

LEARNING THE Healer's art

BRIGHAM YOUNG UNIVERSITY COLLEGE OF NURSING | FALL 2019



The Nursing Alumni Association at 20 Years

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Night of Nursing Expansion

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New Faculty

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The Family Connection: It's All Relative

I recently read an entry from urban-dictionary.com that defined *family* as a group of people “who genuinely love, trust, care about, and look out for each other. . . . Real family is a bondage that cannot be broken by any means.”

That got me thinking about the “families” we have here at the College of Nursing.

In each of the six nursing semesters, individuals sustain one another as they advanced together through the program for three years. They learn to value members for their unique abilities and assets, rather than as competition; spending hours as one group establishes our caring heritage.



Our faculty members and staff can state how they have grown in unity, love, and support for each other as they collaborate on projects, class instruction, and lab preparations. They spend large amounts of effort, both individually and jointly, focused on making a difference to the campus community. This unity and bond emanate to our students, and the circle of influence expands further.

Lastly, I hope that all of you, as graduates, feel connected to the college as a collective family through the alumni association. Just as your own family can provide strength as a mechanism to encourage solid, healthy relationships,

the college alumni association supports activities to enhance student learning, foster employment for graduates, and create collegial relationships that build the individual, the profession, and the reputation of Brigham Young University.

A sense of belonging supports the mission and goals of the college by rekindling the spirit of the BYU nursing experience, encouraging financial contributions, promoting a sense of community, and harmonizing nursing with gospel principles through knowledge, faith, and healing.

This issue features stories of ways to connect with the college alumni association, including plans for next year's

Night of Nursing broadcast watch parties. It also highlights an alum's perspective of her service in Africa, the latest recipients of the college DAISY recognition awards, and inspiring learning experiences with nursing students and faculty members.

The publication features the scholarly works of Dr. Deborah Himes and Scott Summers, spotlights faculty member Lacey Eden, introduces three new college professors, and includes a tribute

to a beloved retiring faculty member, Dr. Mary Williams. The positive changes to our college family continue to grow.

I am pleased to announce the expansion of our program. Thanks to additional university funding, the College of Nursing at Brigham Young University will now accept 20 more students annually, with 74 students starting twice a year. Also, the admissions process recently transformed to promote a more inclusive approach to undergraduate nursing student selection. While grades are still an important consideration factor, other variables such as service, leadership, videoed interview questions, and a behavioral assessment

Just as your own family can provide strength . . . the college alumni association supports activities to enhance student learning, foster employment for graduates, and create collegial relationships that build the individual, the profession, and the reputation of Brigham Young University.

will play a greater role in the selection process.

While we know that the nursing program is hard and we want students to be successful, we also realize that nursing is a caring profession and that GPA and ACT scores don't necessarily measure caring and empathy. These adjustments ensure that our nursing students are smart as well as compassionate and caring.

I encourage you to join with us as we continue on the path of excellent nursing education. We are ever grateful for all who support and assist the College of Nursing in our efforts to teach, learn, and practice the Healer's art. 📖

Patricia Ravert

Patricia Ravert
Dean and Professor, BYU College of Nursing

LEARNING THE Healer's art FALL 2019



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2 An Organization's Impact: The Alumni Association at 20 Years

The alumni association for the College of Nursing creates opportunities for alumni to network, reminisce, and have fun—both on campus and nationwide. See its influence and how you can enjoy its benefits.



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8 Night of Nursing: A Tradition of Fun

Each March, nursing alumni gather across the country in community broadcast watch parties to connect through a night of fun, laughter, prizes, and inspiring messages.



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20 New and Retiring Faculty Members

After 41 years of service, Dr. Mary Williams is retiring from the college. Read about her teaching legacy as well as three new faculty members just starting their college careers.

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The Alumni
Association at
20 Years

An Organization's Impact

BY JEFF L. PEERY

FOR NEARLY TWO DECADES, the alumni association of the College of Nursing at Brigham Young University has supported students as they graduate, find jobs, and advance in their careers. Through the years, the organization supported the college's 50- and 60-year celebrations, sponsored endowment fundraisers, saw dozens of faculty start employment or retire, and welcomed over 2,000 additional members to its group.

"The alumni association is more than individuals raising money for the college," says dean and professor Dr. Patricia Ravert (AS '74, BS '75, MS '94). "It is an

organization focused on helping alumni connect with students, alumni to connect with each other, and [it] enlarges the spirit of the Y through community efforts. If you are not aware of what the association offers, you may be missing opportunities to mentor, reflect on, and support the programs of the college."

Each year, the College Alumni Board sponsors 10 events for your participation—both on campus and throughout the nation—and several other methods for you to become involved with students and other nursing graduates.

Unique Events

ANNUAL NIGHT OF NURSING. This is a broadcast watch party in your community. One night each year, BYU College of Nursing alumni meet together in small groups across the nation to reminisce, network, and have fun. This is perhaps the best way to connect with the college because we come to your community.

In 2020, we will gather on Thursday, February 27. Large parties on campus, in the Salt Lake Valley, and on the campus of BYU-Idaho will connect via video conference with participating sites nationwide.

Through a videoconference connection, locations can see other gatherings and participants. For those in person, alumni can meet people from their area for support and career opportunities. "While each gathering varies, all focus on eating, socializing, remembering campus life, and having fun," says Ravert. "The purpose of the activity is to network and learn of individuals living near you as a means for career support, professional advice, or just friendship. I encourage you to find a location near you and come be part of the next nationwide broadcast parties."

No event in your city? Offer to host! The college will help you plan and organize your event including sending you a kit with door prizes, invitations, and signage.

For next year's parties, the college is partnering with BYU-I nursing to invite their alumni in your community. "It will be exciting to have both groups come together as they share the same values, profession, and sponsoring organization of their university."

SEMIANNUAL ALUMNI CAREER NIGHT. This luncheon, which occurs on campus in September and January, allows alumni to share their career knowledge with early-program nursing students.

"While the nursing program provides extensive curriculum, it is not able to cover every career possible, and there are several unique options out there," says Ravert, "topics such as forensic nursing, school nursing, nurse advocacy, or reviewing the advantages of advanced degrees."

The event offers students the opportunity

to learn about a variety of careers, ask professionals about their jobs, and know what they need to do to reach their career goals. For those living near campus, this is a great way to connect with students. There is no cost for alumni to participate, but space is limited. To attend, RSVP to nursingpr@byu.edu.

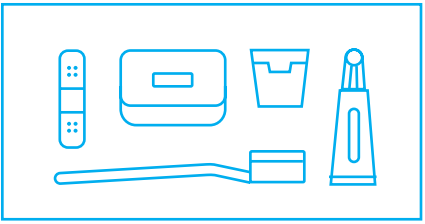
SEMIANNUAL SPEED "NURSEWORKING" LUNCHEON. This luncheon, which occurs on campus in October and February, allows alumni to share their career insights with senior nursing students. The format is similar to speed dating, with students changing tables each course of the meal to meet more people. There is no fee for alumni to participate, but space is limited. To attend, RSVP to nursingpr@byu.edu.

GRADUATE PROGRAM REUNION. The second annual graduate program reunion is November 12, 2019. This event is for all nursing alumni completing the master's program and their families. The evening will offer the opportunity for nurse practitioners and nursing administrators to connect with peers, receive updates from the college, and enjoy a free meal (along with structured activities available for children under 10 years of age). To attend, RSVP to nursingpr@byu.edu.

WOMEN'S CONFERENCE ALUMNI LUNCHEON. If you are attending BYU Women's Conference next year, make sure to stop by on April 30 for a free lunch! We will be on the northwest patio of the Kimball Tower (enter from the outside staircase or through room 130 KMBL) and will offer food from 11:45 a.m. to 1:00 p.m. A guest is welcome to attend with you. Attendees will receive a unique college promotional item and can tour the Mary Jane Rawlinson Geertsen Nursing Learning Center. Even if you are not attending the conference, please come and enjoy our company. To participate, show up—no RSVP needed!

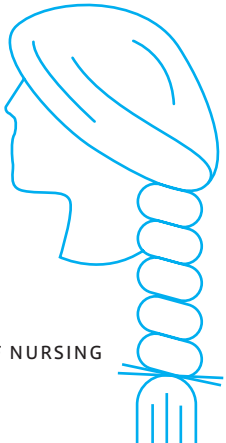
WESTERN INSTITUTE OF NURSING CONFERENCE RECEPTION. Each year, dozens of college faculty and nursing students attend the Western Institute of Nursing (WIN) Annual Conference. As part of the event, the college connects with local alumni in the conference city and invites them to enjoy an evening with visiting College of Nursing faculty, including Dean Patty Ravert, and other BYU nursing alumni. A free dinner is part of the gathering. The event next year is on April 16 in Portland, Oregon. To attend, RSVP to nursingpr@byu.edu.

Become Involved. You may be missing opportunities to be a mentor or lend your support.



ALUMNI SERVICE PROJECT. On the Saturday of BYU Homecoming Week (October 19 in 2019), alumni, faculty, and students gather annually to assemble materials for different kits. Each spring term, senior nursing students distribute these kits during their clinical practicum sections of the public and global health nursing course. Kits are for newborns, personal hygiene, dental care, first aid, and home cleaning. The college appreciates the financial gifts and donated items received for this project. For more information on assembling kits or donating materials, email nursingpr@byu.edu.

THE MAGIC YARN PROJECT WIG WORKSHOP. Each March, the College of Nursing hosts a wig workshop for the Magic Yarn Project that allows individuals to craft soft and whimsical yarn wigs for children battling cancer. All supplies are ready for assembly in the main ballroom of the Wilkinson Student Center (next year on March 21). Bring your family and friends and help the university reach an annual goal of making 500 wigs. The nonprofit organization was cofounded by alumna Holly Willardson Christensen ('06) and was inspired by Rachel G. Mecham ('06), whose daughter was the recipient of the first wig.



Like or Share.

Social Media Channels

"The College of Nursing realizes its alumni are located through the nation and world and attending events on campus may not be an option," says Ravert. "However, one thing that every graduate can do regularly is read, like, share, and offer comments to the content published by the college on its social channels."

Here are some channels the college utilizes:

BLOG. For the past five years, the college has shared almost daily stories to promote the accomplishments of faculty, students, alumni, and its program on the Learning the Healer's Art blog. These posts range from faith-promoting articles to stories of success and inspiration. The best way to let others know you are proud of your alma mater is to share their achievements with your peers, friends, and family online. The blog is found at byunursing.wordpress.com with stories linked on Facebook.

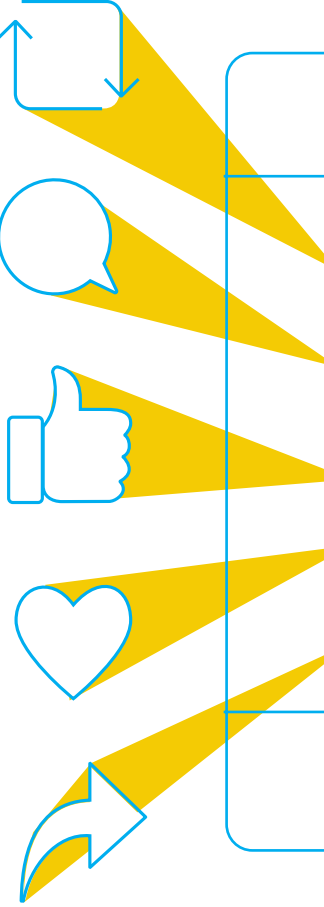
FACEBOOK. The College of Nursing Facebook page began in 2012 as a way to connect with alumni, donors, and friends of the college. Posts include faculty scholarly works projects, student success, and ways alumni are succeeding in their careers. Followers to our page can add comments to posted material as a way to answer questions, recall memories, or add value to the discussion. The college also creates event pages on Facebook for the activities listed above and includes details for those planning to attend. Remember to tag @BYUNursing in your campus- and university-related

posts. The page is BYU College of Nursing, and it can be found at facebook.com/BYUNursing.

INSTAGRAM. Alumni often reflect on their time in simulation labs, clinicals, and campus life. "Because you are interested, we want to share how the nursing program has evolved, and, at times, how college learning hasn't changed at all. With younger alumni following the college, Instagram continues to be our fastest-growing network," says Ravert.

For others just finding this network, follow us for college photos on the official account and tag us, @BYUNursing, in your shots to be featured. We can also like and share your materials if you use the hashtag #BYUNursing.

LINKEDIN. Another great networking resource available to both students and alumni is LinkedIn. There are over 252,800 people on the site who list BYU as their alma mater, which makes it a great place to make connections and establish relationships.



The alumni association is about more than raising money.

Our Focus

Connect alumni with students

(mentoring, clinicals, employment opportunities, pay-it-forward gifts)

Connect alumni to each other

(networking, career professional development, social activities, community)

Enlarge the spirit of the Y

(awards, program recognition, service projects, college magazine)

“In terms of LinkedIn, you are not seeking likes, comments, or shares,” says Ravert. “Instead, the system gives alumni a place to connect and find people of similar interest.”

Because of its design, individuals can only connect with those in their network. However, those who list BYU on their profile can associate with other BYU alumni because of the affiliation. Their profiles can be viewed by selecting Brigham Young University as the school in your profile. Also, the college sponsors a LinkedIn group called BYU Nursing Alumni and Students, which allows participants to have valuable discussions and meaningful interactions with group members.

YOUTUBE CHANNEL. Find videos of alumni events, profiles, program updates, and all things college-related. The channel contains materials produced by the college media team, and it can be found at youtube.com/BYUNursing.

college celebrate its 60th anniversary in 2012, as well as establish a luncheon for alumni attending BYU Women’s Conference.

Under the leadership of **Jean M. Bigelow (AS ’80, BS ’82)**, the association collected donations for the clinical practicum for the public and global health nursing course, organized a day of service that coincides with homecoming, and expanded to offer its creative Night of Nursing and speed luncheon events; the college also broadened its reach to alumni by doubling the number of magazine issues per year and sharing regular spotlights on social media channels.

Besides leading the board, **Curtis C. Newman (AS ’83)** also supports the college as an adjunct professor for the Finland section of the clinical practicum for the public and global health nursing course.

All have led impressive boards who have donated thousands of hours to the service and support of the College of Nursing.

ing the Healer’s Art, “[Bush] brought back the pinning ceremony, where students received their BYU nursing pin in a formal dinner ceremony. She recruited important members of the community and raised the visibility and stature of the college.”

The second board president was **Roger B. Buxton (AS ’76, BS ’79)**. Marshall also states, “[Buxton] valiantly served while pursuing a doctoral degree in medical informatics and battling a diagnosis of cancer. He challenged nursing graduates to give back to the College of Nursing.” Buxton, 66, lost his battle and died in June 2006.

Mary Ann Last Young (AS ’74, BS ’77) followed, and she invited alumna and former member of the Relief Society General Board Mary Ellen Edmunds (BS ’62) to lend her name to the first major endowment for the college.

JoAnne Price Edwards (AS ’75) and **Jane Callahan Coats (AS ’78)** followed as capable leaders of the Alumni Board, including finding full funding for the Edmunds endowment. Coats helped the

ALUMNI CHAIRS

2000-04	Carol Ann Bush
2005	Roger B. Buxton
2006	Mary Ann Last Young
2007-08	JoAnne Price Edwards
2009-12	Jane Callahan Coats
2013-17	Jean M. Bigelow
2018-19	Curtis C. Newman

IN 2000, THE UNIVERSITY FORMALIZED the organization of its alumni board with members who specifically represented each college on campus. Dean Elaine Marshall also took the opportunity to formally organize a College of Nursing Alumni Board. The founding president, **Carol Ann Bush (BS ’65)**, gave countless hours to organizing the board, developing its mission and values, and promoting supportive relationships with students and faculty. According to Dean Marshall’s history book *Learn-*



Additional College-Sponsored Opportunities

PAY-IT-FORWARD SCHOLARSHIPS. To pay it forward means that instead of paying the college or donor back for a received scholarship, you contribute to the college for someone else.

“Some alumni think they need to make a sizeable gift to make a difference to the college,” says Ravert. “The sum of many small donations adds up and can combine to support students, faculty projects, and college programs in noticeable ways.”

Ravert also suggests that when you pay it forward three things happen: you change the circumstances of someone else for the better, you inspire generosity and compassion in others, and you consider others’ needs.

“At times, we think about our own needs without considering how our behavior affects others,” says Ravert. “Ultimately, the person paying it forward grows as much as the person receiving the act of kindness. You may be the answer to a prayer or save another person’s life without even realizing it.”

You may make a contribution of any amount at give.byu.edu/nursing. There, you may choose if your gift is used toward students receiving scholarships (annual fund), being involved in international clinical practicums (public and global health), or learning from a faculty member outside of class through a scholarly works project (mentored learning).

OPPORTUNITIES TO VOLUNTEER. The college is always seeking volunteers to serve on its alumni board, during campus conferences, and at alumni events. If you would like to get involved in one of these ways, please contact nursingpr@byu.edu.

University-Sponsored Opportunities

BYU CONNECT. The university recently relaunched BYU Connect, a platform to facilitate professional mentoring and networking opportunities within the BYU community. It allows students and alumni to connect (for career advice, job/relocation questions, or even lunch appointments) and also allows alumni to build and maintain relationships with fellow alumni.

“I see this tool as a way for an alum to find and reach out to other alumni in beneficial ways,” says Ravert. “For example, an alum may ask someone in Chicago the best place to live, or an individual moving to California may review a hospital with a classmate from the area before accepting a new position there.”

Being connected for good not only means staying connected to the BYU community long term but also means being built upon the foundation of doing good. Create a free account and start participating today at connect.byu.edu.

BYU RISE. Share your story. RISE is a program designed to illustrate what alumni are currently doing in their lives. Whether you are raising a family, working as a professional, or leading a facility team, RISE allows you to tell your story. This is a great way for alumni to reconnect with their roots and show how BYU influenced and prepared them for success in their current responsibilities. Anyone can submit an entry to RISE through the BYU Alumni website alumni3.byu.edu/watch4cougars.

“Most nurses are humble or feel that they have not completed anything grand with their career,” says Ravert. “Remember, when you share an informative or inspirational narrative, you are not boasting—you are letting others know how your degree has made a difference. This helps promote the college, its faculty, and our program.”

Tell others how your degree has

made a difference.



Night of Nursing

A Tradition of Fun

By Quincey Taylor

HUNDREDS OF NURSING ALUMNI. FORTY LOCATIONS. ONE NIGHT TO REMEMBER.

March 7, 2019, was the College of Nursing's sixth annual Night of Nursing at Brigham Young University. This event took place on campus but was broadcast to locations across the country, connecting nursing alumni through a night of fun, laughter, prizes, and inspiring messages.

The idea for this event was sparked to help nursing alumni throughout the nation stay connected to the college while also learning of other nursing individuals in their communities for support and more networking opportunities.

The evening focused on recruited hosts inviting nursing alumni and friends to their home; many sites joined a conference call to learn about current college happenings. Through the video broadcast, each location can hear a positive message, see other participants, and reminisce about university experiences. The message originated on campus and featured a message from Dean Patricia Ravert.

Four hundred and thirty-four BYU alumni, nursing alumni, and friends of the College of Nursing at Brigham Young University came together to create friendships. With participants at so

many different locations celebrating, this year's gatherings was the largest collective college-sponsored alumni event to date.

One attendee sharing feedback on a post-event survey said, "We liked seeing those from far away cities. We saw others around the country that we know or went to school with. Thank you for this event to keep us connected!" Another alum wrote, "I loved being able to connect to so many locations and see classmates in other areas!"

Plan to join a party next year on February 27, 2020. The broadcast will feature Dr. Sandra Rogers (BS '74), former college dean and current international vice president at Brigham Young University; she is also chair of the BYU Women's Conference. Her message of humor, deep insights, and a powerful testimony will only be available to those participating in a broadcast watch party.

The college is also partnering with BYU-Idaho Nursing to invite their nurs-

ing alumni across the nation to participate in their community. This unique collaboration will strengthen both alumni groups as they share the same values, profession, and sponsoring organization of their universities.

One expansion for the Night of Nursing broadcast watch parties in 2020 is to include nursing alumni and friends of the university from BYU-Idaho!

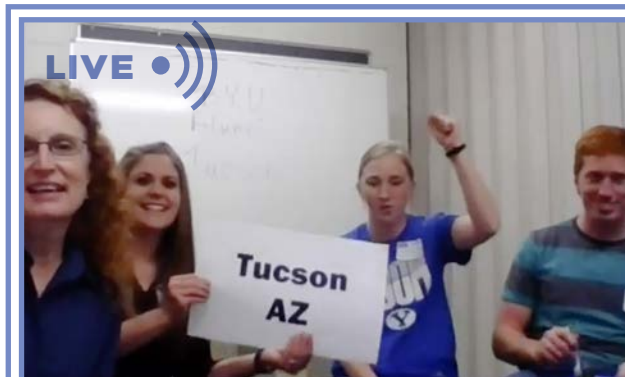
BYU
IDAHO

"We liked seeing those from faraway cities . . . that we know or went to school with. Thank you for this event to keep us connected!"



LOS
ANGELES,
CA

TUCSON,
AZ



DETROIT,
MI

Hosts Make Night of Nursing Come Alive

Hosts offered to make Night of Nursing happen in their hometown, wherever that may be. These hosts, who were not paid or compensated, opened their homes to fellow nurses and BYU alumni out of the goodness of their hearts.

Emily Dougall (BS '05, MS '12) of Chesterfield, Michigan, was the gracious host for the Detroit, Michigan area. She was inspired to get involved after seeing pictures of Night of Nursing in other locations in 2018. She says, "After seeing friends and fellow BYU alumni post photos to Facebook last year of their Night of Nursing, I'll admit I had a little Facebook envy. I felt left out. I decided I wanted to make it happen for my area the following year, even though I knew we'd be a very small gathering." After making the preparations and using the hosting kit provided by the college, Dougall had great success.

Thanks to her employer, which provided some supplies, Dougall's hosting skills excelled as the refreshments for the party resembled a medical clinic lab. There was apple juice in specimen cups (urine collection), marshmallows (cotton balls), licorice ropes (blood vessels), cups of candy (morning meds), and home-made brownies.

She says, "There were five of us—three BYU alumna with myself, Jennifer W. Maruri (BS '00), and Annette J. Dahl (BS '05), and two additional nursing friends we know from the area. We had a great night and plan to make it happen again next year. The best part was purely the chance to talk and share our varied experiences in career, educational, and family paths. It is so insightful to see how others use their degrees and how they balance life after their degree. If you are wondering whether you should attend or not, do it! Never miss a chance to connect with someone new."



"The best part was purely the chance to talk and share our varied experiences in career, educational, and family paths. It is so insightful to see how others use their degrees and how they balance life after their degree."

—Emily Dougall, Chesterfield, MI



BOSTON,
MA

SPOKANE,
WA



DALLAS,
TX

ALBUQUERQUE,
NM

434 NURSING
ALUMNI

40 LOCATIONS

1 NIGHT ONLY!

NEXT NIGHT OF NURSING

Thursday
February 27, 2020



ATLANTA,
GA

Nurses empathize with each other concerning the various experiences that they have in their line of work. By coming together, nurses strengthen one another and show that each is not alone. Heidi W. Schaber (BS '05), the host for the Spokane, Washington, gathering, says, "I think nursing is a unique profession and one where we can make quick bonds with other nurses who have the same love of service and caring for others."

Holly B. Simmons, a BYU Humanities alumna from Arlington, Virginia, was the host for a Washington, DC, gathering. She believes it is important for nurses to have the chance to meet and says, "It helps to find other nurses who understand the stress; they provide advice and support to each other." It was impactful to meet with other BYU alumni and share thoughts about their university experiences. She says, "One of our nurses shared several stories about his BYU professors and what they meant to him."

Each host is given the liberty to customize their gathering of how they choose. Hosts are encouraged to be creative and celebrate nursing in different ways. Simmons used Night of Nursing as an opportunity to teach stake youth about the BYU nursing program. Opportunities like this can be especially impactful to young people who are still thinking about who they want to become.

Another host shared how her guests opened up to each other and connected. She says, "I invited nursing students, and it lifted everyone. My guests ended up sharing testimonies. It was moving." Even though this host did not originally plan to have a testimony meeting, the Spirit was felt by all who attended, and she was grateful for the event's flexibility.

Corrine B. Nelson, a BYU Family, Home, and Social Sciences graduate hosted the event for the Dallas, Texas, area. She went above and beyond by serving dinner while guests shared memories of their time at BYU. Each attendee felt that she cared for and appreciated them, even though she did not study nursing while in school.

Networking is another reason Night of Nursing is so helpful to nursing alumni. Tammy B. Rampton (BS '05), the host of the Boise, Idaho, gathering, says, "In talking with one another, we were all able to share job opportunities and ideas for

different situations and needs as well as just enjoy the feeling of being in a group where you have an instant connection and common interests." By finding these connections, nurses can find the best opportunities for their careers.

She believes the best part of Night of Nursing was visiting and getting to know other great nurses in her community. "Personally, my favorite part is hearing everyone's story of what they have done in nursing and life since they graduated. They have worked in a variety of areas and had different ways of balancing nursing with the rest of life."

College Support

To help make the process as seamless as possible, the College of Nursing staff helps hosts in any way they can. Assistance for advertising as well as potential activities is given to all volunteers.

Once a location is determined, the col-

lege sends postcard invitations to alumni in the area informing them of the party details (time, location, host, etc.).

Every host is sent a hosting kit, or party-in-a-box, to make the experience memorable. Included in the kit are BYU swag and prizes, games, balloons, a list of BYU nursing alumni invited to the location, and extra invites. Simmons says her favorite part of the hosting kit was the recipe for BYU mint brownies. Making this dessert brings a little bit of BYU into the event, regardless of where you are.

"As hosts, party-in-a-box makes us feel supported by BYU—we certainly feel unity and the spirit of the Y," Simmons relates. These gatherings, regardless of the number of attendees, can bring the spirit of the Y into the lives of BYU alumni in your area.

Schaber says, "Hosting a Night of Nursing broadcast watch party is very easy. It is a fun activity that gives you satisfaction and helps you remember the

Healer's art. The evening is also a great way to share your BYU pride."

You Are Not Alone

There are nurses wherever you go, and many times, a friend is out there waiting to make a connection. Schaber says, "There were more nursing alumni close by than we realized." Night of Nursing will be continued as a tradition of fun, bringing strangers together and making friends who otherwise might not have met.

The next Night of Nursing is Thursday, February 27, 2020. There are two ways to participate: Host. Let us know if you are willing to host an event in your community by emailing nursingpr@byu.edu. Attend. In February 2020, visit nightofnursing.com to view location details. +

Hosts appreciate the party-in-a-box:

The materials and information you need to be successful are provided! (door prizes, raffle tickets, host guide, printed materials for participants, etc.)

- BYU swag; free stuff with a BYU logo is always welcome
- BYU mint brownie recipe, a reminder of being on campus
- Fun party games (with participant handouts included)
- Signage and balloons to make decorating a cinch.

The extra invites are great to send out to nurses in the area who are not BYU grads but are interested in networking.

Hosts may use the event to support their community, as an opportunity for youth in the community to learn about nursing as a career, as a university alumni chapter activity, or as a service project to support youth programs or collect refugee materials.

"In talking with one another, we were all able to share job opportunities and ideas for different situations and needs."
—Tammy B. Rampton, Boise, ID

REXBURG,
ID



BOISE,
ID





Another Step Towards Lifelong Service

By Corbin Smith

“This experience [with mentored learning] has taught me how rich an educational experience can become simply by looking beyond the classroom!” says sixth-semester student Sarah Rushton. “During the rest of my time at BYU, I intend to continue to create meaningful relationships with professors and look to explore different aspects of nursing.” Rushton is one of several nursing students working on nearly three dozen scholarly works projects currently being offered as part of the college’s mentored-learning initiative.

One of the aims of a BYU education is to inspire students to lead a life of learning and service. To help achieve this vision, students work with nursing professors as part of Brigham Young University’s mentored-learning initiative, which encourages students to participate in extensive hands-on learning with faculty research or other projects that contribute to the discipline.

For the past school year, Rushton, along with recent graduate Camry A. Rogers (BS ’19), worked with associate teaching professor Gaye Ray (AS ’81) in her study of family health history. They learned to use various tools to acquire that history. When talking about the information obtained, Rushton says, “When we understand one’s familial

health background, more specific health-care may be provided which can allow for the detection and prevention of disease and sickness for individuals.”

That was her motivation for the long research process. To complete the project, the students worked numerous hours to conduct over 100 interviews and analyze the data. Together they reviewed their findings and obtained approval to share the results as a podium presentation for the Western Institute of Nursing (WIN) annual conference last April.

For Rogers, this opportunity to work closely with Ray has been indispensable. “Through Ray’s mentorship I have gained confidence and know that I can tackle hard projects, whether that be in the nursing world, like starting my first job, or in my personal life,” she says.

This experience in the lives of Rogers and Rushton was one that helped them look beyond the classroom to the innumerable ways they can serve others as nurses. Thanks to their time working with Ray, both have gained experience that will allow them to live lives of service more easily. “She has encouraged me to one day inspire others as she has inspired me,” says Rogers.

The inspiration may have already occurred during their 20-minute WIN presentation when both students stood at

“This experience has taught me how rich an educational experience can become simply by looking beyond the classroom!”

—SARAH RUSHTON

a podium in front of a room full of strangers and spoke about their project with Ray, its data, and its implications for nursing. They did not use notes, read from their digital slides, or even stammer for scientific answers during the Q&A session. Many of the conference attendees were surprised to find that Rogers and Rushton were not PhD or master’s candidates, but undergraduate students being mentored.

When asked about the professionalism of the presentation, Ray says, “My research assistants had to acquire knowledge and expertise in subject areas beyond classroom options. This required them to present findings naturally and to be able to discuss their research outcomes with interdisciplinary educators and healthcare professionals, among the reasons for the success of the university’s focus on experiential learning.”

Assistant professor Dr. Bret Lyman led another team attending the conference. He recruited fourth-semester student Kylie Thorum, graduates Margaret “Maggie” M. Gunn (BS ’19) and Emily L. Hammond (BS ’19), and second-year graduate student Kalene Mears Ethington (BS ’15, MS ’19).

After giving a flawless podium presentation, Sarah Rushton (left) and Camry Rogers (right) smile with their professor and mentor Gaye Ray (center).

The team’s research focused on organizational learning in healthcare systems. Hammond describes organizational learning as “a process of positive change in an organization’s collective knowledge, cognition, and actions, which enhances the organization’s ability to achieve its desired outcomes.”

Dr. Lyman and his team have been trailblazers in researching how to apply organizational learning in a healthcare setting. This lack of information has allowed the team to lay the groundwork so that others can further study how to use this concept to achieve better patient outcomes in the hospital.

The group wanted to share their project with others, so they submitted three proposals for poster presentations at the WIN Conference. All were accepted and provided opportunities for the students to talk directly with session participants about their results. Poster topics included organizational learning during a significant hospital transition, instrument development for developmental stages of organizational learning, and instrument development for contextual factors of organizational learning. (See a video featuring students during the WIN Conference at nursing.byu.edu.)

While the research was underway, Hammond quickly learned the power of working in a team. “My favorite part of doing research was coming together after we had gone through the hard work of reading through articles,” she says. “I learned how to work effectively in a team which will help me as a nurse as well as in other aspects of life.”

Besides the experience of attending a professional conference with their professor, Hammond and Gunn were also recently coauthors on one of Lyman’s articles published in the *Journal of Advanced Nursing*. He and Hammond were also published last year in the *Journal of Nursing Management*. In the past four years, Lyman has seven publications, and six of them include undergraduate nursing students as coauthors.

Gunn has loved learning from and getting to know Lyman. “It was awesome to have an opportunity to work so closely with him. In addition to Lyman, all of



Dr. Bret Lyman (bottom left) mentors many students. With college inspiring learning funds, Lyman took four students and three posters to a professional nursing conference in California. Pictured with him are Kylie Thorum and Emily Hammond. Also, (top left) is Kalene Ethington and Maggie Gunn

the college professors have such strong passions and interests, and working with them outside of class gives you a chance to get to know them better,” she says.

Thirteen students attended the WIN Conference. They presented 12 posters and two podium sessions with the mentoring of 10 faculty members. Other projects focused on breast cancer communication, 19th-century nursing history, and heart failure readmissions.

Nursing students often graduate with a focus on how they will function in their role in caring for patients at the bedside. Students who participate in learning history research can understand how their bedside care fits within the context of many other aspects of the unit, as well as the unit’s history. This broad perspective prepares them to be clinical leaders and play an active role in improving the performance of their unit.

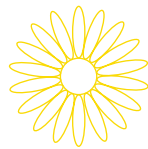
Mentored learning is vital for students looking to gain unique experi-

ence and skills. Because of the guidance they received, many of them want to do research on their own in the future and follow their passions. Undoubtedly, each student is now more prepared to fulfill the four basic aims of BYU, especially that of lifelong learning and service.

The college started a campaign in 2016 to raise funds to facilitate mentored learning and to allow as many undergraduate students as possible to receive unique outside-of-class learning experiences while they are undergraduates. The interest from this endowed fund is allocated for college grants to hire research assistants or add more faculty research or contribution to the discipline projects.

We are pleased to announce that the campaign has reached \$572,794—57 percent of the \$1 million goal. Alumni, students, and friends of the college may donate online at give.byu.edu/nursing (select “Nursing Mentored Learning” as the account).





Compassionate Individuals Receive College DAISY Awards

By Jeff L. Peery

The College of Nursing at Brigham Young University continues to partner with the DAISY Foundation to recognize nursing professors and students who show extraordinary compassion.

The DAISY Award for Extraordinary Nursing Faculty

SABRINA JARVIS

During her nursing career, associate teaching professor Dr. Sabrina Jarvis worked as a family nurse practitioner at the Salt Lake City Veterans Affairs Medical Center. During her clinical practice, Jarvis not only found fulfillment in nursing but was introduced to teaching. However, she reports, “It was quite the learning process.” She was shy and unfamiliar with giving presentations. Thankfully, she had a good mentor, one who could teach her about presentations and tap on a projector if she was going overtime. “As you go along, you learn,” Jarvis says. “I do not think you spring up being a full-blown teacher; you have to learn the craft.”

Those early experiences prepared Jarvis to teach at Brigham Young University, where she has been teaching for the past twelve years. For her, the craft of education is not just in planning lessons or grading projects; it is about the relationships she builds with her students. She lives life by a philosophy her father taught her: “In every encounter during your day, it is usually not neutral; it is either going to be positive or not.” Those encounters are often as small as a smile or asking someone how their day is going. Jarvis is also a firm believer in communication. “I also don’t believe in ESP—if we don’t ask, we don’t know.”

“We go past a lot of people, and how much connection you make is up to you,” says Jarvis. She makes a habit of talking with her students after class and strives to learn a new name every day. These simple, trust-building acts have paved the way for opportunities to give of herself. “You don’t realize you’ve made an impact

in the moment because you’re just trying to help someone, and you learn from them,” Jarvis says.

A student who nominated Jarvis for the DAISY award wrote, “I nominated her because I was impressed with how supportive and positive she was as she helped me during a project. She created an environment where I felt important and could turn to her for help if needed. I knew I had an advocate who wanted to see me excel. During the semester, she followed up and showed genuine care for me. My understanding of the Healer’s art has been expanded and deepened thanks to the example of Sabrina Jarvis.”

Of the student’s letter, Jarvis said, “It just touched my heart. You don’t think you’re having that impact on a person, and for her to take the time to share beautiful words, . . . that to me was the award.” As a nurse, it has always been about making connections.

The DAISY Award for Extraordinary Nursing Students

SHERRY HUANG

From bringing treats to class to remembering everyone’s names, Sherry Huang (BS ’19) truly emulates the spirit of the DAISY award.

Learning the names of all her patients and coworkers is important to Huang. Laura Grenfell, a fellow student, says about Huang, “In class, she knows everyone and is aware of the details of everyone’s lives. In clinical, she has com-

The DAISY Foundation is a nonprofit organization established in 1999 by the family of Patrick Barnes. When he died at the age of 33 from complications of an autoimmune disease, the Barnes family decided to do something positive to honor him. After his death, they founded DAISY—an acronym for diseases attacking the immune system—to thank the nurses who cared for him and to recognize exceptional nurses around the world.

QUINCEY TAYLOR



The college recognizes compassionate individuals each semester. Pictured are James Reinhardt (left), Sherry Huang, Dean Patricia Ravert, and Dr. Sabrina Jarvis.

passion for the patients’ troubles and concerns.” When asked about this passion for individual lives, Huang comments, “I think I picked that up from Professor Gaye Ray my first semester. As a student, when a teacher calls you by name, you feel so important. I wanted to be able to do that. I think the little things can show a lot of compassion.”

Compassion is something Huang believes is essential in the workplace. She says, “When you’re in the hospital, you’re with people in their worst days. They need compassion at that moment.” Classmate Claire Weeks also shares an example of how Huang shows compassion daily: “Sherry never complains and can lift everyone else around her. Not only does she care for her patients, but she also cares for her other nursing students. For example, on our drive to clinical, it was not uncommon for her to bring us homemade muffins.” When asked about this, Huang laughs, “Food is very therapeutic!”

One of Huang’s most influential role models has been associate professor Dr. Julie Valentine. She has been inspired by Valentine’s work with sexual assault victims and hopes to follow in her steps. Fellow nursing student Emily Santillan says, “Sherry cares deeply for her patients and constantly strives to make herself into the best nurse possible so she can give excel-

lent care. She has gone through an extra training program to help victims of sexual assault, has helped with the research of sexual abuse, and hopes to become a SANE [sexual assault nurse examiner] one day.”

Huang has a bubbly personality and can stay positive even when things are tough. When asked how she can stay happy even on hard days, Huang responds, “I have experienced failure in my life, with school, and with different life experiences, and I honestly think that has helped me a lot. If I don’t do well on a test or if something goes wrong at clinical, it’s easy for me to bounce back and think ‘everything will be okay’ because it always has been every time I fail at something.” She also heavily relies on prayer, scripture study, and church attendance to stay positive in difficult times.

JAMES REINHARDT

Selected by nomination forms filled out by other nursing students, James Reinhardt, a sixth-semester student, goes the extra mile in showing everyone around him that he cares.

When he found out he had been selected as one of this semester’s DAISY student recipients, Reinhardt felt surprised and humbled. He says about the experience, “I think it made me want to live up to those expectations a little bit

more, to make sure that I can back up what they’ve said with my actions. It makes me want to make sure I’m doing everything, even holding the door open for somebody.”

Student Jane Harlan says, “James never hesitates to help a patient that is in need. It doesn’t matter how smelly, how messy, how off-putting the job is. The patient doesn’t even need to be his—if he sees a call light that has been going off, he responds. He treats everyone with respect and kindness.”

Fellow student Allie Giguere also illustrated this characteristic of Reinhardt’s by sharing an experience: “Last semester there was a code during clinical, and James noticed that the patient’s father was alone and struggling, so he went into the room and supported this dad and let him know that he was not alone. I was impressed by his ability to notice a need and have the motivation and courage to fill that need. As a student, it is sometimes difficult to know your place in the clinical situation, but James put himself out there and did what he could to help a suffering soul.”

When asked how he would like to thank those that nominated him, Reinhardt laughs and says, “Besides owing them lunch? I guess I’m just really grateful that they notice the small things. It’s cool to be caught doing something good when you don’t think that anybody else is watching.”

Reinhardt knows the importance of integrity at all times, at work and in his everyday life. He says, “Compassion is important in the workplace. However, it’s even more important outside the workplace because that’s when you’re not expected to be nice and you get to show who you are.” ✨

All three individuals received their honors at the college’s annual professionalism conference in February 2019.

Alumni Updates



As part of the Western Institute of Nursing (WIN) annual conference, attending faculty and students came together with local alumni at a college reception in San Diego, California, in April 2019. The college will sponsor another event next April 16 in Portland, Oregon.

Former college dean **Dr. Elaine S. Marshall** turned 70 in March, and two retired faculty members turned 75—**JoAnn C. Abegglen (BS '67, MS '88)** in February and Dr. Barbara H. Mandlecio in May.

Susan W. Garbett (BS '73) is beginning her 24th year as a nursing instructor at BYU–Idaho teaching medical-surgical and gerontology courses.

Catherine Tooke Whittaker (AS '74) was given the 2019 Utah Mother of Achievement award by the Utah Mothers Association. She recently retired after 45 years of being a labor and delivery nurse at Utah Valley Hospital and helped deliver over 3,000 babies during her career. Catherine is the current Ms. Utah Senior America and third runner-up at the national pageant in 2018.

Deanna H. Bell (AS '78) has been the clinical director for HonorHealth Piper Surgery Center in Scottsdale, Arizona, for the past 15 years. Before this position, she served as its OR supervisor, a perioperative specialty coordinator for plastics and reconstructive surgery, and an OR staff nurse.

Deanne Everson Welch (AS '80) of Palo Alto, California, has retired after a 38-year career as a registered nurse at Stanford Health Care in various capacities, including

oncology, cardiology, and home care. To stay busy, she works per diem in utilization management and case management. She received a master of science degree in health services administration from St. Mary's College in Moraga, California, in 1997.

Lorie H. Mitchell (AS '81) has retired after 19 years as a nurse manager at Intermountain Healthcare. She managed the daily operations and staff of a 24-bed adult critical care ICU.

Aleta N. Billadeau (AS '83) began a new position as an associate professor at New Hampshire Technical Institute, a community college in Concord, New Hampshire. Prior to this appointment, she worked for 28 years at Concord Hospital as a nurse educator. She then took 18 months to serve as a mission nurse specialist in Quezon City North, Philippines.

Lori Jones Eining (BS '88) is the director of operations for regional women, newborns, and pediatrics clinical programs for the Intermountain Healthcare Central Region. She obtained her master of nursing in nurse administration from Walden University.


Marianne M. Bennett (BS '92) has spent the last eight years as a clinical services manager for Salt River Pima–Maricopa Indian Community in Scottsdale, Arizona.

Carolyn C. Lewis (BS '92) finished her first year as director of nursing at Texas Lutheran University in Seguin, Texas. She obtained a doctor of philosophy from Texas Woman's University in 2005 and taught as an associate professor at East Central University in Ada, Oklahoma, before her current position.

Bonnie L. Jacklin (MS '95) is a senior nurse executive director for the office of patient experience at Intermountain Healthcare in Salt Lake City. Previously, she served as the chief nursing officer for Intermountain Healthcare's North Region for nine years.

Jared W. Ollerton (BS '98) has been a nurse anesthetist for 12 years at Madison Anesthesia in Rexburg, Idaho.

Terri C. Hunter (BS '99) is a nurse administrator at American Fork Hospital. She received a master of public administration from BYU in 2009 and then served as the director of patient care services at LDS Hospital for nine years.



Kelly K. Wosnik (BS '99, MS '03) will be honored during homecoming with the college's Alumni Achievement Award and will present a campus lecture to alumni, students, and friends on Thursday, October 17, at 11 a.m. in room 270 of the Kimball Tower. Wosnik is a nurse practitioner and owner of Bristol Health, a clinic that offers mental health medication management in Orem, Utah. She has also worked as the medical director for a local pet food manufacturer and established its on-site healthcare clinic for employees and their families.

David R. Hurst (BS '00) recently started a new position as nurse administrator for Alta View Hospital in Sandy, Utah.

Margaret Ashby South (BS '00) is a certified pediatric nurse at Texas Children's Hospital in Houston, Texas. After two years of nursing experience, she took a 13-year hiatus to focus on her family. Her "second career" in nursing started in 2014 with the completion of the semester-long RN refresher course at the University of Texas Health Science Center in San Antonio. She completed the pediatric

ANDREW HOLMAN

nurse residency program at Methodist Children's Hospital in San Antonio, Texas, and has been working as a pediatric nurse in the acute care setting since 2015.

Melanie Hope Oddou (BS '08) began a new position as a women's health nurse practitioner at Kaiser Permanente. She has had 10 years of experience in full-scope OB/GYN practice.

Jaclyn Coleman Thatcher (BS '12) completed a doctor of nursing practice at Washington State University. Her DNP project focused on using group medical visits for chronic pain management in the rural

IN MEMORIAM

The following life sketches are not vetted and were obtained from online obituaries; they are meant to highlight the nursing influence each offered as college alumni.

The first dean of BYU College of Nursing, **Vivian Hansen Mitchell**, helped establish the new School of Nursing at the university in 1952, including overseeing its first uniform, the program curriculum, and recruiting faculty from her nationwide network of colleagues. Vivian, 97, died December 2018.

Barbara Carlson; Provo, UT. Barbara, a retired college secretary, passed away. Her talents on the early office computers were instrumental in gathering reports for accreditation when Dr. Elaine S. Marshall was dean. Barbara, 89, died March 2019.

Norma Tew Berntson (BS '56); Salt Lake City, UT. Norma was among the first graduating class from the BYU College of Nursing. After graduation, she worked in Elko, Nevada, where she met her husband, Dale Berntson, a surgeon. They had a son, a daughter, eight grandchildren, and seven great-grandchildren. She spent over 40 years as a nurse at Primary Children's Hospital, eventually retiring as the head nurse of the recovery room staff in June 1996. Three years later, her grandson was in the hospital, and she directed the staff on the best treatment for him. Norma, 87, died March 2019.

Bonnie Larson Bennett (BS '61); Provo, UT. After graduation, Bonnie worked at LDS Hospital in Salt Lake City. Seeking adventure, she went to Germany in 1965, where she met and married Thomas Bennett. After his tour of duty, they moved to Idaho and eventually settled in Provo to raise their three children. They also had eight grandchildren and two great-grandchildren. Bonnie worked as a registered nurse for over 35

primary care setting. She has also been teaching at WSU in their undergraduate and RN-BSN programs for the past four years. Her family recently moved to New Jersey so her husband could complete a five-year urology residency.

Quincey McGuire Melonakos (BS '13) recently completed a doctor of nursing practice from the University of Utah and looks forward to providing healthcare for patients of all ages. She has been working at Primary Children's Hospital the last four years.

Erika Brown Lewis (BS '15) completed a doctor of nursing practice from the University of

Utah and holds certifications in crisis prevention institute training, advanced cardiac life support, and trauma nursing core course.

**New promotion?
Advanced degree?
Recently published?**

Let your peers across the country know of your success and status. Email nursingpr@byu.edu. Your news may be included in the next edition of *Learning the Healer's Art*.

Kathryn Lee Gillette Ellett (AS '70); West Jordan, UT. Kathryn worked at LDS Hospital for nearly 45 years. She was an adventurous person and enjoyed river rafting and hiking. Kathryn, 70, died January 2019.

Sara Dean Orton Black (AS '72); Beaver, UT. Sara worked for 25 years as the director of nursing for Beaver Valley Hospital. There she mentored many healthcare providers and taught them what it meant to care for the sick and injured of Beaver County. She helped deliver countless babies, who each received a pair of her knitted booties. Following her career, she continued to serve and mentor others who desired to obtain an education or career in the healthcare industry, including her 12 grandchildren, 41 great-grandchildren, and 37 great-great-grandchildren. Sara, 93, died December 2018.

Ellen Rae Jacobsen Meaders (BS '72); Taylorsville, UT. Upon graduation, Ellen married her husband, William. After working three years as a registered nurse, she "retired" from nursing to raise eight children and 13 grandchildren. Ellen, 69, died April 2019.

Rosanne Schwartz (BS '78, MS '81); Highland, UT. Education was an important part of Rosanne's life, and she received her bachelor's and master's degrees from Brigham Young University and a doctorate from the University of Florida in Gainesville. Her career began at LDS Hospital, where she practiced for many years. She became an associate professor at BYU and was a nurse practitioner at a family practice in Payson, where she served the Hispanic population and many others in need. Rosanne, 75, died May 2019.

The College Prepared Me to Help in a World Disaster

From the blog postings of **Mara C. Clawson (BS '18)**

Mara and her husband, Tanner, currently live in Johannesburg, South Africa. She has had unique experiences since graduation, especially during a recent search and rescue/medical mission to Mozambique after Cyclone Idai in March 2019. Because of her education, she was ready to “go forth and serve.”

DAY ONE I met my team early in the morning, as we headed to the airport for Beira, Mozambique. By the time we arrived, the evening had set in. Without electricity, the city was eerily quiet and black. At the airport, emergency teams from all over the world had gathered, creating a sort of base in which every major organization was headquartered. We were with the Gift of the Givers operation. They took our passports, got us through security, and out to waiting vehicles. On horrific roads, in the dark, with thousands of displaced people walking to nowhere alongside the car, I listened to the wailing howls of mourners. The headlights



showed glimpses of catastrophic destruction, and the smell of stagnant water and rot was pungent. Eventually, we arrived at a mostly intact hotel where international teams had set up shop.

DAY TWO After a team briefing, we headed back to the base (the airport), where small groups would be deployed throughout the day to camps in different rural villages. I was in the first wave, sent in a tiny helicopter to assess the health of survivors in the areas that had not yet received care or food. We arrived at the camp, and my team got into a boat to head down the crocodile-infested river in search of the villages. Most of the findings were dehydrated infants and pediatric infections. We assessed and treated with the limited resources we had. Back at camp, I searched out and met the resident doctor of the main tribe and quickly built a strong relationship. Using my Spanish and limited Portuguese, he and I decided to open his clinic the next day to the public, combining his nursing staff and our medical team. Just before sunset, a miracle occurred, and a huge shipment of food and medical supplies arrived.

DAY THREE By 6:45 a.m., a line of patients formed. With five nurses, a pharmacist, three doctors, and four medics, we set up a triage station and three clinic rooms. One medic diffused the chaos by offering pieces of paper to each person; give the people something to hold—a ticket number, a prescription, or a diagnosis—and we can institute calm, we realized.

Around noon, I was asked to



go with a doctor on a helicopter to visit a village that had received no medical care due to impassable roads and nearby river. On arrival, I immediately spoke with the elders and the chief to broker a relationship. The chief was responsible for 28,820 people. Because it was harvest season, the tribe had been on the verge of collecting their crops for the next year. Now, everything was gone. The remaining crops were gathered in small piles outside of destroyed homes, but I never saw enough to last a family for more than two weeks. Ten days since the cyclone hit, food was running low.

DAY FOUR I brought my medical team across the river to another village. After building a relationship with the chief, we decided that he would call out the name of the father of every family, and each would step forward to take his ration of food and water. In the meantime, my team addressed the medical concerns of the women, children, and severely wounded.

DAY FIVE After seeing patients and performing some early morning surgeries, my time came. It was devastating to leave both my team and the Mozambicans when I had so much more to give. I am grateful every day for the education I received at BYU and intend to forever “go forth and serve” wherever I may be. 🏥

As a BYU alum, how has your College of Nursing degree blessed or saved a life? Submit experiences to nursingpr@byu.edu. Published stories will receive a pair of college-logo socks.

PROVIDED BY CLAWSON FAMILY

ZAK GOWANS

Pursuing a Passion of Service and Learning

By **Quincey Taylor**

Associate teaching professor Lacey M. Eden (BS '02, MS '09) is a busy woman. She spends her time as a BYU faculty member, the proud mother of three children (including two teenagers), a student working towards a terminal degree, and a working nurse practitioner. It is through her positive attitude and aligned priorities that Eden maintains balance in her full life.



“Had you asked me while I was in school if I would be a professor, I would have been, ‘no, I will never be good enough to do something like that.’ But Beth [Luthy] has been my mentor and my guidance. Through her I realized that it’s doable.”

Eden never dreamed that she would one day teach at the university she attended. However, her nursing journey has brought her back to where she began. After she graduated as a family nurse practitioner, Eden started working with associate professor Dr. Beth M. Luthy (MS '05) at an urgent care clinic. The more she heard Luthy talk about her responsibilities as a university professor, the more interested Eden became.

“Had you asked me while I was in school if I would be a professor, I would

have been, ‘no, I will never be good enough to do something like that,’” comments Eden. “But Beth has always been my mentor and my inspiration and my guidance. It was through her that I realized that it’s doable.”

Fast forward to today, and Eden is in her seventh year at the College of Nursing. She enjoys camping and hiking with her husband and three kids, ages 15, 13, and 9. Keeping up with her kids is no easy task, as each one is involved in many activities. Her oldest recently learned to drive on the highway; this was a teaching opportunity Eden readily left for her husband, Brett, whom she met while on BYU Cheer Squad when they were both students.

Family is a huge support for Eden, especially as she works towards her doctorate at the University of Utah. Eden says, “There are days when I’m sitting on the couch, and my daughter’s working on her homework and I look at her, and I say, ‘I have homework too, but I have no desire to do it. How are you doing that

right now?’ and she says, ‘You can do it, Mom. When I count to five, get up, and do it.’ She is like my cheerleader.”

Working at an urgent care facility once a week allows Eden to maintain her license by doing patient care. She is grateful for the experiences and says, “It allows me to bring experiences that I have in the clinic to the classroom. I can say to my students, ‘I saw this patient yesterday. These were his symptoms. What do you want to know? What do you think it is? How do you want to treat him?’ I think it

“Seeing those tiny, vulnerable patients being exposed to terrible diseases that are preventable is just crazy to me.”

brings the application of the content they are learning to life. It adds so much value to the education that you are providing.”

Each year, she teaches healthcare policy and finance courses as well as a graduate clinical practicum. She shares policy insight as she works with Luthy and the Utah Legislature on passing healthcare bills on immunizations and items affecting nurse practitioners.

Her passion for promoting immunizations developed when she found out her children attended the school with the lowest vaccination rates in Utah County. Eden has also had personal experience with patients exposed to preventable diseases in her practice. She says, “Seeing those tiny, vulnerable patients being exposed to terrible diseases that are preventable is just crazy to me.”

Eden, who is also the chair of the immunization special interest group for the National Association of Pediatric Nurse Practitioners (NAPNP), recently starred in some training videos for nurse practitioners. Promoting the meningitis B vaccine, these videos provide nurses with the skills to know what to say in order to educate their patients and parents on the importance of this vital vaccine (details at bit.ly/2Qcaf3S).

She is excited to continue pursuing her passions, including teaching at BYU. “My entire life has been highly influenced because of the opportunities that have come my way.” 🏠

New Faculty

One beloved individual left and several new faculty members recently joined the College of Nursing. Three are highlighted here, with others to be featured in future publications.

Enter to Learn, Return to Teach

Denise Cummins, Assistant Teaching Professor,
DNP, RN, WHNP-BC



When it comes to gaining an education, Denise Cummins (AS '83) is not hesitant about traveling afar. She came from England after joining the Church to attend BYU, where she earned her first nursing degree. She has lived in California since graduating but has earned additional degrees and credentials from BYU–Idaho, Frontier Nursing University in Kentucky, the University of Sheffield in England and, most recently, from the University of Utah,

where she completed a doctoral program in nursing.

The traveling continues! Within weeks of starting her BYU position, she and another nursing professor took a group of nursing students to India, working with a Hindu organization and caring for families affected by leprosy as part of the clinical practicum for the public and global health nursing course.

Cummins's professional experience is just as unique. After becoming a registered nurse, she cared for women and babies in a variety of settings, including small community hospitals, a large university teaching hospital, a midwife clinic, and even a mobile health van. Later, after becoming a nurse practitioner, she supervised a hospital-based maternal-fetal medicine clinic, serving women with high-risk pregnancies, and coordinated its perinatal research program. Most recently, Cummins was the director of quality and regulatory compliance for a rural hospital district, while concurrently teaching an online nursing research class for BYU–Idaho.

She considers her undergraduate education at BYU to be one of the great privileges of her life. It prepared her not only for a career in nursing but to live a life and raise a family centered on the gospel of Jesus Christ. As a new faculty member, she is excited and honored to help students prepare for these experiences in their own lives. After entering BYU to learn, then going forth to serve, she is pleased to return to teach. Cummins currently instructs the nursing care of women and newborns course and clinical labs, and scholarly inquiry in nursing.

When she is not in the hospital or teaching, you will find her traveling between California and Utah, where much of her family still resides. 📍

The Spiritual Side to Healthcare

Brandon Thatcher, Assistant Teaching Professor,
PMHNP-BC



Realizing that teaching seminary may not pay the bills but wanting to use spirituality and helping others to make a difference in a career, assistant teaching professor Brandon Thatcher earned a bachelor of art in Spanish from Utah State University as a prerequisite for a fast track nursing program. He then earned a bachelor's

degree in 2009 and a master's degree in 2013—both in nursing from the University of Utah.

Before becoming a board-certified psychiatric/mental health nurse practitioner (PMHNP), he worked for five years as the charge nurse for both the child and adolescent inpatient units at the University Neuropsychiatric Institute in Salt Lake City. As a PMHNP, he worked in various settings including a psychiatric crisis center, several substance use disorder treatment centers, therapeutic boarding schools, and at the BYU Student Health Center on an outpatient basis.

Thatcher has also been an adjunct clinical instructor for the BYU College of Nursing since 2014. He recently teamed up with professor emerita Dr. Barbara Heise for a publication on child suicide screening methods.

He currently teaches the stress management course, preview to nursing course, and the psych/mental health nursing class and clinical. During the 2019 spring term, he accompanied another professor and ten nursing students in Ghana, Africa, as part of the clinical practicum for the public and global health nursing course.

Employment at the university lets him include a spiritual side to healthcare when teaching students. He values the religious aspects that can be added to mental health discussion and healing. As a practitioner with the student health center, he saw the Lord's hand in many things. "When a student required a few *or many* additional minutes for a session, the subsequent time slots would *always* cancel, allowing the time we needed. This happened in every instance I needed more time with my patients for three and a half years," he shares.

He and his wife, Danina, have three children. He enjoys family time most of all, playing guitar, wrestling kids (his own), watercolor painting, and spending time outdoors. 📍

An Advocate for Maternal and Newborn Health

Noreen B. Oeding, Assistant Teaching Professor,
RN, DNP-NNP



ZAK GOWANS

ZAK GOWANS

Caring for babies, especially those in need, has always been the career focus of assistant teaching professor Noreen Oeding.

For the past decade, she has worked in the newborn intensive care unit of the Utah Valley Hospital and assisted in mentoring and training new nurses and nursing students. She even codirected an educational discharge and developmental care video for parent instruction.

Her clinical rotations gave her experience at Primary Children's Hospital, Intermountain Medical Center, the Children's Hospital of Philadelphia, the Eastern Idaho Regional Medical Center in Idaho Falls, and the Bergan Mercy Hospital in Omaha, Nebraska.

She will tell you that her associate's and bachelor's degrees from Brigham Young University–Idaho in 2010 prepared her well for future opportunities. As a student, she worked in the university's student health center and was an active participant with the campus student wellness committee.

Oeding completed a doctor of nursing practice to become a neonatal nurse practitioner, from Creighton University in 2018. Working on this terminal degree allowed her to create a quality improvement project to develop an evidence-based postsurgical feeding guideline for infants with gastroschisis.

Since then she has shared her knowledge of her gastroschisis feeding protocol as podium presentations for a Sigma conference in Nebraska and at the National Association of Neonatal Nurses research summit in Scottsdale, Arizona.

She currently teaches the care of children and families class and labs. During the spring term, she worked with a group of nursing students completing rotations at the Hope Clinic and Jordan Valley Hospital as part of the vulnerable populations section of the clinical practicum for the public and global health nursing course.

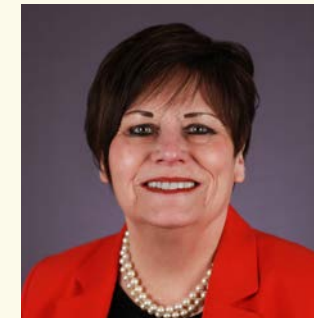
Oeding says that being at BYU provides an opportunity for faculty and students to learn, grow, and teach each other while utilizing the Spirit and power of God to seek truth and knowledge. It is also an opportunity to excel and challenge each other to grow mentally, physically, emotionally, and spiritually.

Outside of campus or the hospital, Oeding is with her two favorite people in the whole world—her husband, Matthew, and her adorable son. "I love being a wife and mother; it is the most fulfilling thing I have ever done!" 📍

Retiring Faculty

Establishing "Learning the Healer's Art"

Mary Williams, Associate Professor, RN, PhD



After 41 years of heartfelt service to the College of Nursing at Brigham Young University, associate professor Dr. Mary Williams (BS '71) retired in July 2019.

As a student in 1967, caring faculty taught Williams the power of her potential, the love of nursing,

and how to care for patients in the Savior's way. After she failed bedmaking, faculty member Chloe D. Tillery (BS '58) gave her private lessons. (Williams can still make the tightest bed and the best square corner.) She graduated in 1971 and went to work for LDS Hospital in the plastic/burn unit as a staff nurse, assistant head nurse, and head nurse.

In 1978, she accepted a teaching position at the College of Nursing and began teaching introductory and advanced medical/surgical and ICU courses. She returned to school and obtained a master's degree from the University of Utah and a doctor of philosophy from the University of Arizona.

Williams became the associate dean for the graduate program in 1990 and served in that capacity with five college deans for 27 years (until June 2017). She was the chair of the college's 40th-, 50th-, and 60th-anniversary celebrations and was instrumental in establishing "learning the Healer's art" as the mantra for the program (it was the theme of the 40-year gala).

Professional and community service have enriched her life as she served the Utah Board of Nursing, the Utah Hospital Association, and, for the past 20 years, as chair of the Mountain View Hospital board of directors.

In 2009, Williams was honored with the university's Wesley P. Lloyd Award for Distinction in Graduate Education. Her influence in student research has kept the students and their theses strong. She has chaired over 44 master's projects or theses, served as a committee member for an additional 42, and coauthored or written more than 30 publications focusing on timely issues and trends in the nursing industry.

What's next? Williams, who raised four of her deceased sister's six children, plans to spend more time with them and her 17 grandchildren. She will find time for church service and take time to travel or visit new places. Mostly she will frequently ponder how blessed she is to have such good friends associated with her time at the university. 📍

Working Alongside the Next Generation of Genetic Experts

Deborah O. Himes, Assistant Professor, PhD, APRN-BC



One important aspect of faculty members doing research in their field is the opportunity to have students involved in the process. Through mentoring, students can become inspired and narrow their focus for future careers. Assistant professor Dr. Deborah Himes (BS '91) looks for occasions to include students in her research on communication regarding breast cancer risk and family genetics.

Primary care physicians must be prepared to care for the unique attributes of individual patients, right down to their DNA mutations. It is most effective to provide intensive screening and preventive care for those individuals with the most risk for a disease, a variable that is determined and influenced by a variety of factors, including individual genetic makeup.

During the past four years, Himes has shifted her focus from quantitative analysis of breast cancer patients and their communication habits to a deeper dive into qualitative research by analyzing one-on-one interviews (see an introductory story on page 30 of the 2015 fall magazine). These interviews gave greater insight into how patients communicate with family members about genetic tests. With this richer data, Himes discovered that study participants did not have a very strong understanding of what genetic test results mean and

what they potentially indicate.

When a genetic professional first informs the patient of their genetic test results, the information is accurate and reliable. However, once the patient shares that information with a relative who then shares it with a different health-care provider, the true meaning becomes muddled. However, if a direct line of communication from a healthcare provider to another healthcare provider is established, confusion would be avoided.

Himes has worked with several graduate students to find a solution to this issue. In an article coauthored by graduate student Deborah G. Gibbons (MS '19), Himes interprets the common misconceptions patients have about their test results.¹ They found that when professionals use terms like “uninformative negative” or “indeterminate negative,” patients are not sure how to interpret those terms to tell their family members.

Himes has also discovered interesting correlations in her research between family communication and genetics knowledge in unaffected family members who did not attend genetic counseling. In an article she worked on with Sarah G. Davis (BS '11, MS '18), they stated, “Participants who reported higher levels of information shared by a family member about information learned during a genetic counseling session also demonstrated increased knowledge about breast cancer genetics.”

This suggests that family communication is critical in increasing genetic test results awareness. Though these findings cannot determine causation, the correlation is worth noting.²

Another publication coauthored by Himes and Aubri E. Root (BS '10, MS '17) has gained considerable attention from peers and healthcare providers.³ The article, which includes instructions for calculating lifetime risk for breast cancer related to hereditary genetic mutations, has over 50,000 online views. Himes is pleased that her research has become a useful tool in the hands of genetic professionals and hopes to see the usage grow.

She is eager to share her research results, even presenting at this year's National Student Nurses Association annual conference in Salt Lake City on the future of nurses' roles in genetics. Addressing an audience of over 3,500 nursing students, Himes took the opportunity to share her knowledge with the next generation of genetic experts. She continually finds ways to include students in her research and help them become passionate about fighting cancer. 📱

Notes

¹ Himes, D. O., Gibbons, D. K., Birmingham, W. C., Gammon, A. R., Kinney, A. Y., & Clayton, M. F. (2019). Female family members lack understanding of indeterminate negative BRCA1/2 test results shared by probands. *Journal of Genetic Counseling*. doi:10.1002/jgc4.1147

² Himes, D. O., Davis, S. H., Lassetter, J. H., Peterson, N. E., Clayton, M. F., Birmingham, W. C., & Kinney, A. Y. (2019). Does family communication matter? Exploring knowledge of breast cancer genetics in cancer families. *Journal of Community Genetics*, 1–7. doi:10.1007/s12687-019-00413-y

³ Himes, D. O., Root, A. E., Gammon, A., & Luthy, K. E. B. (2016). Breast cancer risk assessment: Calculating lifetime risk using the Tyrer-Cuzick model. *Journal for Nurse Practitioners*, 12(9), 581–592. doi:10.1016/j.nurpra.2016.07.027

Himes has shifted her focus . . . to a deeper dive into qualitative research by analyzing one-on-one interviews. . . [She] discovered that study participants did not have a very strong understanding of what genetic test results mean and what they potentially indicate.

Making a Difference in the Lives of Many

Scott K. Summers, Assistant Teaching Professor, MS, FNP-C



Assistant teaching professor Scott Summers (MS '11) has always enjoyed studying science and helping people, and becoming a family nurse practitioner allows him to do both. He can make a difference in

the lives of others, whether it is teaching first aid to elementary school children or encouraging patients to live healthier lives.

Growing up and attending school in Idaho, Summers completed a baccalaureate degree in nursing from Idaho State University and worked at a trauma intensive care unit in Boise. He continued his advanced nursing training by completing BYU's nurse practitioner program.

His love of Provo allowed him to return to BYU as an adjunct instructor in 2015 and as a full-time faculty member in 2016. He currently teaches an undergraduate-level preview to nursing course, a pharmacology class, and a graduate-level advanced health assessment across the life span course.

Outside of class, Summers worked with two peers—associate teaching professors Ryan Rasmussen (MS '11) and Dr. Craig Nuttall (MS '11)—to collaborate with students Janie Jensen (BS '17) and Ashley Dyer (BS '18) to develop a mobile phone app that helps people determine if someone has sustained a concussion. Creating an app that reaches its target audience is a hard task, but with the support of these individuals, the team made it happen. (Search “Concussion Diagnostic Tool Kit” in the iTunes app store.)



Concussion Diagnostic App Summers assisted in developing.

His greatest desire is to train those he spends time with in unique skills they may need to save a life—especially his if necessary—when they are in remote areas or without required resources.

Hispanic culture has been a part of Summers's life for years. He served a mission in Rosario, Argentina, for The Church of Jesus Christ of Latter-day Saints. He still uses his Spanish in his clinical work. He also leads nursing students in the Ecuador section of the clinical practicum for the public and global health nursing course each spring.

Summers enjoys trail running and mountaineering. His greatest desire is to train those he spends time with in unique skills they may need to save a life—especially his if necessary—when they are in remote areas or without required resources. He will team up with Nuttall on another project this school year; they received a grant to teach an advanced first aid course that allows nursing students access to various procedures and techniques most may eventually see in a clinical setting. This will give nursing students earlier exposure in their career paths than they otherwise would have had.

Both professors just obtained a mountain medicine diploma (DiMM), a two-semester online course with 20 days of hands-on practice focusing on wilderness first aid. They have experienced unique situations most will not, such as understanding how hypothermia affects the body by sitting in an ice bath and having their core temperature constantly monitored and completing complicated rescues with a helicopter basket. Summers believes helping others to prepare for the “what if . . .” is essential.

One of Summers's goals is to climb all 34 of the Teton Mountain peaks that are

over 11,000 feet in elevation; so far, he has summited 11 of them. During a recent climb, he had to cauterize the nose of a peer-climber because the bloody nose would not allow them to descend.

His work with others extends to the graduate program of the college, where he serves as a clinical preceptor for nurse practitioner students and allows them to shadow him in his clinic for the experience and mentoring opportunities.

Besides being a nurse practitioner for a Revere Health clinic in American Fork, Utah, Summers is certified by the American Academy of Nurse Practitioners, with membership in the American Association of Nurse Practitioners and the Utah Nurse Practitioner Association (receiving an excellence in clinical practice award from the latter in 2015).

His leadership with several nursing organizations is valued; he serves the Utah Emergency Nurses Association by overseeing its guidelines for ethical practices in research, and as a service coordinator for the college chapter of Sigma Theta Tau International. He is also an ENT-based article reviewer for the *Journal for Nurse Practitioners*.

Summers will give another podium presentation next month in Austin, Texas, on identifying and addressing emergent ear, nose, and throat conditions for an emergency nursing conference and an advanced practice procedural skills lab. 📱

Faculty Achievements

College of Nursing faculty members continue to showcase their dedication to and expertise in the healthcare industry through a variety of achievements and publications. Following are a few notable examples of what they have accomplished.

JOURNAL ARTICLES PUBLISHED		
Bateman, M.,* & Merrill, K. C. (2018). Evidence-based strategies for treatment and referral of chronic pain in primary care. <i>All Student Publications</i> . 233. scholarsarchive.byu.edu/studentpub/233	13: A review. <i>JAMA Pediatrics</i> , 171(4), 382–387. doi:10.1001/jamapediatrics.2016.4798	Merrill, K. C., Haslam, V. C.,† Luthy, K. E. B., & Nuttall, C. (2019). Educating patients about opioid disposal: A key role for perianesthesia nurses. <i>Journal of PeriAnesthesia Nursing</i> . doi:10.1016/j.jopan.2018.12.008
Birmingham, W. C., Macintosh, J. L. , Vaughn, A. A., & Graff, T. C. (2019). Strength of belief: Religious commitment, knowledge, and HPV vaccination adherence. <i>Psycho-Oncology</i> . doi:10.1002/pon.5071	Himes, D. O., Davis, S. H.,* Lassetter, J. H., Peterson, N. E., Clayton, M. F., Birmingham, W. C., & Kinney, A. Y. (2019). Does family communication matter? Exploring knowledge of breast cancer genetics in cancer families. <i>Journal of Community Genetics</i> , 1–7. doi:10.1007/s12687-019-00413-y	Miles, L., Williams, N.,* Luthy, K. E. B., & Eden, L. M. (2019) Adult vaccination rates in the mentally ill population: An outpatient improvement project. <i>Journal of the American Psychiatric Nurses Association</i> . doi:10.1177/1078390319831763
Callister, L. C.‡ (2019). Ebola virus disease in women and children. <i>MCN: The American Journal of Maternal/Child Nursing</i> , 44(3), 173. doi:10.1097/NMC.0000000000000524	Himes, D. O., Gibbons, D. K.,* Birmingham, W. C., Beckstrand, R. L., Gammon, A., Kinney, A. Y., & Clayton, M. F. (2019). Female family members lack understanding of indeterminate negative BRCA1/2 test results shared by probands. <i>Journal of Genetic Counseling</i> . doi:10.1002/jgc4.1147	Neeley, C.,* & Freeborn, D.‡ (2018). Continuous glucose monitoring: An overview for nurse practitioners. <i>All Student Publications</i> . 246. scholarsarchive.byu.edu/studentpub/246
Easler, J. K., Haueter, H. M., Roper, S. O., Freeborn, D.,‡ & Dyches, T. (2018). Reasons for open and closed attitudes regarding type 1 diabetes. <i>Diabetes Spectrum</i> , 31(1), 37–46. doi:10.2337/ds16-0054	Hunt, T.,* Winters, B., & Newman, R. H. (2019). Use of new oral anticoagulants in preventing ischemic stroke in patients with atrial fibrillation. <i>All Student Publications</i> . 262. scholarsarchive.byu.edu/studentpub/262	Oeding, N. B., & Bosque, E. (2018). Gastroschisis: Development of an evidence-based post-surgical feeding guideline. <i>Scholarly Projects</i> . dspace.creighton.edu:8080/xmlui/handle/10504/117860
Eden, L. M., Cairns, C., Luthy, K. E. B., & Koslap-Petraco, M. (2018). NAPNP position statement on immunizations. <i>Journal of Pediatric Health Care</i> , 32(6), A9–A11. doi:10.1016/j.pedhc.2018.07.002	Luther, B., Martial, M. A., & Barra, J. (2017). A statewide survey report of roles and responsibilities in current Utah care management processes. <i>Professional Case Management</i> , 22(3), 11–25. doi:10.1097/NCM.0000000000000207	Peterson, N. E., Osterloh, K. D., & Graff, M. N. (2019). Exercises for older adults with knee and hip pain. <i>Journal for Nurse Practitioners</i> . doi:10.1016/j.nurpra.2018.12.029
Hanson, S. F., Sumner, S.,† & Merrill, K. C. (2019). What do infection preventionists know about antimicrobial stewardship: A pilot study. <i>American Journal of Infection Control</i> , 47(6), S16–S17. doi:10.1016/j.ajic.2019.04.017	Lyman, B., Jacobs, J. D.,† Hammond, E. L.,* & Gunn, M. M.* (2019). Organizational Learning in hospitals: A realist review. <i>Journal of Advanced Nursing</i> . doi:10.1111/jan.14091	Reed, S., Matthews, R. T.,* Hodgson, K., Palmer, S. P., Heaston, S., & Hancock, M.* (2019). Factors contributing to pregnancy among adolescent girls in rural Paraguay. <i>Journal of Obstetric, Gynecologic & Neonatal Nursing</i> , 48(3), S126. doi:10.1016/j.jogn.2019.04.212
Harper, M.,* & Lassetter, J. H. (2019). CoolSculpting or Cryolipolysis: A guide for primary care practitioners. <i>All Faculty Publications</i> . 3116. scholarsarchive.byu.edu/facpub/3116	Merrill, K. C., Hanson, S. F., Sumner, S.,† Vento, T., Veillette, J., & Webb, B. (2019). Antimicrobial stewardship: Staff nurse knowledge and attitudes. <i>American Journal of Infection Control</i> . doi:10.1016/j.ajic.2019.03.022	Valentine, J. L. (2018). Forensic nursing: Overview of a growing profession. <i>American Nurse Today</i> , 13(12), 42–44.
CHAPTERS		
Anderson, P. H. Chapter 22: School-age children and adolescents. In Rector, C. (2018). Community	& public health nursing: Promoting the public’s health, (9th ed.). Philadelphia, PA: Wolters Kluwer	/ Lippincott Wilkins, & Williams.
PRESENTATIONS DELIVERED		
Anderson, P. H., & Ray, G. (2019, April 12). Improving undergraduate nursing student understanding of intimate partner violence. ¹	assessment protocol to reduce missed injuries. ¹	know about antimicrobial stewardship: A pilot study. Poster presentation at Association for Professionals in Infection Control and Epidemiology annual conference, Philadelphia, PA.
Barlow, J. A.,* Peterson, N. E., Newman, R. H., & Lassetter, J. H. (2019, April 11). Heart failure readmission and the physical activity vital sign: Is there a correlation? ¹	Eden, L. M., & Luthy, K. E. B. (2019, July 25). Steps toward change to promote child health advocacy: A service learning experience. ³	Heaston, S., Palmer, S. P., & Trujillo, R.* (2019, July 27). Student perspectives on teaching adolescents maturation and reproductive health in rural Paraguay. ³
Corbett, C., Lundberg, K., & Corbett, A. (2019, July 25). Combatting human trafficking of ethnic minorities in rural Vietnam: A global collaboration. ³	Ethington, K.,* Lyman, B., & Gunn, M. M.* (2019, April 12). Developmental stages of organizational learning: Instrument development. ¹	Himes, D. O. (2019, April 5). Trending: Healthcare everywhere. Plenary session panelist at the National Student Nurses’ Association annual conference, Salt Lake City, UT.
Dustin, T. (2019, April 12). Developing a post-fall	Hanson, S. F., Sumner, S.,† & Merrill, K. C. (2019, April 22). Poster presentation at Society for Health Care Epidemiology of America Spring Conference, Boston, MA; (2019, June 12). What do infection preventionists	

Hunsaker, S., & Whipple, K. (2019, February 27). Secrets of a successful electronic health record implementation. Podium presentation at Human Patient Simulation Network world conference, Orlando, FL.

Lundberg, K., Corbett, C., Jackson, N.,* Brown, D.,* & Hammond, J.* (2019, March 9). Nursing students utilization of teach the teacher model to promote health in Vietnam hilltribes. Poster presentation at Consortium of Universities for Global Health annual conference, Chicago, IL.

Lyman, B., Hammond, E. L.,* Gunn, M. M.,* & Thorum, K.* (2019, April 11). Organizational learning during a significant hospital transition.¹

Lyman, B., Thorum, K.,* & Hammond, E. L.* (2019, April 12). Contextual factors of organizational learning: Instrument development.¹

Matthews, R. T.,* Hancock, M.,* Palmer, S. P., Heaston, S., & Reed, S. (2010, March 9). Identifying factors influencing teenage pregnancy among indigenous girls in rural Paraguay. Poster presentation at Consortium of Universities for Global Health annual conference, Chicago, IL.

AWARDS

Dr. Beth Luthy received a faculty promotion to professor. The following faculty members received continuing faculty status and were advanced in title: **Dr. Julie Valentine** to associate professor, and to associate teaching professors, **Lacey Eden, Stacie Hunsaker, Dr. Craig Nuttall,** and **Ryan Rasmussen**.

Valentine was also recently honored with the university’s Young Scholar Award.

Luthy and **Eden**, along with graduate students Katie Bates, Deborah Gibbons, Virginia Jefferies, Emily Richards, and Dan Smith, were selected by the United Nations Foundation to represent the university and attend the Shot@Life Champion Summit in Washington, DC, last February.

Associate dean and professor **Dr. Jane Lassetter** will be inducted as a Fellow in the American Academy of Nursing at its annual conference in Washington, DC, in October.

The College of Nursing awarded the Mary Ellen Edmunds “Learning the Healer’s Art” Fellowship

APPOINTMENTS

Congratulations to **Dr. Jane Lassetter** for being voted president-elect of WIN for next year.

Lacey Eden became the treasurer of the Utah Chapter of National Association of Pediatric Nurse Practitioners. She is also the national chair of the immunization special interest group for NAPNP and recently served as the talent in four training videos for nurse practitioners regarding the meningitis B vaccine for their patients.

Merrill, K. C., Hamilton, R.,* Nuttall, C., & Luthy, K. E. B. (2019, April 12). The knowledge and attitudes of nurse practitioners towards antibiotic stewardship.²

Miller, K.,* Peterson, N. E., & Lassetter, J. H. (2019, August 14). Parental influence on children’s sedentary behavior: A systematic review. Podium presentation at the International Family Nursing Conference, Washington, DC.

Palmer, S. P. (2019, April 12). Finding factors that influence pregnancy among indigenous girls in Paraguay.¹

Ray, G., Bates, K.,* & Shawcroft, C.* (2019, July 26). Nursing initiative promoting immunization training modules: Discovering gaps in student nurse knowledge.³

Reed, S., Clouse, M.,* Monson, L.,* & Miller, E.* (2019, July 27). Effect of formal simulation training on debriefing for novice facilitators.³

Reed, S., Palmer, S. P., Trujillo, R.,* Lee, J.,* Hancock, M.,* & Heaston, S. (2019, June 10). Factors contributing to pregnancy among adolescent girls in rural Paraguay. Podium presentation at Association of Women’s Health, Obstetric and Neonatal Nurses annual conference, Atlanta, GA.

to associate professor **Dr. Katreena Merrill**. This three-year fellowship includes a \$16,500 award; a new fellow is selected each academic year.

Associate professor **Dr. Janelle Macintosh** received the college’s Dr. Elaine D. Dyer Research Endowment Award.

Associate teaching professor **Dr. Leslie Miles** received a Phi Kappa Phi National Award of Excellence.

The Iota Iota Chapter of Sigma Theta Tau International honored two assistant professors with awards in March: **Dr. Neil Peterson** for Excellence in Mentorship and **Dr. Bret Lyman** for Excellence in Research.

The college earned a platinum-level Healthy Department Award in February from the Wellness Department. **Peterson’s** research team, in conjunction with BYU Wellness, was presented a silver-level recognition from the American College of Sports Medicine’s initiative Exercise Is Medicine: On Campus in May.

Dr. Julie Valentine became a board member for the Younique Foundation.

Assistant teaching professor **Daphne Thomas** is now president of the Utah Emergency Nurses Association, with **Stacie Hunsaker** as state practice chair, teaching professor **Sondra Heaston** as advanced practice chair, **Ryan Rasmussen** as media relations chair, **Dr. Craig Nuttall** over safety,

Rogers, C.,* Rushton, S.,* & Ray, G. (2019, April 12). Student nurses’ thoughts regarding usability of family health history gathering tools.²

Tesseyman, S., & Hallett, C.* (2019, April 12). Who’s dressing? Nurses, medical students, and nursing work in 19th century Philadelphia and London.¹

Thomas, M., & Hunsaker, S. (2019, June 13). Communication challenges in healthcare: How to avoid misunderstanding and enhance collaboration. Podium presentation at the American Hospital Association Team Training National Conference, San Antonio, TX.

Winters, B. A., & Simpson, A.* (2019, April 12). Time to evacuate! Do you know where to go?¹

- Notes**
- 1 Poster presentation at the Western Institute of Nursing Annual Conference, San Diego, CA.
 - 2 Podium presentation at the Western Institute of Nursing Annual Conference, San Diego, CA.
 - 3 Poster presentation at Sigma Theta Tau International nursing research congress, Calgary, Alberta, Canada.

* Denotes current BYU nursing student (BS or MS)
† Denotes BYU nursing alumnus
‡ Denotes emeritus faculty member

The college presented DAISY Faculty Awards to **Lyman** and associate professor **Dr. Sabrina Jarvis** this academic year.

Associate teaching professor **Dr. Karen de la Cruz** completed a doctor of philosophy in nursing practice from the University of North Las Vegas with her dissertation “Assessing the long-term effects of a cultural immersion experience on nursing practice.”

Former dean **Dr. Elaine Marshall** was honored with emerita designation from the Western Institute of Nursing (WIN) in April.

Three college members received Staff and Administrative Employee Recognition Awards (SAERA): assistant dean **Kathy Whitenight** for Competency, graduate program secretary Cherie Top for Exceeding Service Expectations, and advisement center supervisor **Cara Wiley** for Innovation.

The College of Nursing accepted a \$50,000 gift from Intermountain Healthcare in March and will use the funding for student scholarships.

and assistant teaching professor **Scott Summers** as the research chair.

Hunsaker is also the Utah Simulation Coalition operations chair.

Associate teaching professor **Cheryl Corbett** is a board member for LDS Humanitarian Services.

A Mentored Comfort and Care Study

For her master's thesis, Elizabeth "Libby" Willmore (BS '16) is researching ways to improve end-of-life care for dying intensive care patients and their families. This study involves working directly with nursing professor Dr. Renea Beckstrand (AS '81, BS '83, MS '87), who completed the initial research and has studied this topic during the last 24 years.

As part of the graduate program and the university's Inspiring Learning Initiative, Willmore learned first-hand how to work ethically and accurately. She organized and analyzed large data sets, and collaborated with Beckstrand on how to determine and present the major themes.

We are grateful for generous alumni and friends of the BYU College of Nursing who help create these types of experiences for nursing students. Please consider making a gift today at give.byu.edu/nursing (and select the "Nursing Mentored Learning" account).



<i>[some of the inspiring learning outcomes]</i>	Mentored-learning Experience	Classroom Experience
Work one-on-one with a professor	✓	✓
Foster accountability to work ethically and accurately	✓	
Participate in a faculty member's scholarly work or contribution to the discipline project	✓	
Analyze data to develop critical-thinking abilities	✓	
Develop skills to conduct nursing research in the future	✓	✓
Complete graduate school and advanced learning	✓	✓



***Beyond classrooms, labs, and clinicals—
this is mentored learning!***

To make a gift to the mentored and inspiring learning endowed fund, contact Dean Patricia Ravert at 801-422-1167 or patricia-ravert@byu.edu.