (VA) hospital in Salt Lake.

Although honorably discharged veterans may qualify for healthcare through VA, only about 25 percent of all veterans take advantage of this benefit; a majority seek services in non-VA settings.¹

“One of the reasons I went into nursing was to learn how to better support veterans like my uncle,” says Hale. “It’s essential for nurses in all civilian-care settings to understand the influence that military service has on veterans’ health. Although he is still healthy, [Cliff] talks about potential medical issues with platoon buddies; it is a concern for him. I not only assist veterans with maintaining and regaining health, I also need to be able to boost morale and provide emotional rehabilitation if needed.”

While visiting the U.S. Navy Memorial in Washington, DC, Cliff was pleased to see brightly colored signal flags flying. “When read as letters, they spell out ‘U-S-N-A-V-Y-M-E-M-O-R-I-A-L,’ ”

he says. “A brief reminder to me of my youth in the navy and at sea.”

3. Francis Simmons joined the U.S. Army in May 1942. He traveled to the European Theater, where he served for 38 months in the 346th Engineering Company building airstrips, air domes, and hangars. In England he learned to deactivate German minefields and to build Bailey bridges (portable truss bridges).

Francis was part of the 9th Armored Division; he landed at Utah Beach in the second wave of the invasion of Normandy and disabled mines. His unit fought through France and Belgium. Most of the soldiers in his unit were killed at the Battle of Aachen in Germany, prior to the Battle of the Bulge. His unit, re-formed, helped capture the Ludendorff Bridge during the Battle of Remagen; he was there when the bridge was bombed. After being re-formed a second time, his unit built the Victory Bridge over the Rhine River and liberated a prisoner-of-war camp.

Besides having carpentry and demining skills, Francis played the alto horn and slap bass guitar in the 423rd ASF



LEFT: Veterans saw memorials and historic sites up close or through a bus window; pictured is William Turner viewing the Thomas Jefferson Memorial. **TOP:** Each veteran received a replica of a WWII service medal. **BOTTOM:** Throughout the three-day tour, crowds of patriotic people would applaud and cheer for the veterans as they passed by; here Preston and Ora Mae Hyatt enjoy some recognition.

Band for dedications, dances, and other events in England, France, and Belgium.

For Francis, one of the highlights of the Honor Flight was being selected to help raise the flag at Fort McHenry—the fort that protected Baltimore during the War of 1812 and inspired Francis Scott Key to write the poem that became the lyrics to “The Star-Spangled Banner.” Since returning home from Washington, he ensures his flag flies on appropriate holidays. He is the father-in-law of Ken Robinson, the college’s technology support representative.

4. As a young man Mike Johnson read a book titled *The Green Berets*, which inspired him to visit a U.S. Marine Corps recruiting office in June 1967 and enlist. He went to Da Nang, South Vietnam, and became a point man on long-range reconnaissance patrols.

On January 30, 1968, while providing security for a road-sweep operation,

one of the men on his fire team set off a booby-trapped 105mm artillery shell, and the resulting explosion caused numerous shrapnel wounds over much of Mike’s body and the traumatic amputation of both of his legs, several of his fingers, and one of his thumbs.

Convalescing first at Bethesda Naval Hospital, Mike spent about 18 months in military hospitals in Maryland, Pennsylvania, and Utah. He recalls how the members of his nursing staffs were all female and attractive, which motivated him and improved his mentality. On one occasion, he tried to show off for one of the pretty nurses by popping a wheelie in his wheelchair, but he overbalanced and tipped over backward. She helped him up, unimpressed; he was embarrassed and discouraged from trying the stunt again.

Upon release from the hospital, Mike returned to Brigham Young University and studied engineering, psychology, and athletics. During the ensuing years, he married his wife, Jan; earned his degree; became a teacher; moved several times; and reared eight children.

Mike coached basketball teams at Riverton High School for many years and hates losing. When he plays the game himself, occasional fists, profanities, and technical fouls may occur. He quenched his competitive thirst and his desire to win by becoming a world-class athlete. At the 1976 Paralympic Games in Toronto, he took home several medals: two gold, a silver, and a bronze.

“I didn’t lose well,” Mike says. “I was a horrible loser. I still am. That’s helped carry me through this.”

That determination has inspired his family, friends, and students. If asked, Mike believes he is just an ordinary hero—nothing special about being harmed in war. “Many soldiers went to

Vietnam and returned home unscathed; others went and got maimed; still many went and never came home alive,” he says. “I am just a person who served my country, and I am grateful for that.” (See a video featuring Mike at nursing.byu.edu.)



After the day of touring, another highlight of the three-day trip came during the Friday evening banquet. Utah Honor Flight chairman Mike Turner presented each of the veterans with a replica of the World War II Victory Medal, a service medal established by Congress in July 1945; most veterans never applied to receive this recognition. The guardians proudly placed the award ribbons around the necks of their veterans and offered appreciation once again for their examples and service.

The Honor Flight group returned home on Saturday, May 30, to a hero’s welcome. They were escorted once again by the Patriot Guard Riders of Utah, with hundreds of family, friends, and community supporters cheering for them. Speaking at the return celebration, Dean Ravert shared a brief thank-you for the experience given to students, faculty, staff, and alumni. All truly benefited from this opportunity. 🇺🇸

The personal interviews and specifics in this article are included with permission. Where information borders on violation of HIPPA privacy rules, names are withheld and generalities offered.

Note

1. Johnson, Barbara S., et al. (2013). Enhancing veteran-centered care: A guide for nurses in non-VA settings. *American Journal of Nursing* 113(7), 24–39.



College administrators would like to thank those who contributed money to this experience. The cost is \$900 per participant to fund this project, which was made possible by personal donations, grant funding, and monies designated through the college’s Public

and Global Health account. (Make your own contribution at give.byu.edu/nursing.) Organizers desire to make this Utah event a tradition and hope to allow students to participate each year as part of their spring term curriculum.

Keeping Your Fingers on THE PULSE of Service

By Sondra Heaston, Associate Teaching Professor, MS, NP-C, CEN, CNE

THE HEART is a vital organ necessary to maintain life. In order for your body to function properly, it is important to have a continuous, regular, and strong pulse. Elder Marvin J. Ashton taught that the Lord measures an individual's heart as an indicator of that person's capacity and potential to bless others. In his words:

Why the heart? Because the heart is a synonym for one's entire makeup. We often use phrases about the heart to describe the total person. Thus, we describe people as being "big-hearted" or "goodhearted" or having a "heart of gold." Or we speak of people with faint hearts, wise hearts, pure hearts, willing hearts, deceitful hearts, conniving hearts, courageous hearts, cold hearts, hearts of stone, or selfish hearts.

The measure of our hearts is the measure of our total performance. As used by the Lord, the "heart" of a person describes his effort to better self, or others, or the conditions he confronts. ["The Measure of Our Hearts," Ensign, November 1988, 15]

What if we could really see into each other's hearts? Would we understand each other better? By feeling what others feel, seeing what others see, and hearing what others hear, would we make, and take, the time to serve others, and would we treat them differently? Would we treat them with more patience, more kindness, and more tolerance?

Just as there is a necessity for each of us to know that our physical heart is functioning properly, it is equally important to know that our spiritual heart is healthy and functioning properly. Unfortunately, there is not a two-finger technique that I can teach you that will effectively assess and monitor your spiritual heart rate. But there are indicators from our daily life that help us to know where we stand spiritually. One of the most easily measurable of these indicators is our ability to help meet the physical and spiritual needs of others—or, in other words, our ability to be of service to those around us.

I would like to suggest to you an acronym that will help you to assess, monitor, and improve your spiritual heart health. That acronym is PULSE, which is defined as follows:

P = Pray: Pray to have a serving heart.

U = Understand: Understand and recognize the needs of others.

L = Lose: Lose yourself in the service of others.

S = Spirit: Be Spirit driven—listen to and follow the promptings of the Spirit.

E = Emulate: Emulate the Savior.

Let me now explore each of these with you in greater detail.

First: Pray to Have a Serving Heart

Heavenly Father knows each and every one of us. He knows our desires, unique abilities, and circumstances, and He knows how we can use them to bless others. As we pray, become closer to Him, and seek His direction, He will help us know who, where, and how best to serve.

Elder M. Russell Ballard stated:

In your morning prayer each new day, ask Heavenly Father to guide you to recognize an opportunity to serve one of His precious children. Then go throughout the day with your heart full of faith and love, looking for someone to help. Stay focused, just like the honeybees focus on the flowers from which to gather nectar and pollen. If you do this, your spiritual sensitivities will be enlarged and you will discover opportunities to serve that you never before realized were possible. ["Be Anxiously Engaged," Ensign, November 2012, 31]

Second: Understand and Recognize the Needs of Others

I have found in my own experience that the more I observe, talk to, interact with, and take an interest in the lives of others, the better I come to know others' likes, dislikes, needs, and wants. Information can truly lead to inspiration. Serving others becomes easier because I better understand where they are and what they really need. This understanding leads to a greater desire on my part to make an effort to reach out and bless the lives of those within my sphere of influence.

I have the opportunity each May to take between 14 and 20 nursing students to Ecuador to fulfill the global health course requirement. While there, we have the opportunity to work with various nonprofit organizations.

Luis Tavera, a representative of the nonprofit Hogar de Cristo in Guayaquil, always talks with the nursing students at an initial orientation. He tells them to "turn off the noises of the world in order to better see ways to reach out and serve." He also encourages them that "through the smiles in their eyes the children will feel hope." These words have had a long-lasting effect on many of the nursing students who have gone to Ecuador. One student said:

Even now when I am home, I continue to apply this principle every day in my life with each new or familiar person I come in contact with. I feel like this principle will make a huge difference



in the nursing care that I will provide in my future. No matter the culture, economic status, religion, or personality of my patients, a "smile from the soul" truly is the greatest thing I can give them. [Anna Mocke, 2015 Public and Global Health Ecuador course]

Third: Lose Yourself in the Service of Others

President Gordon B. Hinckley stated:

Generally speaking, the most miserable people I know are those who are obsessed with themselves; the happiest people I know are those who lose themselves in the service of others. . . .

. . . By and large, I have come to see that if we complain about life, it is because we are thinking only of ourselves. ["Whosoever Will Save His Life," Ensign, August 1982, 5]

I have been very fortunate throughout my life to have a profession whose very purpose is service and gives me the opportunity of serving others daily. I have worked in clinical settings as an emergency nurse and now as a nurse practitioner in urgent-care clinics, and what I have learned there I am now able to pass on as I teach nursing students the importance of serving others and treating each person with kindness and respect. How awesome it is that every day I have worked has been a day of service! I would hope I could say that of all of the days that I am not working as well.

Fourth: Be Spirit Driven—Listen to and Follow the Promptings of the Spirit

Listen to the Spirit—He knows the heart of everyone—and trust Him. Elder M. Russell Ballard stated that

if you do this—at home, at school, at work, and at church—the Spirit will guide you, and you will be able to discern those in need of a particular service that only you may be able to give. You will be prompted by the Spirit and magnificently motivated to help pollinate the world with the pure love of Christ and His gospel. ["Be Anxiously Engaged," 31]

President Spencer W. Kimball said:

God does notice us, and he watches over us. But it is usually through another person that he meets our needs. Therefore, it is vital that we serve each other in the kingdom. ["Small Acts of Service," Ensign, December 1974, 5; quoted in Teachings of Presidents of the Church: Spencer W. Kimball (2006), 82]

Fifth: Emulate the Savior

All of the prophets have declared that true happiness is found in following the example and teachings of Jesus Christ. He is the perfect example, as His was a life of service. When we serve our family, friends, and

neighbors, we help those who are in need. As we emulate the Savior, we become more like Him. He took time for those in need, maybe even when He had not planned it into His day.

President Dieter F. Uchtdorf said:

When I think of the Savior, I often picture Him with hands outstretched, reaching out to comfort, heal, bless, and love. . . .

As we emulate His perfect example, our hands can become His hands; our eyes, His eyes; our heart, His heart. ["You Are My Hands," Ensign, May 2010, 68]

How awesome it is that every day I have worked has been a day of service! I would hope I could say that of all of the days that I am not working as well.

If we truly love and look to the Savior and try to emulate His life of service, we will more fully know how to best serve our fellowman.

Ask yourself if you have a healthy heart with a continuous, strong, and regular pulse for service. If the answer is yes, then I would encourage you to keep praying for and making time to be of daily service. If, on the other hand, your heartbeat is a bit faint and your service pulse rate is a bit hard to effectively measure, I would suggest incorporating the PULSE acronym more fully into your daily life. 📌

This article is adapted from Heaston's devotional address, given June 23, 2015. The full text is available at speeches.byu.edu.



- ✳ Deceased
- ✚ Nursing specialty track unknown
- 👥 Family Nurse Practitioner track
- 👤 Child Nurse Practitioner track
- 👤 Pediatric Nurse Practitioner track
- 💬 Psychiatric Nurse Practitioner track
- 🔧 Health Care Systems Administration track
- ✓ Nursing Administration track
- ⬆ Advanced Practice track
- ♥ Cardiovascular Nursing track
- 🧠 Neuroscience Nursing track
- 🧑 Oncological Nursing track

Graduate Nursing Alumni Register

THIS YEAR marks the 40th anniversary of the BYU College of Nursing master’s degree program. To celebrate this milestone, the college asked its 456 graduate alumni to share their career successes and life accomplishments—which are compiled on the following pages, organized by grad year.

The college decided to call the collected data a register for two significant reasons. First, as a noun, the word register describes a list “in which records of acts, events, names, etc., are kept” (Dictionary.com). The alumni volunteered varying amounts of information to highlight their honors, awards, positions, and degrees. When considered individually they are unique and have much significance, and collectively they link people, organizations, and accomplishments.

Second, as a verb, register means “to have some effect.” At a higher level of review, this material can connect several graduating classes to each other; it also shows how alumni have made a difference and have impacted the nursing community locally and nationally. Many graduates have gone on to earn advanced degrees, some teach college nursing courses, and others raise families or serve in other leadership roles.

1976

Ruth C. Amesquita (BS '71); Mesa, AZ. Among the first alumni to graduate as a nurse practitioner (NP) from the BYU master's program, Ruth focused her thesis on the effect of mixing short-acting and long-acting insulins. She served in nursing for many years and also directed the nursing program at Sevier Valley Tech in Richfield, Utah. 🧑

Susanne Spencer Harris; former faculty member in the BYU College of Nursing. Sue established geriatric outpatient clinics in the communities around Provo. She loved to teach in conventional classrooms and in various clinics and offices of cooperating physicians. Sue died February 2012. ✳🧑

Bonnie H. Taylor (BS '67); Orem, UT. ✚

1977

Patricia Rushton, PhD, RN, ANP, AOCN; Salt Lake City. Pat is a retired commander of the U.S. Navy Nurse Corps and a retired associate professor in the BYU College of Nursing. Her recognitions include an award from the Utah Division of the American Cancer Society (1993) and the Excellence in Research Award from the Sigma Theta Tau International (STTI) Iota Iota Chapter (2002). 🧑

1978

Roberta Susan Clough; former faculty member in the BYU College of Nursing. Susan loved to sing and was a member of the Mormon Tabernacle Choir. She died March 1996. ✳✚

Karen Pool; West Jordan, UT. Karen is currently serving a mission at the Riverton FamilySearch Library. 🌐

Donna E. Spencer; Circleville, OH. ✚

Karyn Takeuchi. As a student Karyn directed the Navajo Mountain Clinic. ✳🧑

1979

Rayola H. Andersen; oncological NP; and a retired associate professor in the BYU College of Nursing; Murray, UT. Rayola started nursing school in 1945 when she joined the U.S. Cadet Nurse Corps. Her experience serving in the pediatric ward as a nursing student is a time that has particularly stayed with her. She still loves nursing and the opportunity it provides to care for those in need. 🧑

Billie Atwood (BS '73), ARNP; rheumatology NP, Valley Medical Center; Kent, WA. Billie has worked at several specialty clinics, including orthopedics, neurology, family practice, and urgent care. Before joining the rheumatology clinic at Valley Medical Center, she managed its joint center, served as a staff nurse, and cared for surgical patients emerging from anesthesia. 🧑

“The FNP program at BYU trained me to educate patients in terms of their understanding and cultural diversity. My experience made me not only a better practitioner but also a better husband, father, and soldier.”

—DAN PHILIP MOYES



Dan Philip Moyes

“I had many dedicated faculty members at BYU start me on the path of lifelong learning.”

—DIANE GOLD

Jean T. Groberg (BS '63); Mapleton, UT. Jean is a former adjunct faculty member in the BYU College of Nursing. ✚

Cherie Fisher Martin (BS '73), PhD, FNP, RN; early interventionist, DDI Vantage; adjunct faculty member, Utah State University (USU) Tooele campus. Cherie worked as a school NP in the RWJ Pilot Project and then with the health department that includes well-child clinics. 🧑

1980

Gary J. Measom (BS '78), PhD, RN; nursing professor, Utah Valley University (UVU); and a former assistant professor in the BYU College of Nursing; Woodland Hills, UT. Gary is a member of the National League for Nursing (NLN), Utah Nurses Association (UNA), American Association of Critical-Care Nurses (AACN), and American Nurses Association (ANA). ♥

Dan Philip Moyes (BS '72), FNP-BC; retired FNP, Kern Medical Center; retired lieutenant colonel, Army Nurse Corps; part-time per diem FNP at Kaiser Permanente Urgent Care; Church service mission medical adviser in the California Bakersfield Mission. He is married and has one daughter. 🧑

1981

Karen L. Fitzgerald; pediatric NP, Madigan Army Medical Center; DuPont, WA. ✓

Jenae W. Parker (BS '76); FNP, Utah Valley Regional Medical Center (UVRMC) behavioral medicine; Provo. Jenae has enjoyed her 40 years of nursing at UVRMC. She has eight children—several of whom went into medicine: one daughter is an FNP and another daughter is a retired RN. ✚

Rosanne Schwartz (BS '78), PhD; retired FNP, Hispanic Clinic in Payson; Orem, UT. Rosanne is a retired associate professor in the BYU College of Nursing. She served a Church service mission at the family history center. 🧑

1982

Sherry L. Brown (BS '79); clinical nurse specialist, Rehabilitation Hospital of Indiana; Indianapolis. 🌐

Jill W. Fuller; Watertown, SD. ⬆

Diane Gold (BS '80), APRN; retired APN; Minneapolis. Diane is a consultant for HealthForce Minnesota and the Nursing Center for Excellence. She has worked as an NP, a clinical nurse specialist in neurology, and an associate professor. 🌐

Maureen E. Gonzales, CPNP; NP, Raleigh Neurology Associates; Durham, NC. Maureen has practiced in a variety of pediatric settings and has spent the last 15 years practicing in developmental pediatrics. She enjoys evaluating and treating children and has a special interest in ADHD. ✚

Kathleen J. Marchiondo; med/surg nursing faculty specialist, Western Michigan University; Kalamazoo, MI. Kathleen is a member of the NLN, Society for Vascular Nursing, Academy of Medical-Surgical Nurses, Phi Kappa Phi (PKP), and STTI. ⬆

Rod Newman (BS '79); NP, Revere Health; Payson, UT. Rod is a former adjunct faculty member in the BYU College of Nursing. ⬆

Sylvia A. Porter (BS '77) ✳✚

Emma J. Rainsdon (BS '54) ✳✓

Kathleen M. Schwetz; neurology clinical nurse specialist, Cleveland Clinic; Cleveland Heights, OH. 🌐

Siegrun M. Scorup; Orem, UT. Siegrun has used her medical training in both civilian life and military service. She was called to service in Berlin during Operation Desert Storm. After returning home, she volunteered for four years at the VA Hospital in Salt Lake City. ⬆

Rheatte R. Solomon, CFNP; NP, Houston Methodist Primary Care Group; Pearland, TX. ✚

Marilyn Halvorsen Sorensen (BS '79); FNP, Revere Health; Orem, UT. Marilyn has five children. 🧑

Susan J. Squire; recently retired pediatric NP, University of Utah (U of U), Primary Children's Hospital (PCH); Salt Lake City. ⬆

Diana Thurston, PhD, DNP, APRN; assistant professor, U of U College of Nursing; West Jordan, UT. Diana is a member of STTI and has also worked part-time for many years at the Salt Lake Valley Health Department in the bureau of epidemiology. She is an infectious-diseases investigator and received the Public Health Hero Award (2003). ✚

1983

Vickie L. Anderson Davis (AS '74, BS '75), NP-C, RN; retired associate teaching professor in the BYU College of Nursing; Provo. Vickie is a member of STTI and PKP, and she received the Nurse of the Year award from the UNA (1985). ⬆

Richard L. Boortz-Marx, MD; pain-medicine specialist, Duke Medicine; Durham, NC. Richard obtained his medical degree from Wayne State University School of Medicine in 1991. ✚

Deanna M. Coombs; St. George, UT. ⬆

Susan S. Gardner, PhD, RN, CNE; graduate program director for the nursing PhD program, Rocky Mountain University; Cedar City, UT. In addition to her degrees, Susan received a certificate as an adult/geriatric NP from the University of Colorado, a gerontology certificate from Weber State University, and a certificate in online teaching from Indiana University. ✚

Lucille “Sue” Peterson Groves. Sue worked as a school nurse for 21 years. She died October 2008. ✳✓

JoAnn C. Hackley, RN; nurse coordinator, Intermountain Healthcare (IHC); Ogden, UT. JoAnn was a nursing instructor at Weber State University for 37 years. ⬆

Lael Steele Larsen; retired assistant professor of nursing, Weber State University; Bountiful, UT. Lael is a nursing preceptor coordinator and a member of STTI and Sigma Phi Omega. She is also a former adjunct faculty member in the BYU College of Nursing. ⬆

“Graduating with my master’s in nursing from BYU opened many doors for me. I became the first NP in Utah to perform medical evaluations on children who are alleged victims of abuse. I have now worked with this population for more than 20 years.”

—LINDA LEWIS

Brenda S. Mueggenborg, APRN; NP, U of U Blood and Marrow Transplant Program, PCH; Salt Lake City. Brenda specializes in pediatric practice. ⬆

Carolyn A. Raat; Mapleton, UT. ✓

Claudia Trayner; nursing faculty, Everest College; Park City, UT. Claudia was a nursing faculty member at the U of U for 23 years before she took on her current faculty role for the Community Health Nursing Practicum. ✓

1984

Wilma S. Buerger, MEd, RN, CSN; school nurse, Central York School District; York, PA. ✓

Shannon M. Burton (BS '72), APRN; assistant professor, U of U; Taylorsville, UT. ✓

Karla Dalley (BS '72), PhD, RN; chief nurse administrator and associate professor, Southern Utah University (SUU) College of Nursing; Washington, UT. ✓

Patricia C. Dedrick; San Diego. ⬆

Margaret “Peggy” Elizabeth Eklund. Peggy taught at St. Mark’s School of Nursing and worked in the communicable-diseases area of the Salt Lake Health Department. She died January 2014. ✨

Carol R. Hannan, PhD; nursing program director, Weber State University; Ogden, UT. ⬆

Gail R. Harlin; pregnancy RN, Sound Options Pregnancy Services; De Soto, TX. Gail received the Outstanding Clinical Expertise from STTI (1989). She is also a member of the National Association of School Nurses. ✓

Lucie C. Jarrett (BS '70), APRN, CDE; retired after 40 years as a certified diabetes educator and diabetes education program manager, PCH; Salt Lake City. Lucie received these recognitions: Nursing Excellence Award from the U of U (2010), nomination for Educator of the Year by IHC (2008), and the Outstanding Nurse Award from PCH (1990). She is married to fellow BYU graduate Ronald Jarrett. They have three children and six grandchildren. ✨

Alanna W. Johnson ✨ ✓

Laurel D. Kay (BS '77), RN; nurse manager, Moran Eye Center; Provo. Laurel is a fellow of the American College of Healthcare Executives. She received the Athena Award from the Provo-Orem Chamber of Commerce. ⬆

Gisela F. Keutel ✨ ✓

Linda Lewis (BS '80), APRN; FNP-BC, Center for Safe and Healthy Families, PCH; Highland, UT. Linda married her best friend 30 years ago; they have one son. 🧑🏻💞

Carol Pia; retired SIDS program educator, Utah Department of Health; Salt Lake City. Carol received the Clinical Practice Award from the UNA (1985) and the Annual Recognition Award from the Utah Perinatal Association (1996). She is married with children and grandchildren. ✨

Lavon T. Russon; Cedar Hills, UT. ✨

1985

Judith D. Alder; Salt Lake City. ✓

Julieann J. Asay. Julieann worked as assistant director of nursing at Utah Valley Hospital. She later moved to Idaho Falls, where she served as assistant hospital administrator for IHC. During that time she also directed the nurses of the occupational medical program at the Idaho National Laboratory. Julieann died January 2012. ✨

Debra J. Barker; Sparks, NV. ⬆

Kimberly Deneris Brown; clinical instructor, U of U; Salt Lake City. Kimberly received the Those Who Dare to Care Award from the U of U College of Nursing (2009). She is a member of the Integrative Health Network, the Utah Breastfeeding Coalition, and the Association of Women’s Health, Obstetric, and Neonatal Nurses (AWHONN). ✓

Sr. Patrice Cigallio; Toronto, OH. Prior to starting the graduate program, Patrice was a nun with the Franciscan Sisters of Christian Charity in Manitowoc, WI. While at BYU, she lived with the Victory Noll Catholic Sisters in Salt Lake City. She was named a speaker for convocation but had to leave to fulfill Catholic-community and hospital duties immediately following completion of the program. She still serves her church and community today. ⬆

Jackie R. Clayton; advanced practice nurse, Sullivan Family Care; Sullivan, IL. ✓

Margo E. Huntsman, RNC; certified legal nurse consultant, Pivotal Facts; Klamath Falls, OR. 🧑🏻

June M. Jenkins. June worked as a nursing instructor at the U of U, Utah Technical College, and Weber State College. She was married and had three children. June died October 2004. ✨ ✓

Beverly J. Kane. Beverly was married for 55 years and had 6 children. She died October 2002. ✨ ⬆

Colleen B. Koga, RN; retired chief nursing officer, IHC; Roy, UT. Colleen has presented at several state, local, and work-related seminars. ✓

Patsy J. Shiell ✓

Carol Henderson Simmons; staff RN, home care agency; Gastonia, NC. Her previous positions include neuroscience manager, care coordinator, outreach services, and educator. Carol is married with one son and loves helping others accomplish their goals and dreams. 🧡 ✓

Margaret Snow (AS '74, BS '79). Margaret’s greatest joy was her family. She died November 2001. ✨ ✓

Carol H. Talmage (BS '50); retired instructor in the BYU College of Nursing; Bountiful, UT. Carol taught med/surg and pediatric nursing courses to undergraduate students. She is proud that a daughter, a granddaughter (Amelia S. Palmer [BS '12]), and a niece (Jennifer P. Hammond [BS '95]) of hers followed her path into nursing. 🙏

“BYU provided me with a good foundation as a clinical nurse specialist and prepared me for doctoral work.”

—THERESE JONES SNIVELY



Renea Lindstrom Beckstrand



Vickie Van Johnsen

1986

Lona L. Broadhead (AS '73); acting nursing director and professor, Ameritech College; Riverton, UT. ✓

Irene Carr-Zalusky; San Diego. ⬆

Linda N. Hew-Len (BS '73); Kapolei, HI. ✓

Kathy B. Holmgren; Kirkland, WA. Kathy has completed multiple humanitarian trips with Northwest Medical Teams to provide medicine and medical training to populations in Romania, Mexico, and Africa. ⬆

Valorie J. Hunter; Ojai, CA. ⬆

John M. Jex (AS '75, BS '76), APRN; NP, LDS Hospital; Lehi, UT. ✓

Mary L. Loeffler; Tucson, AZ. ⬆

Christine M. McClure; retired FNP, Mountain Emergency Medicine at Mission Hospital ER; Weaverville, NC. 🧑🏻

Lorrie D. Mudgett (AS '77, BS '78); Richland, WA. ✓

Suzanne Nebeker, FNP-C; NP, Steele Memorial Medical Center; Salmon, ID. Suzanne specializes in primary care, forensic nursing, and diabetes care. She is a founding member and the medical representative for the Lemhi County Sexual Assault and Domestic Violence Team. She also loves spending time with her two children and three grandchildren. ⬆

Josephine R. Phoenix; Murray, UT. ✓

RaNae Sanders (AS '78, BS '81); NP, Intermountain Sleep Disorder Center, LDS Hospital; Salt Lake City. ⬆

Barbara Smith-Holmen; NP, Lone Peak Hospital; Park City, UT. Barbara specializes in adult internal medicine with particular interests in women’s health, diabetes, hypertension, and cholesterol management. ⬆

Therese Jones Snively, PhD, RN; interim associate dean of distance education, Mount Carmel College of Nursing; Pickerington, OH. Therese is married with two children.

Beverly R. Thornley (BS '60), RN; Salt Lake City. Beverly is a member of the Utah School Nurse Association, where she served as president for many years. ✓

Cathy-Lee Wagstaff, FNP-C; retired from the U.S. Navy. Cathy-Lee earned an Air Medal with three stars for serving in Vietnam as a flight nurse in the U.S. Air Force. She wants to earn a PhD in education so that she can teach the Healer’s art. ⬆

1987

Nancy R. Bean; Salt Lake City. ✓

Renea Lindstrom Beckstrand (AS '81, BS '83), PhD, RN, CCRN, CNE; professor in the BYU College of Nursing; Orem, UT. Renea is the national program planning committee chair of the AACN (National Teaching Institute) and a per diem staff nurse at UVRMC Cardiovascular ICU. She is married and has three daughters. ♥

Constance P. Bramall (BS '74); Hurricane, UT. ✓

Jayne S. Bushell; Salt Lake City. ✓

Kip Deweese; geriatric NP, U of U School of Medicine; Clinton, UT. ✓

Peggy Grusendorf (AS '82, BS '84), APRN; FNP, Utah State Hospital; Provo. 🧡

Nancy L. Handy, PhD; chief nursing officer, Wilbarger General Hospital; McAllen, TX. Nancy has helped open three hospitals and has worked both overseas and stateside. ⬆

Valerie Haws (BS '66); Orem, UT. ✓

Carolyn P. Law-Mock-James (AS '68, BS '78); retired med/surg clinical specialist, UVRMC; Orem, UT. ✨

Paula E. McGibbon; Salt Lake City. ✓

Ethel L. Oswald; NICU RN, Davis Hospital and Medical Center; Layton, UT. 🙏

Peggy D. Stevens; North Salt Lake, UT. ✓

Ilene Tippets; Layton, UT. ✓

Vickie Van Johnsen (BS '85), PhD; retired assistant teaching professor in the BYU College of Nursing; Pleasant Grove, UT. Vickie served a mission from 2012 to 2013 and is currently part of the Church Missionary Nurse Specialist Committee. ✓

Judi R. VanVleet. Judi worked as a nursing professor at Weber State University. She died November 2002. ✨ ✓

1988

Jennifer Hammond Anderson, ACCN, FNP; Providence, UT. Jennifer is a doula and a doula educator. She enjoys helping other women learn how to make the birthing process an incredible experience. She is a mother of two. ✓

Lois M. Brandriet, PhD, APRN, GCNS-BC, NCG; professional guardian/care manager, Guardian Advocate Services; Salt Lake City. Lois is also a former faculty member in the BYU College of Nursing. ✓

Joy S. Edvalson, RN, FSP, CWOCN; associate chief nurse and Wound Care Program manager, Department of Veterans Affairs, VA Medical Center; North Hills, CA. Joy has been integral in establishing consultative service for the Wound Care Team throughout the VA Greater Los Angeles Healthcare System. She received the VA Secretary’s Award (2008). ✓

“My experience at BYU was awesome. It integrated theoretical, clinical, and research aspects of nursing while simultaneously allowing me to focus on a specific area—gerontology—throughout all of my coursework. Faculty allowed and even encouraged me to create goals and to design my specific program within their framework.”

—LOIS M. BRANDRIET

Sandra L. Garity; retired RN; Homer, AK. Sandra served on the executive board of the National Association of Orthopedic Nurses from 1991 through 1993. ✓

Debra Taylor Huber, PhD, APRN; professor of nursing, Weber State University School of Nursing; Farmington, UT. ✎

Janice B. Hulbert; Salt Lake City. ✓

Carol G. Kingsolver (BS ’61), CNE; retired from the education department, UVRMC; Provo. Carol is also a former faculty member in the BYU College of Nursing. She is an honorary member of PKP and has two sons and six grandchildren. ✓

Szu K. Lambdin, APRN; NP in travel medicine; Lincoln, NE. Szu loves working with students because they are young and energetic. She enjoys talking with them about their travel plans, experiences, and future dreams. ✚

Kathryn Painter (BS ’73); Orem, UT. ✓

Laura Poe (AS ’84, BS ’85). Laura worked as an operating room RN at Holy Cross Hospital for many years and later served as the executive director of the UNA. She went on to work for the Utah Division of Professional Licensing and worked tirelessly to establish interstate licensure through compacts between states. Laura died April 2012. ✖✓

Susan K. Rasmussen; nursing director, USU Uintah Basin Nursing Program; Vernal, UT. ⬆

Sheryl J. Roper; Logan, UT. ⬆

Karin J. Swendsen; Springville, UT. ✓

Harry A. Wesche, RN, CRN, CRRN; retired nursing instructor, Salt Lake Community College; Bountiful, UT. Harry has five sons, one of whom is also a nurse. His wife is an RN as well. ✓

1989

Pam Brokaw. Pam received two MS degrees: one in nursing (from BYU) and one in health education from the University of California, San Francisco. Pam died May 2013. ✖✓

Kathleen M. Brotherton; Park City, UT. ✓

Rhonda K. Garrison (AS ’80, BS ’82); Redmond, WA. ⬆

Susan Leslie Palmer Gohlinghorst. Susan worked as a nursing instructor for Salt Lake Community College. She earned a post-master’s certificate in nursing and health informatics, which lead to several key positions in the National Department of Veterans Affairs. Susan died October 2010. ✖⬆

Linda H. Hall; Bethesda, MD. ✓

Leota M. Ito; Ogden, UT. ✓

Sarah M. Keffer; Syracuse, UT. ✚

Debra A. Mills (BS ’82), RN, CNE; associate teaching professor in the BYU College of Nursing; Salt Lake City. Debra serves as the chair-elect on the Education Committee of the Utah State Board of Nursing. She also serves as a member of the Pediatric Clinical Practice Ad Hoc Committee and as a MORE evaluator. She is a member of STTI, the UNA, the ANA, the Society of Pediatric Nursing (SPN), and PKP. She is a volunteer for the American Heart and American Lung Associations and also provides health education to a local refugee group. She received the Excellence in Teaching Award from the UNA (2002) and a nomination for the Excellence in Education Award (2005) from the SPN. ✓

Susan E. Mohlman (BS ’71); NP, Canyon View Medical; Spanish Fork, UT. Susan has four children and 16 grandchildren. She loves learning new skills and gaining more knowledge. ⬆

Dianne P. Montgomery; neonatal/pediatric NP, IHC; North Ogden, UT. Dianne received the Outstanding MS Thesis honor from Sigma Xi Scientific Research Society. She is a member of STTI and PKP. ⬆

Dawn F. Niemann (BS ’72); NP, Discovery House; Orem, UT. ⬆

Barbara R. Owens. Barbara worked as an ER trauma nurse and later became a department head of health science at LDS Business College. Barbara died October 2001. ✖✓

Janyce A. Streeter (BS ’74); Cedar Hills, UT. Janyce is a former faculty member in the BYU College of Nursing. ✓

Sheri P. Tesseyman, PhD; associate nursing professor, Westminster College; Salt Lake City. ✓

Donna M. Thompson (BS ’85), APRN; NP, Gut Whisperer Gastroenterology and Hepatology; Salt Lake City. Donna has also taught ICU and emergency nursing and pathophysiology for 25 years. ✓

1990

Christine L. Anderson, ARNP; NP specializing in cardiology, PeaceHealth St. Joseph Medical Center; Bellingham, WA. ✓

Donna J. Cartwright; Kenilworth, UT. ✚

Rosaly C. Coombs (BS ’88); FNP, Meeker Family Health Center, Pioneer Medical Center; Meeker, CO. Rosaly loves rural medicine because there is so much variety; it challenges her skills, and she continues to learn. ⬆

Linda L. Edgeton; St. George, UT. ✓

Linda O. Hofmann, CNO, RN, CNA, BC; assistant vice president of nursing, IHC; Bountiful, UT. Linda continually strives to increase the quality of patient care. She has been a professor at Weber State University for 18 years, and she wrote the curriculum for Weber’s new master’s degree in nursing administration, which was approved by the Utah State Board of Regents. She is a working mom who strives to live in the moment every day. ✓



Sabrina Jarvis

“The knowledge and values I gained at BYU were the foundations of my work in the Utah State Legislature promoting healthcare legislation in Utah.”

—PAULA F. JULANDER

Sabrina Jarvis, DNP, FNP-BC, ACNP-BC, FAANP; associate teaching professor in the BYU College of Nursing; Orem, UT. Sabrina received these recognitions: Society of Critical Care Medicine Presidential Citation (2013); Fellow of the American Academy of NPs (2011); STTI Iota Iota Chapter Excellence in Clinical Practice Award (2011); Utah NP Association (UNPA) Excellence in Clinical Practice Award (2007); UNPA Excellence in Education Award (2006); and Department of Veterans Affairs National Heart and Hands Award (2003). ⚡

Paula F. Julander, RN; Salt Lake City. Paula received these recognitions: UNA Tireless Advocate for the Nursing Profession (2000); Utah Public Health Association Nurse of the Year (2000); Area Health Education Center Pioneer Award (2001); Utah Medical Association Distinguished Legislative Service Award (2003); Coalition of People with Disabilities Hero on the Hill Award (2014); and UNA Lifelong Nursing Achievement Award. ✚

Ann Killian; Idaho Falls, ID. Ann taught nursing at BYU-Idaho (formerly Ricks College) for 25 years, served as the director of the transcultural nursing program for six years, and continued that program at the BYU Jerusalem Center and in Mérida, Yucatán, Mexico. She also served a humanitarian mission with another nurse in Romania and worked to help the country get its healthcare standards up to the international level. ⚡

Faye Lindquist; regional vice president of patient care, PeaceHealth; Redmond, WA. ✓

Mary J. Lloyd (BS ’71); Centerville, UT. ✓

Angela Curtis Page (AS ’83, BS ’85), C-PNP; pediatric NP, e-Telmed; Kaysville, UT. Angela was certified by ANCC. She married fellow BYU alum Michael Page, and they have six children. After 14 years of being a stay-at-home mom, she worked hard to renew her RN license, PNP certification, and APRN license in Utah. ✚

Judith A. Pratt; Bountiful, UT. ✓

Kristiann T. Williams, DNP, FNP-C, APRN; assistant professor and FNP, Weber State University; Farmington, UT. ✓

1991

Jololene Y. Allan, APRN; FNP, CopperView Medical; West Jordan, UT. ✓

Wendy P. Atkin; Orem, UT. ✓

Barbara Ileene Bahr, ARNP; retired; Omak, WA. Barbara was a medical director of a three-site family practice clinic for four years. ⬆

Karen W. Beaver, EdD. Karen found true joy in teaching nursing. She was a nursing instructor for more than 34 years at Weber State University, where she coordinated the practical nursing unit. She was married and had three children. Karen died November 1997. ✖✓

Holly N. Booth; Park City, UT. ✓

Joan Miller Carver (AS ’78); retired ophthalmic RN, Retina and Vitreous Surgeons of Utah; Provo. Joan is a member of STTI. ✓

Linda P. Custer (BS ’62); American Fork, UT. ⬆

Janice E. Doe; NP, Essentia Health; Two Harbors, MN. ⬆

Kay M. Goodson (AS ’80); Provo. ✓

Deanna Williams Grimsrud (BS ’65), RN; Bountiful, UT. Deanna retired in 2001. She spent the last 10 years of her career as administrator over nursing resources in the IHC corporate offices. ✓

Carol F. Jackson (BS ’71) ✓

Kimball F. Johnson (AS ’79); nursing assistant professor, Weber State University; Ogden, UT. ✓

Georgette Love; Asheville, NC. ✓

Wendy W. MacLaughlin; Salt Lake City. ⬆

Nancy L. Marcusen; retired clinical instructor, Westminster College; Salt Lake City. Nancy received the employee of the month award (November 2009) and employee of the year (2000) at U of U Health Care. ✓

Debra F. Matheson (AS ’77, BS ’79); nursing supervisor and patient flow nurse, Intermountain Medical Center (IMC); Bountiful, UT. ✓

Donna Jane Montmeny; retired registered nurse in the VA system (30 years of service); Aurora, CO. Donna is a Certified Compliance & Ethics Professional (CCEP) and has two children and six grandchildren. ✓

Jody Leigh Osteyee, DNP, APRN, CPNP; clinical nurse specialist, med/surg division, PCH; Salt Lake City. ⬆

AIRae Snyder (AS ’79, BS ’81), APRN, PMHCNS-BC; psychiatric mental health clinical nurse specialist, Utah State Hospital; Provo. ✓

Michelle H. Thompson (BS ’71); retired nurse educator and community rehab nurse; Murray, UT. Michelle was honored by the U of U as a neuro rehab community nurse, a new position she developed and implemented. She is married and has five children, 11 grandchildren, and one great-grandchild. ✓

1992

Pauline F. Behunin (BS ’69); Taylorsville, UT. ✓

John Vern Billings (AS ’79, BS ’81); retired; Spokane, WA. ☎

Lesley T. Black; NP, VA Medical Center; Salt Lake City. ✓

Elizabeth S. Cox (BS ’73) ✚

Nancy J. Goodwin; Bountiful, UT. ✓



Brett E. Robbins



Patricia Ravert

“Attending BYU was a marvelous opportunity that allowed me to pursue my professional goals and my love of service as well as to provide for my family.”

—ROBERT S. SPENCER

Geraldine Lattin Hansen, EdD. Geraldine dedicated her life to teaching the Healer’s art. Starting in 1959 she served as a nursing instructor at Weber State University, later becoming the nursing program director there until her retirement in 2002. Geraldine died May 2008. ✨✔

Bonnie Peatross Jackson, RN; retired infusion therapy nurse, VA Medical Center; Mesquite, NV. Bonnie and her husband, Richard, managed an urgent care clinic at the Brighton Ski Resort for six years. In 2011 and 2012, she was a nurse for the Miss America Pageant in Las Vegas. She also occasionally volunteers at the People’s Health Clinic in Park City. ✔

Lynn M. Kelly; Salt Lake City. ✔

Karyllynn Knudsen; Lehi, UT. Karyllynn loves to travel. She once went to Kenya and delivered medical supplies and provided medical training to clinic and hospital workers. ✔

Nancy M. Radle (BS ’87); Provo. ✔

Janalee M. Wynn; Salt Lake City. ✔

1993

Shirley Ackroyd Smith Agren. Shirley lived her life as a peacemaker, and her personal motto was “it is better to be nice than to be right.” She had six children with her husband, Arlen. Shirley died July 2011. ✨✔

Sarah Walker Barney (BS ’87), ANP-BC; NP, IMC neurovascular medicine; Riverton, UT. ⬆

Deborah A. Hill (BS ’87); PNP, Hobbie Creek Medical Clinic; Provo. ⬆

Valerie N. Juarez (BS ’79), APRN; NP, internal medicine, Revere Health; Orem, UT. Valerie has spent several years working in critical care, trauma, and neurology. ➦

David Keller (AS ’77, BS ’80), APRN; associate professor of nursing, UVU; and a former teaching professor in the BYU College of Nursing; Provo. 🗨

Nancy E. Long-Foster, PhD, APRN; NP, Therapeutic Lifestyle Center of Utah; Salt Lake City. Nancy is a former faculty member in the BYU College of Nursing and a retired captain in the U.S. Air Force. She has done extensive postgraduate research on the prevention and treatment of pediatric abuse. ✔

Brett E. Robbins, APRN, DNP-s, CFNP; FNP and owner, Cedar Valley Medical Clinic; Cedar City, UT. Brett is in the DNP program at the University of Nevada, Las Vegas, and is an inductee to SUU’s STTI for exceptional leadership in the community. One of his greatest accomplishments is having two children follow in the nursing profession: his youngest daughter (also an FNP) works at his clinic, and his son just graduated from SUU with a BSN and is considering an NP program in the Midwest. 🧑🏻🧑🏻

Lydia M. Sorensen (AS ’84); Branson, MO. 🧑🏻

Debra P. Thacker (BS ’82); Highland, UT. ✔

Deanna P. Williams (BS ’66); Plain City, UT. ✔

Russell Wilshaw (AS ’76, BS ’90); trauma outreach and injury prevention coordinator, University Health Care Trauma Service; Pleasant Grove, UT. Russell is a former faculty member in the BYU College of Nursing and received the Teaching Excellence Award from BYU (1996) and the APEX Award for Excellence from the Urban South Region IHC (2001). He is a member of the Society of Trauma Nurses (STN), the American Trauma Society, the Emergency Nurses Association (ENA), STTI, PKP, and the UNA. He is the Utah State Representative for the STN and serves as the ENA Education Representative in the Timpanogos Chapter. ⬆

1994

Joan Bentley (BS ’65), APRN, ANCC; retired NP, West Jordan Medical Center; South Jordan, UT. Joan has five children, who love to travel with her. ⬆

Marilyn M. Call (BS ’72) 🧑🏻

Sue Ann R. Christensen (BS ’86), CPNP; NP, Utah Valley Pediatrics; Orem, UT. Sue specializes in the care of newborns, children, adolescents, and special-needs children. ⬆

Kathleen Hogan, FNP-C; NP, SLC Health Clinics of Utah Medical; Salt Lake City. 🧑🏻

Ruth D. Hooper (AS ’65, BS ’69); NP, Premier Family Medical; Orem, UT. Ruth has four children and 14 grandchildren. 🧑🏻

Janice C. Jensen; retired from UVU; Orem, UT. Janice completed 20 years as an advanced professor at UVU (formerly UVSC). She helped write the curriculum for the BSN program and advised students regarding employment opportunities and preparation for licensure. ✔

Richard T. Knowlton Jr., DNP, FNP-BC; assistant professor and DNP program director, Uniformed Services University of the Health Sciences and Womack Army Medical Center; Fort Bragg, NC. Richard is a member of PKP. 🧑🏻

April A. Lassen (AS ’82, BS ’89); former nursing director, Orchard Park Care Center; Lehi, UT. ✔

Donna J. Abbott Lister, PhD, APRN, CNE; nursing professor and department chair, SUU; FNP, Canyon View Clinic, IHC; Paragonah, UT. Donna has received an Outstanding Nursing Leadership award. She is married with five children and three grandchildren. 🧑🏻

Madison D. Murphy (BS ’89); marketing manager, K & M Nursing Registry Corp; American Fork, UT. 🗨

Patricia Ravert (AS ’74, BS ’75), PhD, RN, CNE, ANEF, FAAN; dean and professor in the BYU College of Nursing; American Fork, UT. Patty has received these recognitions: Alice Louise Reynolds Women-in-Scholarship Lecturer (2015); fellow, American Academy of Nursing (AAN) (2011); fellow, NLN (2010); Certified Nurse Educator, NLN; Excellence in the Academic Setting Award, International Association for Clinical Simulation and Learning (2009). She has five children and 12 grandchildren. ✔

Elizabeth S. Reynolds, FNP-BC, ASN, RN; nursing instructor, Denver School of Nursing; Byers, CO. 🧑🏻

“BYU helped me move into advanced practice and nursing education, a combination that has provided an ideal career path for me.”

—DONNA J. ABBOTT LISTER



Cheryl A. Corbett

“I have mentored many students over the past years and have always felt gratitude to have come from such an excellent program. The comparison in training has shown me BYU’s excellence.”

—L. KATHERINE ANDERSON MOON

Karen B. Stokes (BS ’87); director, Home Health and Hospice Compliance at HealthSouth Rehabilitation; South Jordan, UT. Karen has spent the last 23 years in the home health industry and has loved every minute of it. She is married with three children and seven grandchildren. ✔

Lorraine L. Wilson (BS ’64); FNP, retired 2004; Provo. Lorraine’s most memorable awards came in the form of numerous notes expressing personal thankfulness and gratitude. 🧑🏻

1995

Teri T. Bates; Okemos, MI. 🧑🏻

Pamela J. Bennett; Bountiful, UT. ✔

Kathleen Cosby (BS ’91); Salt Lake City. 🧑🏻

Charlene Cowley, CPNP; pediatric nursing instructor, Pima Community College; Vail, AZ. Charlene practiced as a pain management PNP until 2009 and is a past president of the American Society for Pain Management Nursing. She now can incorporate her pediatric knowledge into teaching first-year nursing students. 🧑🏻

Joylyn Cluny, FNP; NP, Granger Medical Clinic; South Jordan, UT. 🧑🏻

Susan P. Ferguson. Susan spent most of her career as a rural nurse, later becoming a nursing instructor and serving as director of the Snow College South Allied Health Department. Susan died May 2003. ✨🧑🏻

Bonnie L. Jacklin, RN; chief nursing officer, North Region IHC; Ogden, UT. 🧑🏻

Nancy V. Lowery; Gilbert, AZ. 🧑🏻

Cristy Meacham Morrow, ARNP, PhD; emergency department NP, Clarinda Regional Health Center; Shenandoah, IA. Cristy has been a preceptor for multiple NP schools as well as a trauma coordinator. 🧑🏻

Rebecca S. Rasmusson (AS ’79); assistant professor of nursing, SUU; Parowan, UT. Rebecca is a member of the American Academy of Nurse Practitioners (AANP) and the Golden Key National Honor Society (GK). 🧑🏻

Robert S. Spencer, FNP-C; retired COR USNR; Provo. 🧑🏻

Wayne T. Watson (AS ’79, BS ’83); former assistant vice president, electronic clinical information management, and chief nursing information officer, IHC; Orem, UT. Wayne is currently serving as the president of the Finland Helsinki Mission. He and his wife, Luana, have six children. ✔

Kay C. Whittaker (BS ’90); Spanish Fork, UT. 🧑🏻

Bradley D. Workman (BS ’89), APRN; NP, Salt Lake Behavioral Health; West Jordan, UT. 🧑🏻

1996

Cheryl A. Corbett (BS ’89), NP-C, APRN; associate teaching professor in the BYU College of Nursing; Provo. For several years, Cheryl has led a study in Tamil Nadu, India, to better understand cultural practices surrounding childbirth and infant care. She received the UNPA Community Service Award (2011). She enjoys membership in the Western Institute of Nursing, STTI, PKP, the AWHONN, and the NLN. 🧑🏻

Mary Ann Evans (BS ’86), FNP-C, APRN; FNP, BYU Student Health Center; Provo. 🧑🏻

Linda L. Hensley (AS ’77, BS ’84), FNP; West Jordan, UT. 🧑🏻

MaryJayne M. Johnson (BS ’82); former assistant professor in the BYU College of Nursing; Pleasant Grove, UT. MaryJayne received the Carol A. Lindeman Award for a New Researcher from the Western Institute of Nursing (2002) as well as the Outstanding MS Thesis honor from Sigma Xi Scientific Research Society. She is a member of STTI, PKP, the Society of Behavior Medicine, and the AANP. 🧑🏻

Susan M. Kons; neurovascular medicine NP, IHC; Uintah, UT. 🧑🏻

Kirt W. Larson (AS ’82, BS ’84); FNP, Step Mountain Medical; Herriman, UT. Kirt created Step Mountain Medical in 1999 and loves to build relationships with his patients. He and his staff seek to exude warmth and caring concern for their patients. He and his wife have five daughters and one son. 🧑🏻

Carolyn J. Leifer (AS ’80, BS ’82); Highland, UT. Carolyn traveled to Bandung, Indonesia, as part of an LDS Charities medical team in 2013. While there she helped train and teach 16 Indonesian doctors and four midwives lifesaving techniques for babies who cannot breathe at birth. ✔

Laura Croft Maw (AS ’84, BS ’87), DNP; owner, Utah Mobile Healthcare and Rocky Mountain Healthcare Academy; Lehi, UT. Laura is a Hartford Foundation graduate with a geriatric certificate and a member of STTI, GK, and Sigma Phi Omega. She has three children and many furry friends. 🧑🏻

L. Katherine Anderson Moon (BS ’89), FNP-BC; Fisher’s Landing Internal Medicine, Lacamas Medical Group; Vancouver, WA. Katherine has five children and three grandchildren. 🧑🏻

Marie Prothero, RN, FACHE; executive director of quality services, St. Mark’s Hospital; and a former adjunct faculty member in the BYU College of Nursing; Springville, UT. Marie is a PhD student in the U of U College of Nursing and has received these recognitions: Manager of Distinction, Urban South Region IHC (2002); fellow of the American College of Healthcare Executives (2012). She and her husband have two children and four grandchildren. 🧑🏻

LouAnn H. Provost; retired associate professor, UVU; Santaquin, UT. ✔

Rebecca W. Sandberg (AS ’75, BS ’94); FNP, Cope Family Medicine; Bountiful, UT. 🧑🏻

Kelly Shoell; retired nursing instructor, Bridgerland Applied Technology College; Providence, UT. Kelly has two boys. 🧑🏻



Eva Pearl Okelberry Stoneman



Penny Kaye Jensen

“My experience at BYU taught me the importance of a thorough assessment, and I have used that skill throughout my career. I also learned to love research. I had a great experience at BYU.”

—JULIE C. CHILD

Sara J. Skousen Staker (AS '79, BS '84), FNP-C, APRN; Pleasant Creek Wellness Clinic; Mount Pleasant, UT. Because her thesis dealt with wound care, Sara started a wound clinic at UVRMC in 1995. After marrying her husband and moving to Sanpete County in 1997 with their two girls, she started a wound care program for IHC's Sanpete Valley Hospital and later Intermountain Home Health. She retired in 2012. 🧑🏻🧑🏻

1997

Bryan K. Adams; Provo. 🧑🏻

Gaylene A. Adams, ARNP; NP, Factoria Women and Family Clinic; Bellevue, WA. 🧑🏻

Karalee Allen; Riverton, UT. ✓

Karla Balling, PhD; retired; Salt Lake City. Karla is a single parent of five children and a grandmother to seven. She served a two-year mission in the New Mexico Farmington Mission and spent nine months serving on the Navajo Reservation. Since then she has been serving as the mission nurse for the Salt Lake City Temple Square Mission. 🙏

Luz V. Boyer; Provo. 🧑🏻

Troy W. Carlton, PhD, RN; former assistant professor in the BYU College of Nursing; Lehi, UT. Troy also worked for 22 years as a staff nurse for IHC. He is married with three children. ✓

Curtis D. Child; owner of Las Vegas Psychiatry; NP, Bear River Mental Health; Las Vegas. 🧑🏻

Julie C. Child, FNP-BC; Northern Utah Regional Hospital; Ogden, UT. Julie has four children and two grandchildren. 🧑🏻

Kathleen N. Garrett; Peoa, UT. ✓

David R Glassford; NP, Utah Neurological Clinic; Mapleton, UT. ✚

Shanna A. Hendrickson; Salt Lake City. ✚

Penny Kaye Jensen, DNP, FNP-C, FAAN, FAANP; liaison for national APRN policy, Department of Veterans Affairs, Washington, DC; Salt Lake City. Penny is the immediate past president of the AANP and a fellow of the American Association of NPs. In 2013 she was inducted into the National Academies of Practice as a distinguished practitioner and fellow and also as a fellow of the AAN. 🧑🏻

Caroleen Johnson (BS '92), APRN; FNP, CopperView Medical Center; Lehi, UT. Caroleen has continued to work part-time in a family practice and urgent care setting while having and raising her eight children. She's been the resident medical person on every trek and girl's camp in her stake for the past 13 years. 🧑🏻

Diane R. Kendall, FNP-C, GNP-C; Alta View Hospital Senior Clinic; Sandy, UT. Diane has received these recognitions: IHC NP of the Year (2012); AARP State NP of the Year (2002); Utah State NP of the Year (2002); Media Center NP Supervisor for Winter Olympics (2002). 🧑🏻

Eloise A. Maughan; Salt Lake City. 🧑🏻

Ella B. Peterson; Pleasant Grove, UT. ✓

Evelyn Plaizier; clinical nurse specialist, IMC; Farmington, UT. Evelyn received the Educator of Excellence Award. She loves spending time with family and friends. 🧑🏻

Jennifer T. Seguine (BS '94); Furlong, PA. 🧑🏻

Eva Pearl Okelberry Stoneman (BS '59); retired associate teaching professor in the BYU College of Nursing; Spanish Fork, UT. She and her husband, Jack, have been married 56 years and have six children, 16 grandchildren, and one great-grandchild. She received these recognitions: Leadership Award from the Intermountain Chapter of Oncology Nursing Society (1994); Department Manager of the Quarter at UVRMC (1991); Dr. Richard C. Brown Award for compassionate service and nursing care to people with cancer from Utah County (1998); and Volunteer of the Year from United Way of Utah County (1991). ✓

Ling W. Tomasino; cardiovascular NP, Swedish Medical Center; Denver. Ling has two daughters and two grandchildren. 🧑🏻

Carol M. Whitesides; Layton, UT. 🧑🏻

1998

Jarrold C. Bagley (BS '94); NP, Pioneer Comprehensive Medical; Draper, UT. 🧑🏻

Todd L. Chidester; FNP, Utah Valley Pediatrics; Cedar Hills, UT. Todd loves spending time with his wife and two sons. 🧑🏻

Don C. Christensen; Layton, UT. 🧑🏻

Jennifer M. Clifton, DNP, FNPBC, CNE; clinical director and assistant professor, U of U College of Nursing; Park City, UT. Jennifer is a member of the AANP, Academy of Correctional Health Professionals, NLN, and UNPA. She received the State Award for Excellence as an educator from UNPA (2012); the Excellence in Clinical Practice from STTI (2013); and the Alumni Legacy Leader Award from Indiana University (2014). 🧑🏻

Sharon Dingman, DNP, RN; founder and president, The Caring Model; Ogden, UT. Sharon is recognized as a leader in nurse caring and compassion both nationally and internationally. She is a member of the Nursing Education Peer Committee of the Utah Board of Nursing. She also serves as an adjunct faculty member for the DNP program at Rocky Mountain University of Health Professions. She is the director at large for the UNA. ✓

Angie S. Downward (BS '90); FNP and manager, Reproductive Care Center, and Allen Chiropractic; Sandy, UT. Angie has worked with patients who have infertility issues for 15 years. Last year she received her LMT from the Myotherapy College of Utah and will soon be completing acupuncture certification. She has four children. 🧑🏻

Shirley B. Ellsworth (BS '94); Provo. 🧑🏻

Michael F. Gibson, CNP; NP, Utah Valley Pediatrics; Pleasant Grove, UT. He is a member of the National Association of Pediatric NPs (NAPNP) and the AANP. 🧑🏻

“I would never have found my passion for teaching had it not been for my preparation at BYU. It gave me the knowledge, skills, and confidence to pursue a variety of career opportunities and prepared me well for my doctoral program.”

—JON CHRISTENSEN



Kent D. Blad



Jill Hall

Carmen S. Gwin; Eagle, ID. 🧑🏻

Susan G. Jero (AS '75, BS '79); Herriman, UT. ✓

Pamela E. Merkley; Layton, UT. 🧑🏻

Sibyl Faye Beecher Noble (BS '64); office manager, ophthalmic practice; Provo. Sibyl completed a combined master's degree in nursing administration and business administration (offered for a brief time through BYU's College of Nursing and Marriott School). She trained in Russia to assist in radial keratotomy surgery, and she pioneered that surgery in America by teaching, training, and demonstrating for others. One of the highlights of her career was serving as a private duty nurse to President David O. McKay for two years. She is married to the ophthalmologist she works for; they have five children and eight grandchildren. ✓

Shelly W. Parkin, RN; nurse case manager, Service Advocates; West Jordan, UT. Shelly is also an adjunct faculty member in the BYU College of Nursing. ✓

Brand P. Reynolds (BS '94), FNP-C; Advanced Practice Medical Clinic; Tooele, UT. 🧑🏻

Linda L. Wolf; Sandy, UT. ✚

1999

Kent D. Blad, DNP, FNP-C, ACNP-BC, FCCM, FAANP; associate dean and teaching professor in the BYU College of Nursing; Riverton, UT. Kent loves that nursing allows him to make a living while serving his fellowmen. He received the following recognitions: fellow of Critical Care Medicine (2015) and fellow of the American Association of NPs (2008). He currently serves on the college's volunteer leadership council as a member at large. 🧑🏻

Julianne B. Fallentine (BS '89); NP, Dixon Health Center; Eagle Mountain, UT. 🧑🏻

Patricia M. Gurell; psych NP, Comprehensive Care Clinic; Salt Lake City. ✍

Jill Hall (BS '97); retired FNP; Medford, OR. Jill developed patient heart-failure materials that are still used within IHC. She has five children. 🧑🏻

Clarene Hansen, NP-C, CDE; diabetes education coordinator and certified insulin pump trainer, Revere Health; Provo. 🧑🏻

Steven F. Larsen (BS '95); NP, Revere Health; Mapleton, UT. 🧑🏻

Dallen K. Ormond, PhD; NP, owner, and partner, Families First Pediatrics; and a former adjunct faculty member in the BYU College of Nursing; South Jordan, UT. Dallen is the president-elect for the UNPA Board (2015). 🧑🏻

Kristie B. Rosser; owner and operator, Optimal Wellness; and a former adjunct faculty member in the BYU College of Nursing; Pleasant Grove, UT. Kristie is a certified bioidentical hormone therapy provider, a certified holistic health and nutrition coach, and a wellness and age-management expert. She is married to College of Nursing alum Paul Rosser, and they have four children. 🧑🏻

Paul S. Rosser, APRN; NP, Urology Clinic of Utah Valley; and a former adjunct faculty member in the BYU College of Nursing; Pleasant Grove, UT. 🧑🏻

Dianne Marie Sano (AS '77); nursing supervisor, Alta View Hospital; Salt Lake City. Dianne received the Nurse Manager of the Year Award (2003) from IHC Urban Central Region. She has been married to her husband, Rich, for almost 30 years; they have one son. ✓

Nadine S. Shon; Pullman, WA. ✓

Susan A. Short; Salt Lake City. 🧑🏻

Paula G. Thacker; Sandy, UT. ✍

Allison Whitmore (BS '85); Orem, UT. ✓

Melissa Zito, RN; American Indian and Alaska Native health liaison and health policy consultant, Utah Department of Health; Salt Lake City. Melissa earned the following recognitions: Outstanding and Dedicated Service Award, Indian Walk-In Center (2000–2003); Utah's American Indian Outstanding State Program Manager (2006); Francis T. Ishida Award for Excellence in Service to Beneficiaries of the Centers for Medicare and Medicaid Services (2008); Honors for Nursing (2009); Those Who Dare to Care, U of U College of Nursing (2009); National Children's Study Appreciation for Service on Salt Lake County Community Advisory Board (2012); Molina Healthcare Community Champion Award (2013); Governor's Award for Excellence nominee (2015). She has one daughter. ✍

2000

Kimberly Flinders Abbott (BS '96); RN, PCH, Wasatch Canyons Inpatient Psychiatry; Draper, UT. Kimberly is married to Rich Abbott, and they have seven children. She has stayed in pediatrics—working at PCH in their float pool, in home health, and now at their psychiatric unit. ✍

K. Jay Barton, FNP-C, APRN; owner, Family First Medical PC; Spanish Fork, UT. 🧑🏻

Judy Bendoski-Parrish (AS '76, BS '79), APRN; NP, Omega Interventional Pain Clinic; Salt Lake City. ✓

James C. Biesinger; NP, Revere Health gastroenterology; Springville, UT. 🧑🏻

Dale E. Cable (BS '88); South Jordan, UT. ✍

Jon Christensen, PhD, RN; assistant professor of nursing, California State University, Los Angeles. Jon was selected twice as Undergraduate Faculty of the Year for CSULA School of Nursing (2008, 2012). He also received the University of San Diego Dean's Scholar Award for two academic years (2009–2010, 2010–2011) and an STTI scholarship for a doctoral student (2009). ✍

Sarah B. Cormier; NP, Healthcare for Women; Grantsville, UT. 🧑🏻

“Completing my degree at BYU made my career. I learned at BYU what an NP was and what kind of NP I wanted to be. The faculty was worth emulating,”

—HEIDI PORTER



Jane H. Lassetter



Kelly K. Wosnik

Amy Harmer Cox (BS '97), FNP-C; Same Day Surgery, PCH; Kaysville, UT. Amy is a former assistant teaching professor in the BYU College of Nursing. She was nominated as NP of the Year at Same Day Surgery (2013). She keeps busy working full-time for PCH and raising her four children with her husband, Jon. 🧑🏻🧑🏻

Steven K. Ipsen; bureau director, Bureau of Primary Care, Utah Department of Health; Sandy, UT. Steven received the Governor's Award for Excellence for outstanding service in public health (2009). He is married with four children. ✂️

David C. Kay; nurse manager, IHC; Spanish Fork, UT. ✂️

Linda G. Koenen, NP-C; Rocky Mountain Women's Health Center; Kaysville, UT. Linda has five children and four grandchildren. 🧑🏻

Steve Mickelson, FNP-C; director of nurses, Utah County Health Department; Lehi, UT. 🧑🏻

Carma Miller, DNP, MPH, RN; nursing faculty at BYU-Idaho; Rexburg, ID. Carma's other responsibilities have included science advisory board honorary member of Bukovynian State Medical University in Chernivtsi, Ukraine; visiting professor of Shanghai Medical Workers College in China; women's advisory council member of BYU-Idaho; and former instructor in the BYU College of Nursing. ✂️

Leslie Soderberg (AS '81); risk-management consultant, PCH; Sandy, UT. Leslie created the central line database used at IHC. She was an early adapter to Zero Harm and helped to implement that philosophy. She fills her time raising her “second family” of children whom she adopted and working as a risk-management consultant. ✂️

2001

Joanne H. Abegglen; FNP specializing in pain management, ENT, and women's health; Zion Pain Management, owner and operator of Advanced Clinical Services; Washington, UT. Joanne is also a retired associate teaching professor in the BYU College of Nursing. 🧑🏻

Peggy H. Anderson (BS '99, AS '83), DNP, RN; associate teaching professor in the BYU College of Nursing; American Fork, UT. Peggy leads the at-risk population section of the clinical practicum for the Public and Global Health Nursing course and takes nursing students into the Utah State Prison and Utah County Jail each spring. (Her love for this group began several years ago while serving as a Relief Society president for the prison's mental health facility.) She recently obtained a graduate certificate in public health from the University of Missouri. She is the vice president of the UNA as well as a member of STTI, PKP, and the Association of Community Health Nursing Educators. 🍀

Matthew J. Badger; FNP, Utah Neurological Clinic; Cedar Hills, UT. 🧑🏻

Mark A. Boyack (BS '97); Spanish Fork, UT. 🧑🏻

Jason D. Brotherson; Provo. 🧑🏻

Lance J. Buxton; NP, Minute Clinic; Pflugerville, TX. 🧑🏻

Wende S. Howes (BS '97); NP, Emergency Department, St. Cloud Regional Medical Center; St. Cloud, FL. 🧑🏻

Jane H. Lassetter (AS '81, BS '98), PhD, RN; associate professor in the BYU College of Nursing; Provo. Jane is working on a graduate certificate in healthcare ethics from Creighton University. She was recently inducted into the Western Academy of Nursing (2015) and served as an Alcuin Fellow (2011-2014). One of her favorite hobbies is caring for the hummingbirds that visit her house each spring and summer; sometimes one of them will need a bit of nursing care, and she tries to help out. ✂️

Marty J. Rogers; CNP, Farmington Community Health Center; Farmington, NM. 🧑🏻

SheriAnn T. Rollins (BS '96), APRN; FNP, Spinal Interventions; Payson, UT. 🧑🏻

2002

Ryan Alder, DNP-C; NP, IPC Healthcare; Pinetop, AZ. Ryan's experience includes six years in cardiology, two years in orthopedics, three years in urgent care, and three years in skilled nursing. He has six national presentations, three published articles, and membership with GK and STTI. 🧑🏻

Shelly Pedersen Ebert, FNP; American Fork Internal Medicine; American Fork, UT. Shelly has received these recognitions: SUU Outstanding Nursing Faculty (2008) and Utah State Clinical Excellence Award (2012). She continues to precept FNP students and loves that aspect of teaching. 🧑🏻

Jason S. Glade; Kennewick, WA. 🧑🏻

Christina P. Linton (BS '98), PhD, FNP-BC; NP, Revere Health dermatology; Eagle Mountain, UT. 🧑🏻

Christie L. Mangelson; FNP, Nephi Medical Clinic, and Fountain Green Medical Clinic; Levan, UT. 🧑🏻

Kelli P. Parker; NP, Valley OB/GYN; Payson, UT. Kelli has four daughters. 🧑🏻

2003

Janell B. Anderson (AS '78); Highland, UT. 🧑🏻

Anne F. Carman (BS '97); Draper, UT. 🧑🏻

Linda S. Earl (BS '74); West Jordan, UT. 🧑🏻

Patricia Holmgren; Ogden, UT. 🧑🏻

Anna H. Kirby (BS '98); FNP, Art City Medical Center; Springville, UT. Anna and her husband have adopted two children. 🧑🏻

Heidi Porter (BS '99), APRN; FNP, Utah Surgical Associates; Provo. 🧑🏻

Glade C. Welker, DNP-s; NP, Neurological Associates; Nibley, UT. Glade is currently working on his DNP at the U of U, and he looks forward to a future spent training and educating future NPs. 🧑🏻



Sondra Heaston

“My education and experience gained at BYU has afforded me a very rewarding career as an NP. I have been able to help and serve patients in various healthcare settings. However, my experiences at BYU have benefitted me most as a wife, mother, friend, and neighbor—and for that I will be forever grateful.”

—GINA TAYLOR MADSEN

Kelly K. Wosnik (BS '99), DNP, NP-C; Mountain Country Foods Clinic; and a former adjunct faculty member in the BYU College of Nursing; Orem, UT. Kelly established an onsite clinic for a company with 400 employees that makes dog food treats in Spanish Fork. She and a medical assistant care for the employees and their dependents (the company is self-insured and covers the clinic's expenses). She currently serves on the college's alumni board as a member at large and is married with three daughters. 🧑🏻

2004

Allie B. Blazzard (BS '02); NP, Riverside Medical Arts; St. George, UT. Allie is a member of the AANP, the Society of Aesthetic Injectors, and the American Academy of Anti-Aging Medicine. She and her husband have four children. 🧑🏻

Paula S. Chytraus; Salt Lake City. 🧑🏻

Gretchen Snyder Fors (BS '01), NP-C, APRN; and a former adjunct faculty member in the BYU College of Nursing; Stevensville, MI. Gretchen is married to BYU alum Eric Fors; they have three girls and twin boys. 🧑🏻

Amanda Gloria Baker Lewis (BS '01), NP-C; FNP, Peak ENT; Kaysville, UT. 🧑🏻

Larissa Larsen (BS '01), FNP-C, APRN; NP, Walgreens Healthcare Clinic; Kingwood, TX. Larissa and her husband have enjoyed raising their family in the Dallas and Houston areas. Being a mom of four is her full-time job and being an NP is her part-time gig. Although the private pediatric practice had always been her favorite area to work in, she enjoys the flexibility of her current PRN position. 🧑🏻

Brandon Dee Park; FNP, Utah Orthopedics; Pleasant View, UT. 🧑🏻

2005

Sondra Heaston, NP-C, CEN, CNE; associate teaching professor in the BYU College of Nursing; FNP, Premier Family Medical Urgent Care; Provo. Sondra currently serves on the college's alumni board as the faculty member representative and Student Nurses' Association faculty advisor. She recently served on the National Emergency Nurses Association Annual Meeting Planning Committee and has membership in the AANP, UNPA, and Emergency Nurses Association. Her past recognitions include Distinguished Leadership Awards for Service as Utah State Council President from the National Emergency Nurses Association (2012, 2013); the Karen O'Neil Endowed Advanced Practice Scholarship from the Emergency Nurses Association Foundation (2003); and Emergency Nurse of the Year from Utah Department of Health Bureau of Emergency Medical Services (2001). 🧑🏻

Rena D. Holverson (AS '78, BS '81); Park City, UT. 🧑🏻

Cory A. Kartchner, NP-C; pediatric critical care services, PCH; Saratoga Springs, UT. Cory has been married to his wife for 18 years, and they have five children. He assisted the simulation program at PCH and within IHC. 🧑🏻

Allison J. LeBaron (AS '79); American Fork, UT. 🧑🏻

Karlen Beth M. Luthy, DNP, FNP-C; associate professor in the BYU College of Nursing; FNP, Hillside Medical Clinic in Salem; Santaquin, UT. In an effort to teach others about the need for immunization, Beth wrote a children's book called *Michael's Superheroes*. She has received the following recognitions: Excellence in Clinical Practice, STTI, Iota Iota At Large Chapter (2015); UNPA Excellence in Research (2014); UNPA Excellence in Education (2013); Friends of Public Health, Utah County Commissioner (2012). She is married and has two sons. 🧑🏻

Gina Taylor Madsen (BS '03), NP-C, FNP, MinuteClinic; San Tan Valley, AZ. Gina is married and has three children. 🧑🏻

Kimberly C. Mortenson; NP, Amara Day Spa; Lehi, UT. 🧑🏻

Sarah L. Smith; NP, Revere Health; Highland, UT. 🧑🏻

Katie J. Walker (BS '02); Mountain View, CA. 🧑🏻

Angela M. Williams (BS '02); Draper, UT. 🧑🏻

Kristen D. Wright, FNP-C; NP, Canyon View Women's Care; Spanish Fork, UT. Kristen is also an adjunct faculty member in the BYU College of Nursing. One of her favorite parts of nursing is connecting with people by addressing physical and emotional issues and helping patients find ways to heal and live more fulfilling lives. She loves to serve and educate—not only on a one-on-one basis in her office but through teaching students, community members, civic groups, and adults every day and through events like BYU Education Week. 🧑🏻

2006

Cody R. Charlton (BS '03); Bonita Springs, FL. 🧑🏻

Maia S. Greene (BS '95), FNP-C; NP, Endocrinology Associates; South River, NJ. Since graduation, Maia has spent most of her time as a stay-at-home mom with her five-year-old son, but she has worked several per diem locum tenens jobs (mostly urgent care) to keep her hours and skills up. She recently accepted a part-time job at a local endocrinology office and thinks of nursing as a hobby. She loves the chance to learn constantly, and she loves feeling like she has made a difference in someone's life. 🧑🏻

Olivia M. Grover (BS '03), FNP-C, APRN; NP, Peak ENT; Santaquin, UT. 🧑🏻

Amy R. Hawks (BS '03); FNP, SLCC Center for Health and Counseling; Provo. 🧑🏻

Taralyn S. Johnson (BS '03); Provo. 🧑🏻

Kathryn Money; Ogden, UT. 🧑🏻

Rebecca C. Pierpont (BS '95); Layton, UT. 🧑🏻

Lisa Williams; NP, Revere Health dermatology; Provo. 🧑🏻



Henedine “Nanette”
Hernando Crawford



Krista Wilson Nielsen



“Because learning at BYU is faith-based it became second nature to always have a prayer in my heart to guide me to make the right decisions for my patients.”

—LACEY EDEN

Tavia W. Mathers (BS '00), FNP-BC; Utah Surgical Associates; American Fork, UT. Most of Tavia's experience has been in general surgery and cardiology. The heart continues to fascinate her, and she cherishes her time working in electrophysiology. She is married with three children. 🧑🧑

Camera Mbuga; NP, Mesa Family Practice; nursing instructor, San Juan College; Farmington, NM. 🧑🧑

Krista Wilson Nielsen (BS '04), NP-C; stay-at-home mom and volunteer NP; Mesa, AZ. She worked part-time in urgent care for a few years. She now has four children. 🧑🧑

2009

Karmin A. Bell, APRN; NP, Mountainlands Community Health Center; Sandy, UT. 🧑🧑

LoAndra Berg, APRN; NP, Sandy Sleep Disorder Clinic; Springville, UT. 🧑🧑

Jennifer L. Butcher, NP-C; Revere Health; Provo. Jennifer has four kids and is expecting her first grandbaby this year. 🧑🧑

Lacey Eden (BS '02), NP-C; assistant teaching professor in the BYU College of Nursing; FNP, Willowcreek Pediatrics; Lehi, UT. Lacey was elected secretary of the immunization special interest group for the NAPNP and will represent this organization to the Centers for Disease Control and Prevention as they make changes to the adolescent immunization catch-up schedule. She is married with three children. 🧑🧑

Josie Farmer (BS '02); FNP, Pioneer Family Medicine; Meridian, ID. Josie is a full-time mom of two children and is married to another NP. She enjoys her hobby of working once a week with nursing-home patients. Originally an oncology nurse, she has been surprised by the love she has developed for geriatrics. 🧑🧑

Cherie M. Farnes; FNP, Utah Valley Pediatrics; Orem, UT. 🧑🧑

Judd Hunter; NP, Revere Health; Spanish Fork, UT. 🧑🧑

Rebecca Nead, NP-C; FNP, United Healthcare; Spokane, WA. 🧑🧑

Jessica Alyse Parker (BS '05), NP-C; Provo. Jessica has two children. 🧑🧑

Reva J. Rasband, FNP-C, APRN; NP, Optum Health and Envision Home Health and Hospice; Bluffdale, UT. Reva loves to travel, and her humanitarian work in South America has been a highlight. 🧑🧑

Cheryl Scholes, FNP-C; Utah Pain Relief Institute; Sandy, UT. 🧑🧑

Tiffany M. Spencer; NP, Valley OB/GYN; Pleasant Grove, UT. Tiffany has two sons and one daughter. She loves being a grandma. 🧑🧑

Jenna Sturgeon (BS '04), NP-C, APRN; Woodbridge Walk-In Irvine; Ladera Ranch, CA. Jenna is married with four children—the oldest of whom is five. 🧑🧑



“Attending BYU armed me with the knowledge I needed to treat common illnesses, but most important, the skills to use reliable sources to figure out how to treat my patients. As a new NP working independently in an office where the only other provider was my MA, the ability to use my resources was invaluable.”

—REBECCA NEAD



Pui See Jenny Yeung Diehl

2010

Brian A. Bushman, APRN; FNP, Intermountain Utah Valley Vascular Surgery; Provo. Brian wishes to express his extreme gratitude for the sacrifice that his wife and children made during his schooling to become an NP. They are his reason for doing what he does. 🧑🧑

Carol Graff, NP-C; Revere Health women's center, Premier Family Medical; Pleasant Grove, UT. Carol is interested in the care of patients with infertility issues and thyroid issues. She has been married to her best friend for 31 years and has four children and six grandchildren. 🧑🧑

Keith A. Hahn; NP, UVU; Pleasant Grove, UT. 🧑🧑

Emily S. Himebaugh; NP, Gut Whisperer Gastroenterology and Hepatology; South Jordan, UT. Emily is married with three daughters. 🧑🧑

Va Sharon S. Mouna (BS '07); FNP, UnitedHealthcare; Provo. Va is also a former adjunct faculty member in the BYU College of Nursing. 🧑🧑

Sonja S. Ohsiek (BS '88); FNP, Heart Center, PCH; Sandy, UT. 🧑🧑

Nicole Rawle, NP-C; Revere Health dermatology; Lehi, UT. Nicole also moonlights in otolaryngology for Dr. Heidi Heras in American Fork. She has four children, whom she considers to be her greatest contribution and achievement. She is also a member of STTI. 🧑🧑

Liz Marble Smith (BS '07), DNP, NP-C; NP, UVRMC Trauma Services; Provo. Liz is also a former adjunct faculty member in the BYU College of Nursing, and she has Acute Care Certification from the U of U. 🧑🧑

Barbara K. Stuart, APRN; NP and owner, Vitalize Hormone and Wellness Clinic; Provo. 🧑🧑

Connie Galeria Taylor (BS '05), NP-C; FNP, Health Rejuvenation Institute; Spanish Fork, UT. Connie was able to find and establish a practice in functional medicine and has seen lives changed for the better because of this approach. 🧑🧑

Kayleen Wilson, FNP-C; NP, Ogden Clinic; West Point, UT. Kayleen is married with two kids.

2011

Steven Barlow; FNP; Grand Forks, ND. 🧑🧑

Callene Bobo (AS '76, BS '87), FNP-C, APRN, BC-ADM, CDE; FNP and director of Diabetes Services, Mountain View Hospital; Payson, UT. Callene is also a Board Certified-Advanced Diabetes Management and Certified Diabetes Educator. 🧑🧑

Joan M. Collett (BS '98), FNP-C, AOCNP; oncology NP; Huntsman Cancer Institute; Lehi, UT. 🧑🧑

Elizabeth Daniels; Salem, UT. 🧑🧑

Virginia C. Giles; Heber City, UT. 🧑🧑

Todd Hamblin; NP, medical oncology and hematology; Provo. Todd is an avid cyclist with a great family, and he just received an Advanced Oncology Certified NP certification. 🧑🧑

Canessa Craigo Leeftang, NP-C, FNP; Orem, UT. Canessa is married with two children. 🧑🧑

Nathan Littlefield, NP-C; orthopedic NP, Orthopedic Specialty Hospital; Draper, UT. Nathan has been married for 10 years and has three kids. 🧑🧑

Carol M. Loucks; NP, IHC; Provo. 🧑🧑

Craig Nuttall, FNP-C; assistant teaching professor in the BYU College of Nursing; Provo. Craig is the education chair for the UNPA Board of Directors. He is a member of STTI and the AANP. 🧑🧑

Bob Ralston; FNP, Intermountain Employee Clinic; Murray, UT. 🧑🧑

Ryan J. Rasmussen; assistant teaching professor in the BYU College of Nursing; Springville, UT. Ryan is a member of STTI, the AANP, and the UNPA. He received the Outstanding Mentor Award from BYU (2014). He is married to RN Laurie Trapnell (BS '90); they enjoy five children—three girls and two boys. 🧑🧑

Scott K. Summers; FNP, Revere Health otolaryngology head and neck surgery; Lehi, UT. Scott is also an adjunct faculty member in the BYU College of Nursing. He is married with three children. 🧑🧑

2012

Katrina Blacker (BS '08), NP-C; PCH; Salt Lake City. 🧑🧑

Pui See Jenny Yeung Diehl (BS '06), NP-C; former adjunct faculty member in the BYU College of Nursing; Philadelphia. Jenny is married with two children. 🧑🧑

Emily Dougall (BS '05), NP-C; Ted B. Wahby Cancer Center; Chesterfield, MI. 🧑🧑

Deborah S. Durkee, APRN; FNP, U of U Health Care pediatrics; Salt Lake City. 🧑🧑

Gina Hjorth (BS '07), NP-C, ARNP; healthcare manager, Schweitzer Engineering Laboratories; Pullman, WA. 🧑🧑

Sailita Lohani (BS '08), FNP-C, APRN; NP, Family Health Care; Boise, ID. Sailita is a member of the American Association of NPs, the Idaho Nurses Association, and STTI. 🧑🧑

Rebecca Mackintosh, FNP-C; certified wound care nurse; American Fork, UT. Rebecca is married with four children and 13 grandchildren. 🧑🧑

Sharla E. Morgan (BS '05), FNP-C, APRN; NP, Peak ENT and the Thyroid Institute of Utah; Provo. 🧑🧑



Michael S. Robinson



Katherine Jenkins

“My experience at BYU benefitted my career because I learned how to care for my brothers and sisters on earth with the Spirit as well as a stethoscope. At BYU I was able to learn about our mortal bodies with an eternal perspective.”

—KERRI L. ERICKSON

Jann Pickens (BS '01), FNP-C, APRN; emergency medicine NP, Valley Hospitals; Las Vegas. Jann works in the ER, and she enjoys helping people and being able to give them relief from their pains and worries. She is a wife and has four children. 🧑🧑

Kris Riser, FNP-C; Uintah Basin Medical Center; Roosevelt, UT. Kris finished a post-master's certificate in July from Vanderbilt University. This degree will allow her to obtain a dual certification as an acute care NP. 🧑🧑

Laura Shellman, FNP-C, APRN; Gabert Clinic, Glendive Medical Center; Glendive, MT. 🧑🧑

Sarah J. Slade (BS '04); Gilbert, AZ. 🧑🧑

Ann M. Webb (BS '06), NP-C; Health Rejuvenation Institute; Midvale, UT. 🧑🧑

Dan Wood; FNP, Northern Rockies Rural Health Clinic; Cut Bank, MT. Dan and his wife have four daughters. 🧑🧑

Christina Yazzie, NP-C; FNP, Integrative Medical Associates; Orem, UT. Christina and her husband have a family of four boys. 🧑🧑

2013

Diane W. Allred; FNP; Highland, UT. 🧑🧑

Aaron S. Bennion; NP, North Bend Medical Center; Coos Bay, OR. Aaron was named NP Student of the Year (2012). He is married with three boys. 🧑🧑

Amy B. Carlson, FNP-C, APRN; NP, Take Care Health Systems; Chicago. 🧑🧑

Kerri L. Erickson (BS '90), FNP-C, APRN; PRN provider, IHC (North Temple Clinic), and OnSite Care clinics; Centerville, UT. Kerri's master's thesis was recently published in the *Journal of Pediatric Nursing*. Prior to her degree, she worked as a pediatric RN for 21 years at PCH while raising five children. 🧑🧑

Amy P. Handley, FNP-C; Provo. 🧑🧑

Kim Houle, FNP-C; Provo Family Medicine, Revere Health; Lindon, UT. 🧑🧑

Jennifer B. Jenkinson (BS '91); Lindon, UT. 🧑🧑

Allison Larkin (BS '10), NP-C, APRN; The Children's Hospital of Philadelphia; Philadelphia. 🧑🧑

Lorin J. Leithead, RN; FNP, Santiam Hospital; Stayton, OR. 🧑🧑

Alec Rimmasch, NP-C, APRN; medical director of occupational medicine, WorkPoint, a Service of Ashley Regional Medical Center; Vernal, UT. 🧑🧑

Michael S. Robinson, NP-C, DNP-s; FNP, North Bend Medical Center; Coquille, OR. 🧑🧑

Eli G. Thornton, CFNP; NP, Primary Health Urgent Care; Star, ID. Eli and his wife have four children. 🧑🧑

Anne Vincent; FNP, Premier Family Medical (Urgent Care) and Timpanogos Hospital Employee Health Clinic; Pleasant Grove, UT. 🧑🧑

2014

Cami Allred, FNP; volunteer, Volunteer Care Clinic; Provo. 🧑🧑

Katherine Jenkins, NP-C, APRN; FNP, Rocky Mountain Allergy, Asthma, and Immunology; Farmington, UT. 🧑🧑

Kathryn C. Morrill (BS '95); Springville, UT. 🧑🧑

Leslie C. Nakaya, FNP-C; The Heart and Lung Institute of Utah; Bountiful, UT. Leslie is in the middle of raising four boys. 🧑🧑

Rosanne J. Oliver (AS '77, BS '79), NP-C; Revere Health endocrinology; Orem, UT. 🧑🧑

Chad W. Padovich; FNP, Umpqua Community Health Clinic; Roseburg, OR. 🧑🧑

Derrick Pickering, NP-C, APRN; FNP, UVU Student Health Center and Premier Family Medical Urgent Care; Provo. 🧑🧑

Christine K. Platt, NP-C; FNP, Parkinson Dermatology; Provo. Christine and her husband have three sons. 🧑🧑

Cori P. Reynolds (BS '97); FNP, OnSite Care; South Jordan, UT. Cori is married with four daughters. 🧑🧑

Michelle Lee Smith; FNP, Step Maintain Medical and PCH; Highland, UT. Michelle is the mother of five children. 🧑🧑

Kim E. Thompson (BS '91), FNP-C, ARNP; Orlando Internal Medicine at Central Florida Behavioral Hospital; Orlando, FL. Kim presented her thesis at the 2014 AANP National Conference in Nashville. 🧑🧑

Kristin Van Tassell (BS '05); FNP, Hillside Medical Clinic; Spanish Fork, UT. 🧑🧑

2015

Due to the timing of August graduation and the magazine print deadline, alumni from the 2015 class are still in the process of completing FNP boards and accepting job offers.

Jennifer Bainum; RN, PCH; Lehi, UT. 🧑🧑

Denver Brown; Provo. 🧑🧑

Angela Chamberlain; Orem, UT. 🧑🧑

Ryan Francis, FNP-c; Orthopedic Surgeon Group; Mapleton, UT. Ryan is married with a daughter. 🧑🧑

Jennifer Garrick; Elk Ridge, UT. 🧑🧑

Jared Madeo; Provo. 🧑🧑

Stephanie Miller, FNP-c; Valley Obstetrics & Gynecology in Provo; Elk Ridge, UT. Stephanie is married with five children. 🧑🧑

“The wonderful instruction I received at BYU provided the perfect foundation to build my current practice. Not only the medical training but the instruction regarding the nuts and bolts of practice were invaluable.”

—ROSANNE J. OLIVER

“My experience at BYU reminded me of why I chose nursing as a career: it is the opportunity to serve mankind each day. The friendships I built will also be lifelong.”

—MICHELLE LEE SMITH

Max Mitchell; wound care/hyperbaric NP, UVRMC; Santaquin, UT. Max is married with four children. 🧑🧑

Tia Peterson; Salt Lake City. 🧑🧑

Ann Rogerson (BS '10); Provo. 🧑🧑

Jonathan Rohwer (BS '12); Springville, UT. 🧑🧑

Petr Ruda (BS '09), FNP-c; Premier Family Medical in Lindon; Orem, UT. Petr volunteers at the Mountainlands Community Health Center and has worked at the Salt Lake VA Hospital as a registered nurse for six years. 🧑🧑

Kelly Smith (BS '09); Provo. Kelly is married with a daughter. 🧑🧑

Susie Sollis. She is married and lives in Pleasant Grove, UT. 🧑🧑

Future Graduates

2016

Brannon Ayres; Orem, UT. 🧑🧑

Sandi Burkinshaw; RN, Central Utah Surgical Center; Saratoga Springs, UT. Sandi enjoys keeping up with her two children. 🧑🧑

Jana Burningham; Genola, UT. 🧑🧑

Julie Cope; Sacramento, CA. Julie was the recipient of the BYU Graduate Research Fellowship and the Elaine R. Dyer Research Grant (spring 2015). After graduation she plans to pursue additional postgraduate study and care for underserved, vulnerable populations. 🧑🧑

Sophia Galgiani (BS '11); RN, Timpanogos Regional Hospital; Provo. 🧑🧑

Leslie Huggins; Lehi, UT. 🧑🧑

Levi Kohler; Lehi, UT. 🧑🧑

Nicole Lamoreaux, CCRN; RN, UVRMC Cardiovascular ICU; Orem, UT. 🧑🧑

Jeremy Ratliff; Spanish Fork, UT. 🧑🧑

Sarah Roberts (BS '11); Provo. 🧑🧑

Sarah Stocksdale (BS '11); RN, Timpanogos Regional Hospital pediatrics; Orem, UT. 🧑🧑

Chris Williams; ER trauma nurse, IMC; Saratoga Springs, UT. Chris was a hospital corpsman in the U.S. Navy for eight years. 🧑🧑

Arwen York; RN, PCH; South Jordan, UT. Prior to starting the graduate program, Arwen was a CNA for four years and worked as an RN for five years in adult med/surg and pediatric nursing. She was the UVU College of Science and Health valedictorian (2011). She is married and has two cats.

Maren Zaro; Provo. 🧑🧑

Megan Zitting (BS '09); RN, Timpanogos Regional Hospital; Provo. 🧑🧑

2017

Alicia Anderson (BS '08); RN, Infant Medical Surgical Unit, PCH; Pleasant Grove, UT. Alicia currently serves on the college's alumni board and represents the College of Nursing to the university alumni committee.

Nicolette Broby, CEN; charge and RN, U of U Hospitals and Clinics; Salt Lake City. Nicolette spent more than three years as a volunteer medical consultant for the Church, assisting area welfare managers around the world in efforts to improve emergency response plans. She received three significant awards for her service to healthcare: Outstanding Citizen Award from the U.S. Navy hospital ship *USNS Comfort* (2011); Outstanding Representative of Community Involvement from Arizona State University College of Nursing Staff (2006); and Employee of the Year from the U of U Emergency Department (2014). 🧑🧑

Emily G. Dunn (BS '09); Pleasant Grove, UT. 🧑🧑

R. Scott Fletcher; orthopedic nurse; West Jordan, UT. Scott received his BSN from UVU and has worked for seven years at IMC. 🧑🧑

Amanda Graves; RN, U of U Hospitals and Clinics; Salt Lake City. 🧑🧑

Kacie Hadley (BS '12); Springville, UT. 🧑🧑

Elizabeth Harding (BS '02); RN, IHC; Lehi, UT. Elizabeth enjoys being a mom to four girls. 🧑🧑

Valynn C. Haslam; RN, UVRMC; Orem, UT. Valynn is married with four children. 🧑🧑

Daniel Hill; Salt Lake City. 🧑🧑

Meridith Lind; RN, IHC; American Fork, UT. 🧑🧑

Sean Rasmussen; RN-BSN nurse liaison, Avalon Healthcare; South Jordan, UT. Sean has been married for five years and is the father of three boys under the age of four. 🧑🧑

Barrett Raymond, NRP; RN, IMC; hazmat and disaster planning lead, IHC; paramedic with UT-1 Disaster Medical Assistance Team; Springville, UT. Barrett has served for seven years as a medical specialist for the U.S. Army. He has four children. 🧑🧑

Aubri Root (BS '10); Salt Lake City. 🧑🧑

Cynthia Whiting; RN, IHC; Highland, UT. 🧑🧑

Leaving Space for the Lord

By **Mary Dalrymple**

If you catch assistant teaching professor Karen de la Cruz, MSN, ACNP/FNP, in her free moments, you might just find her practicing the waltz or the cha-cha.

A truly elegant dancer, de la Cruz finds time to master ballroom dance amid teaching nursing courses, working on her doctorate, and serving those around her. “I have a lot of fun in my life—but it has been a long road getting here,” she says.

De la Cruz developed a strong relationship with God as a young girl. Her faith eventually led her to missionaries of The Church of Jesus Christ of Latter-day Saints and later to BYU. “The Lord

A truly elegant dancer, de la Cruz finds time to master ballroom dance amid teaching nursing courses, working on her doctorate, and serving those around her.



pushes me in the direction He wants me to go,” she says, “and I have learned to listen to Him.”

She began her nursing career when her husband developed a spinal tumor. She wanted to be able to take care of him and provide for her children. After a priesthood blessing and then surgery, her husband walked away with only a slight limp, and de la Cruz walked away with the nursing education she believes the Lord wanted her to have.

De la Cruz has enriched many lives, including those of her 10 children and 25 grandchildren. In addition to the love she has for her own family, she welcomes the opportunity to care for all who are in need as if they were her own children.

“The Lord puts people in my life and says, ‘Here is someone you should be helping,’” she says. “He has blessed me with abundance for a reason, and He expects something from me.”

De la Cruz currently teaches students in their third nursing semester how to use nursing theory and skills in the hospital setting. She loves watching these students as their nursing education becomes a practical experience. She enjoys teaching at BYU because the students truly understand why we go into the nursing profession: to serve and love others as the Lord wants us to.

“As a nurse, you are doing something great. You are the Lord’s hands. If your attitude is right, you can feel Him reaching through you,” she says.

Upon arriving at the university in 2009, a coworker advised her to take a fun class as a way to relax from teaching demands. De la Cruz decided to take up dancing and enrolled in BYU’s Beginning Social Dance course.

“It was painful,” she says about that first dance class. “I didn’t realize I could take a 100-level class and not receive an

Karen began her nursing career when her husband developed a spinal tumor. She wanted to be able to take care of him and provide for her children.



COURTESY KAREN DE LA CRUZ

A. None of the guys wanted to dance with me because they were there to find girls.”

Four and a half years of private dance lessons later, de la Cruz is now a strong and confident dancer, and she feels that she is in the most wonderful time of her life.

“I have learned that if you leave a space for the Lord to direct your life, He will guide you and you will find joy—guaranteed,” she says. “Every struggle I’ve had has helped make me the person I am.” ☒





We want to see you included!

MAGALI IZAGUIRRE

RISE Share *Your* Story

BYU Alumni recently created RISE—an online collection of career summaries, bios, and inspirational stories of former students.

You can share your story by finding your name in the database and submitting a life or career accomplishment. BYU Alumni will contact you if your story is selected to be published online or in the alumni magazine.

Past featured nursing alumni include (from top) Dr. Kent Blad (MS '99), Lezli Matthews (AS '82), Sandra Mangum (BS '58), Dan Moyes (BS '72, MS '80), Alicia Anderson (BS '08), and Dr. Sandra Rogers (BS '66).

rise.byu.edu

BYU
ALUMNI



Alumni Updates

Two retired faculty members recently enjoyed milestone birthdays: **Alice Mahany Schmidt** celebrated 90 years in February, and **Jewel Bartholomew (BS '69)** marked 85 years in May.

Alison Tanner Wright (AS '75, BS '76) will be honored during Homecoming with the college's Alumni Achievement Award and will present a campus lecture to alumni, students, and friends on Thursday, October 8, at 11 a.m. in room 270 SWKT. Wright is a nurse practitioner and serves as the medical director for Fourth Street Clinic, an organization that serves the homeless population of downtown Salt Lake City. She oversaw the clinic's certification from the Accreditation Association for Ambulatory Health Care. Fourth Street Clinic is one of the first homeless clinics in the nation to receive this recognition and accreditation.

IN MEMORIAM

Genevieve Strong Smith (BS '59)

Marian Irene Thulin Ferguson (AS '72)

Sandra Ann Little (AS '75, BS '76)

Gayla Halford Nielsen (AS '79, BS '81)

Rebecca "Becky" Dawn Tower Lockhart (BS '91), who served 16 years in the Utah State Legislature and was the first female speaker of the Utah House of Representatives, died in January from Creutzfeldt-Jakob disease. She received a nursing degree from BYU, practiced as a registered nurse for seven years, and later served on the board of trustees for Timpanogos Regional Hospital. She was known to be firm when she needed to be, to stand for what she felt strongly about, and to speak out and be heard.

James "Jim" Bowles (AS '81, BS '84) received his certificate of nurse anesthesia from the Truman Medical Center school at the University of Missouri-Kansas City. He has worked 27 years as staff CRNA—five of those years as cochief of the CRNA group—at Kaiser Permanente Sunnyside Medical Center in the Portland, Oregon, area.

Dr. Melodie Hanson Rowbotham (BS '88) was promoted to associate professor and received tenure at Southern Illinois University Edwardsville, where she teaches in both the undergraduate and graduate programs and is also the coordinator of faculty development for the school of nursing.

Danette K. Borg (BS '90) recently graduated from the University of Cincinnati as an adult-gerontology acute care NP and has taken a position as an NP at Landmark Hospital in Murray, Utah.

Dr. Karen Lee Burton (BS '94) received her master's and PhD degrees in nursing education and is director of nursing for the Odyssey House of Utah. She recently completed coursework for a Substance Use Disorder Counselor certificate and published a book titled *Out of the Dark and into the Light: The Unexpected Journey of Nurse Addiction*.

Linda K. Anderson (BS '96) has served as the staff nurse anesthetist in neurosurgery at the Mayo Clinic for the past 13 years. She has also been an anesthesiology instructor and coordinator of the neuro-anesthesia lecture series for seven years.

MarLeice Hyde (BS '97) is working with the RSD/CRPS community to improve treatment, relieve pain, and financially assist patients receiving long-term therapy. She is the executive director for the nonprofit organization CRPS Clubhouse and also works as an infusion therapy RN with the DeBruin Medical Center, near Sacramento.

Richard D. Gordon (BS '04) is a pediatric charge nurse at the Yakima Valley Farm Workers Clinic in Toppenish, Washington.



June Erskine Booth (BS '59) (right) of Ogden, Utah, visits with her granddaughter **Morgan Booth Riveros** (fourth-semester nursing student) at the college's alumni board-sponsored luncheon during Women's Conference in April. More than 105 alumni, students, and friends had the chance to socialize with one another during this annual event. We look forward to hosting even more alumni next year on April 28.

He has also worked as a special prosecutor for the Cache County Attorney's Office in Utah and as an engineer officer in the National Guard, with more than 10 years of military leadership, including a tour of duty in Iraq.

Ethel K. Tovar (BS '06) is the education clinical expanded role RN in the newborn ICU at Primary Children's Hospital in Salt Lake City.

New promotion? Advanced degree? Recently published? Let your peers across the country know. Email nursingpr@byu.edu. Your news may be included in the next edition of *Learning the Healer's Art*.

Contribution to the Discipline

Turning an Assessment Class Upside Down

Sabrina Jarvis, DNP, FNP-BC, ACNP-BC, FAANP
Craig Nuttall, MSN, FNP-C



Neurological physical assessment is a fundamental skill taught in the nurse practitioner curriculum. It is also a subject that many students find difficult to master. Traditional methods of teaching this material include student reading assignments along with didactic classroom PowerPoint lectures; however, when students struggle to do the reading and to understand the lectures, they do not master the material during the class and clinical lab pass-offs.

Associate teaching professor Dr. Sabrina Jarvis (MS '90) and assistant teaching professor Craig Nuttall (MS '11) wanted to raise the number of students who both complete *all* of the pre-lecture reading and also are prepared and excited for the 600-level course—so they flipped it.

To "flip a course" means to first introduce students to new material outside of class, typically through assigned readings or lecture videos, and then to use classtime to integrate that knowledge through discussion and interactive clinical activities.

Jarvis and Nuttall considered several products but ended up using Articulate Studio software to adapt their existing PowerPoint presentations and create polished interactive courses that allow user interactivity, onscreen capture of input data, and embedding of files.

Their flipped classroom required time at the beginning of each class for clarification of assigned materials and online modules, followed by a short quiz to validate learning. The remainder of the lecture allowed for setting up and completing application activities specific to the concepts being taught. These application activities were new to the faculty members and required the most effort to develop.

It only took one or two class periods for the students to begin coming to class prepared (with materials read and concepts studied in advance), as they did not want to miss out on quiz points that could lower their grade. The faculty found that this made a smooth transition into the clinical lab. Instead of beginning the hands-on part of the lecture from scratch or needing to review skill concepts once the class reached the lab, the students were ready to fine-tune their techniques and refine what they had previously learned. They were ready to practice the material rather than relearn it!

Students provided both written and verbal feedback each week on the educational and interactive modules. Both faculty and students then critiqued the in-class and clinical lab application activities to ensure quality and integration of the activities with the online learning experience. Students said that they liked having quizzes each week to show their knowledge of the material; they believed it helped them gain more from the readings and learn better when it was time for clinical learning. Reassurance also came from knowing that their professors were always a phone call or email away for questions or clarification.

The experience of flipping the classroom was not without its challenges. In the beginning, the faculty members were inexperienced in using the Articulate program, and early interactive videos and lecture recordings were of poor quality and often had to be rerecorded. There was also early trouble with attaching these types of files on Learning Suite (the BYU learning-management system).

As Jarvis and Nuttall gained experience in using the software, they realized the potential of integrating online education into other courses. In the 2015 winter semester, they developed more complex and interactive educational modules to use in another course they taught. This time the modules were used to create a blended course in which

part of the classroom instruction was replaced with online learning. Supplemental modules were also developed to assist students who were struggling with complex subjects such as EKG interpretation (heart-rhythm identification) and advanced orthopedic assessment.

Both professors presented their efforts to college faculty at a spring college assembly meeting and shared what they learned about the process of flipping a classroom. They also shared the student evaluations and gave a brief demonstration of the e-learning program. Since then, a College of Nursing Articulate user group has been developed, and other faculty members are exploring the use of this program for their courses. ☑

To "flip a course" means to first introduce students to new material outside of class, typically through assigned readings or lecture videos, and then to use classtime to integrate that knowledge through discussion and interactive clinical activities.

Personalized Medicine: Risk Perceptions of, Screening Behaviors for, and Communication About Breast Cancer

Deborah O. Himes, Assistant Professor, PhD, APRN-BC, ANP



As we move into what has been termed the genomic era of medicine, primary care physicians must be prepared to care for the unique attributes of individual patients, right down to their DNA mutations. It is most effective to provide intensive screening and preventive care for those individuals with the most risk for a disease, a variable that is determined and influenced by a variety of factors including individual genetic makeup. This is a major component of personalized medicine.

Assistant professor Deborah Himes (BS '91) investigated how patients, family members, and primary care providers (PCPs) communicate and utilize personalized risk information based on genetic predisposition to various cancers. Genetic predisposition occurs when a mutation of a germ cell, called a germline mutation, is passed down from parent to child. Because cancer develops after an individual's genes go through a series of mutations, individuals who inherit germline mutations require fewer mutations for cancer to develop because they start with genes that are already mutated. This increases their risk level and vulnerability to various cancers.

In addition to increasing the risk level of individuals, germline mutations pose a particular threat to families because multiple siblings can inherit the same mutation. Other factors, such as shared environments and similar lifestyles, also

help explain familial cancer clusters. Himes's research focuses on women at risk for familial and hereditary breast cancer and (1) how they understand their risk, (2) what they communicate with their family and with their PCPs about risk, and (3) their screening practices and whether or not those practices are based on specific risk-level guidelines.

To perform this study, Himes interviewed 85 women between the ages of

She found that most participants estimated their own risk to be much higher than what was calculated by the models. This is a concern because overestimation of risk can lead to increased anxiety and the possibility of overscreening. In contrast, accurate risk perception enables women to make informed choices about their healthcare and general well-being.

Himes also conducted a review of communication between family mem-

from their sister or mother were twice as accurate in estimating their own risk level.

The study also investigated what information women communicate with their PCP. Because PCPs play an important role in assessing women's risk for breast cancer and in recommending screening tests, it is important that pertinent history information—such as a sister's or mother's breast cancer, genetic counseling, and genetic testing—be shared with them. In asking study participants what information they shared with their PCP in relation to breast cancer, Himes found that women are much more likely to share family cancer history than information about an individual family member's genetic

Of the 10 percent of participants who were determined to be high risk, none received or were even offered a screening breast MRI.

counseling and test results. This is an issue because lack of information has the potential to impair a PCP's ability to interpret specific risk level and to recommend screening tests.

Finally, Himes looked at screening recommendations and practices and whether or not those recommendations are based on individualized risk levels. Understanding specific risk level is important because various organizations—such as the American Cancer Society, the National Comprehensive Cancer Network, and the American Congress of Obstetricians and Gynecologists—publish recommendations for breast cancer screening based on risk level. For women with an elevated risk for breast cancer (lifetime

risk greater than 20 percent), it is recommended that they be offered annual screening breast MRIs in addition to mammography.

In her research, Himes found that most participants received appropriate mammogram recommendations, whether they were at a high or average risk. However, of the 10 percent of participants who were determined to be high risk, none received or were even offered a screening breast MRI; consequently, these women did not go through a more thorough and potentially lifesaving screening for breast cancer.

These findings indicate that there is an increased need for individualized breast-cancer risk assessment and risk-based screening recommendations in

Hines found that most participants estimated their own risk to be much higher than what was calculated by the models. This is a concern because overestimation of risk can lead to increased anxiety and the possibility of overscreening.

40 and 74 whose mother or sister was previously diagnosed with breast cancer. In addition, each sister or mother had received genetic counseling and testing for hereditary breast cancer and an indeterminate negative test result, which means that while no genetic mutations were found, other mutations related to breast cancer that have not yet been discovered or that were not tested could still be present.

To see how women understand their risk level, Himes asked study participants to estimate their individual risk for breast cancer. These results were compared with risk levels calculated using the Gail, Claus, and BRCAPRO models.

bers in relation to genetic counseling and breast cancer. When a woman with breast cancer goes to a genetic counselor, she is told the results of her genetic test and what those results mean, which includes implications for both herself and her family members. She is then encouraged to share this information with her family members. But Himes found that most family members felt that very little information was communicated with them by their sister or mother. In fact nearly 20 percent of study participants reported that no information was shared with them at all. Additionally she found that participants who received more information



ARIEL SKELLEY

Participants who received more information from their sister or mother were twice as accurate in estimating their own risk level.

primary care. Effective interventions are needed that will assist patients and PCPs in making informed decisions about screening and prevention measures related to breast cancer. The results of this study also indicate that there is an increased need for communication both within families and among professionals from a variety of disciplines. New interventions and policies may need to be implemented to fulfill this need. ■

Faculty Achievements

College of Nursing faculty members continue to showcase their dedication to and expertise in the healthcare industry through a variety of achievements and publications. Following are a few notable examples of what they have accomplished.

JOURNAL ARTICLES PUBLISHED

Freeborn, D., & Francis, R. S. (2015). A systematic approach in treating post-concussion syndrome. *All Student Publications*, paper 140. <http://scholarsarchive.byu.edu/studentpub/140>

Lasater, K., Johnson, E. A., **Ravert, P.,** & Rink, D. (2014). Role modeling clinical judgment for an unfolding older adult simulation. *The Journal of Nursing Education*, 53(5), 257–264.

Luthy, K. E., David, R. M., **Macintosh, J. L., Eden, L. M., & Beckstrand, R. L.** (2015). Attention-deficit hyperactivity disorder: Comparison of medication efficacy and cost. *The Journal for Nurse Practitioners*, 11(2), 226–232. doi:10.1016/j.nurpra.2014.07.026

PRESENTATIONS DELIVERED

Adams, D., Adams, C., **Kohl, J., Hunsaker, S., & Heaston, S.** (2015, April 10). Preventing the epidemic: Increasing diabetic education in elementary schools. Poster presentation at National Student Nurses’ Association Annual Convention, Phoenix, AZ.

Blad, K. D. (2015, January 18). Become a fellow of the American College of Critical Care Medicine. Podium presentation at Annual Critical Care Congress, Society of Critical Care Medicine, Phoenix, AZ.

Blad, K. D., & Jarvis, S. (2015, June 10). Fundamental critical care support course. Podium presentation at the American Association of Nurse Practitioners National Conference, New Orleans, LA.

Bowles, J., & **Hunsaker, S.** (2015, April 10). Making money and saving lives. Poster presentation at the National Student Nurses’ Association Annual Convention, Phoenix, AZ.

Brown, E., & **Hunsaker, S.** (2015, February 27). Understanding the importance of intraosseous therapy. Podium presentation at the Utah Conference on Undergraduate Research, St. George, UT.

Carter, D., **Kohl, J., & Hunsaker, S.** (2015, February 27). Accuracy of blood- and fluid-loss estimation: A comparison among healthcare team members. Podium presentation at the Utah Conference on Undergraduate Research, St. George, UT.

Chamberlain, A., **Palmer, S., Williams, M., & Lassetter, J. H.** (2015, March 27). Social disparities: Household income in poverty-stricken Ecuador affecting cognitive function in children. Poster presentation at the Consortium of Universities for Global Health, Boston, MA.

Eden, L. M. (2015, March 30). Immunization contemplation? Explanation. Podium presentation at the Brigham Young University College of Nursing Annual Professionalism Conference, Provo, UT.

Luthy, K. E., Thompson, K. E., **Beckstrand, R. L., Macintosh, J. L., & Eden, L. M.** (2015). Perception of safety, importance, and effectiveness of vaccinations among urban school employees in Utah. *Journal of the American Association of Nurse Practitioners*, 27(6), 313–320. doi:10.1002/2327-6924.12233

Merrill, K. C. (2015). Leadership style and patient safety: Implications for nurse managers. *Journal of Nursing Administration*, 45(6), 319–324. doi:10.1097/NNA.0000000000000207

Najjar, R. H., **Lyman, B.,** & Miehle, N. (2015). Nursing students’ experiences with high-fidelity simulation.

Eden, L. M., Freeborn, D., Luthy, K. E., & Ray, G. L. (2015, August 18). Innovative and interactive ways to integrate family across undergraduate and graduate nursing curriculum. Podium presentation at the International Family Nursing Association Conference, Odense, Denmark.

Edmunds, D. (2015, June 5). Engaging nursing students in refugee health. Podium presentation at the North American Refugee Health Conference, Toronto, Canada.

Harris, A., & **Miles, L. W.** (2015, February 27). Russian student nurses collaboration: A learning adventure. Podium presentation at the Utah Conference on Undergraduate Research, St. George, UT.

Heaston, S. (2015, June 23). Keeping your fingers on the PULSE of service. Keynote speech at the Brigham Young University devotional, Provo, UT.

Heise, B. A., & Shkapich, D. D. (2015, March 13). What nursing students wish they had known prior to a patient death: A national study. Poster presentation at the Brigham Young University President’s Leadership Council meeting, Provo, UT.

Hunsaker, S. (2015, March 30). Compassion fatigue and burnout: Are you at risk? Podium presentation at the Brigham Young University College of Nursing Annual Professionalism Conference, Provo, UT.

Jarvis, S. (2015, June 13). Basic chest radiography: It’s all black and white to me. Podium presentation at the American Association of Nurse Practitioners National Conference, New Orleans, LA.

Kulbok, P. A., Thatcher, E., **Peterson, N. E.,** Park, E., & Gwon, S. (2015, June 5). Technology in public health nursing research: Future directions. Podium presentation at the Association of Community Health Nursing Educators Annual Institute, Denver, CO.

International Journal of Nursing Education Scholarship, 12(1). doi:10.1515/ijnes-2015-0010

Emerita faculty member **Dr. Lynn Clark Callister (BS ’64)** writes a bimonthly editorial article for *The American Journal of Maternal/Child Nursing* that focuses on global health and nursing. Recent titles include “Meeting the Challenge of Cystic Fibrosis” and “Kangaroo Mother Care for Preterm Infants Globally.” Due to space limitations, every publication cannot be listed within this faculty achievement section.

Lassetter, J. H. (2015, August 18). Description of Native Hawaiian and Pacific Islander families’ home food environments. Podium presentation at the International Family Nursing Association Conference, Odense, Denmark.

Lassetter, J. H., & Ray, G. L. (2015, April 23). Developing self-efficacy and recall questionnaires with and for children. Podium presentation at the Western Institute of Nursing Annual Communicating Nursing Research Conference, Albuquerque, NM.

Leighton, K., Mudra, V., & **Ravert, P.** (2015, May 5). Modification of the Simulation Effectiveness Tool (SET-M). Podium presentation at International Pediatric Simulation Symposia and Workshops, Vancouver, Canada. (2015, June 12). Podium presentation at the International Nursing Association for Clinical Simulation and Learning Conference, Atlanta, GA.

Lundberg, K. M. (2015, April 25). The students are all right: Stability of optimism in nursing students. Poster presentation at the Western Institute of Nursing Annual Communicating Nursing Research Conference, Albuquerque, NM. (2015, June 5). Role of mentoring in a refugee clinical experience: The voices of students. Poster presentation at the North American Refugee Health Conference, Toronto, Canada.

Luthy, K. E. (2015, July 26). Evaluation of healthcare worker vaccination rates in Utah outpatient clinics. Podium presentation at the International Nursing Research Congress of Sigma Theta Tau International, San Juan, Puerto Rico.

Lyman, B., & Mears, K. (2015, February 27). Learning history: Understanding organizational learning in a hospital. Podium presentation at the Utah Conference on Undergraduate Research, St. George, UT. (2015, March 11). Podium presentation at the Utah Valley University Annual Nursing Research Conference, Orem, UT.

Mandleco, B. A. (2015, April 23). Religiosity, spirituality, and hardiness in parents raising a child with a disability. Poster presentation at the Western Institute of Nursing Annual Communicating Nursing Research Conference, Albuquerque, NM.

Merrill, K. C. (2015, March 30). What the #5%&!: Communication in healthcare. Podium presentation at the Brigham Young University College of Nursing Annual Professionalism Conference, Provo, UT. (2015, July 26). Professional dress vs. employee diversity: Patient perceptions of visible tattoos and facial piercings. Podium presentation at the International Nursing Research Congress of Sigma Theta Tau International, San Juan, Puerto Rico.

Najjar, R., **Lyman, B.,** & Miehle, N. (2015, June 1). Nursing students’ experiences with high-fidelity simulation. Podium presentation at the Sigma Theta Tau International, Beta Psi Chapter Membership Meeting, Portland, OR.

Neu, J., & **Freeborn, D.** (2015, March 13). Parents of children with type 1 diabetes and their needs. Poster presentation at the Brigham Young University President’s Leadership Council meeting, Provo, UT.

Ravert, P. (2015, March 5). Simulation in nursing: Learning the Healer’s art. Keynote speech at the Brigham Young University Alice Louise Reynolds Women-in-Scholarship Lecture Series, Provo, UT.

Ray, G. L., & Anderson, P. H. (2015, June 5). I’m amazed at what I found: A collaborative educational experience in population-based, health indicator data gathering. Poster presentation at the Association of Community Health Nursing Educators Annual Institute, Denver, CO.

HONORS

Dr. Patricia Ravert, dean and professor, was listed as number 19 in “The 30 Most Influential Deans of Nursing in the United States.” See the complete list at bit.ly/1ICrnJq.

The College of Nursing awarded assistant professor **Dr. Bret Lyman** with the Dr. Elaine Dyer Research Endowment Award and faculty members **Dr. Jane Lassetter, Dr. Leslie Miles, and Gaye Ray** with the Myrtie Fulton Endowed Mentorship Award.

Seven professors from the College of Nursing received a \$20,000 Mentoring Environment Grant (MEG) from the university during the past academic year: **Dr. Kent Blad, Lacey Eden, Debra Edmunds, Dr. Beth Luthy, Dr. Linda Mabey, Dr. Neil Peterson, and Dr. Karen Whitt.**

Graduate students Nicole Lamoreaux (BS ’09) (with professor **Dr. Renea Beckstrand** chairing her committee) and Julie Cope (with assistant professor **Dr. Katreena Merrill** as committee chair) received a Graduate Research Fellowship Grant from the University Office of Graduate Studies—\$30,000 combined.

Teaching professor **Dr. Sheri Palmer** received a \$15,000 Graduate Mentoring Grant from the BYU Graduate

Ray, G. L., Wing, D., & Tingey, C. (2015, April 23). Poverty simulation improves understanding of access barriers for the impoverished. Podium presentation at the Western Institute of Nursing Annual Communicating Nursing Research Conference, Albuquerque, NM.

Reed, S., & Corbett, C. (2015, March 19). Bridges to understanding: Lessons learned from conducting a global-health course. Podium presentation at Global Congress for Qualitative Health Research, Mérida, Mexico.

Reed, S., Corbett, C., & Edmunds, D. (2015, March 19). Appreciating the meaning of childbirth: Dialogues with Tongan women. Podium presentation at Global Congress for Qualitative Health Research, Mérida, Mexico.

Rogerson, A., **Beckstrand, R. L., Luthy, K. E., Macintosh, J. L., & Eden, L. M.** (2015, May 19). NICU nurses’ perceptions of obstacles and supportive behaviors in end-of-life care. Poster presentation at the American Association of Critical-Care Nurses National Teaching Institute & Critical Care Exposition, San Diego, CA.

Rossi, J., **Valentine, J. L., Miles, L. W., Mabey, L.,** & Melini, J. (2015, February 27). The effects of sexual assault on memory and consciousness: A retrospective chart review. Podium presentation at the Utah Conference on Undergraduate Research, St. George, UT.

Thomas, M. (2015, April 14). Peer teaching: Dual mentorship in a nursing-communications course. Poster presentation at the Annual Nurse Educator Institute, hosted by North Arkansas Partnership for Health Education, Branson, MO.

Valentine, J. L. (2015, March 21). Collaborative research studies on sexual assault in Utah. Podium presentation at Sexual Assault Forensic Evidence Reporting Act of 2013 National Committee, National Institute of Justice, New Orleans, LA. (2015, April 8). Implementation of the sexual assault nurse examiner toolkit: Agent of change in the criminal justice system response to sexual assault. Podium presentation at the End Violence Against Women International Annual Conference, New Orleans, LA.

Valentine, J. L., & Eden, L. M. (2015, March 30). Spinning plates: How to keep your life balanced in healthcare. Podium presentation at the Brigham Young University College of Nursing Annual Professionalism Conference, Provo, UT.

Valentine, J. L., & Miles, S. (2015, February 17). Collaborative retrospective research study exploring STR and Y-STR DNA on 1,000 rape victims: Implications on practice. Podium presentation at the American Academy of Forensic Sciences Annual Scientific Meeting, Orlando, FL.

Valle, A., **Wing, D., & Ray, G. L.** (2015, March 11). Poverty simulation: The impact on nursing students. Poster presentation at the Utah Valley University Annual Nursing Research Conference, Orem, UT.

Winters, B. A., & Mabey, L. (2015, April 24). Images of the Navajo Nation: An art journaling experience. Poster presentation at the Western Institute of Nursing Annual Communicating Nursing Research Conference, Albuquerque, NM.

APPOINTMENTS

Associate dean and teaching professor **Dr. Kent Blad** was designated cochair for the 2018 Annual Congress of the Society of Critical Care Medicine (SCCM) and chair of the American College of Critical Care Medicine Fellow of Critical Care Medicine (FCCM) Credentials Committee.

Associate teaching professor **Dr. Sabrina Jarvis** became a national consultant for SCCM’s Fundamental Critical Care Support training.

Associate professor **Dr. Beth Luthy** is a member of the Advisory Commission on Childhood Vaccines and of the Federal Commission for the United States Secretary of Health and Human Services.

Associate teaching professor **Debra Mills** is now the chair-elect for the Utah State Board of Nursing Education Committee.

Assistant teaching professor **Julie Valentine** was chosen to join the National Institute of Justice’s Sexual Assault Forensic Evidence Reporting (SAFER) Act of 2013 National Working Group Committee.

Assistant professor **Dr. Karen Whitt** was appointed to serve as a member of the Standard Setting Panel for Advanced Genetics Nursing board certification of the American Nurses Credentialing Center.

Academic advisor **Cara Wiley** was selected as the BYU representative to the Utah Advising Association.

2016 Events

Plan now to participate
in these fun alumni
networking activities!
Our free events are a
great way to meet new
friends and connect with
past nursing associates.

Night of Nursing



a BYU nursing
reunion in your
community

March 3

Host • Attend
nursing.byu.edu



Speed Networking Lunch

Alumni-Student Event

February and October

**Saturday of
Homecoming**

*Annual
Homecoming
Alumni
Service
Project*

April 28

LUNCHEON and RECEPTION
for NURSING ALUMNI attending

Women's Conference

SPONSORED BY THE COLLEGE ALUMNI BOARD



April 7

BYU event for WIN
Conference participants
and California alumni

Disneyland Hotel

